

CITY OF
City of Agoura Hills
Department of Community Services

"Senior Moments"

Great Recreational Programs for adults 50 +

16th Annual Tri-Cities Senior Expo

Screenings * Freebies * Lecture * Demos * Food
Wednesday, April 24, 2013
10:00am-2:00pm FREE

Agoura Hills/Calabasas Community Center
27040 Malibu Hills Rd, Calabasas

The first 200 people to R.S.V.P. online, by phone, or in person
before April 20th will receive a free lunch.

Bring non-perishable food items to benefit MANNA of the Conejo Valley.

FREE Shuttle Service.

For more information see page 6



See page 2 for more info
about on-line registration!

Spring 2013
April, May, June

Visit us on Facebook at
[www.facebook.com/
agourahillsrec](http://www.facebook.com/agourahillsrec)

Join us on twitter at
twitter.com/cityagourahills

Senior Services Staff

Xochitl Castillo
Community Services Coordinator

Zach Miller
Recreation Manager

Cynthia Polich
Administrative Secretary

Sue Dinich
Office Assistant

Alyssa Burns
Recreation Leader II

Senior Advisory Committee

Jack Albright

Bobbie Costanten

Kenneth Myslik

Judy Shrum

Roslyn Steinberg

Sharon Taylor

Ellen Wohl

Agoura Hills
Recreation Center
30610 Thousand Oaks Blvd.
Agoura Hills, CA 91301
(818) 597-7361

Volunteers Needed

We are looking for volunteers
to teach games at Game Day on
3/27. We are looking for in-
structors to teach Cribbage, Pan,
Mexican Train, etc. If you have
a game you would like to teach,
please contact the Center and
leave your name, phone num-
ber and the game you would
like to teach.

★GAME DAY★

Instruction is provided on a variety of
games. Lunch is included and served at
12:00pm. Pre-registration is required.

Wednesday, March 27th

12pm-3pm

\$5 per person

Activity #: 208 (winter season)



The Recreation Center is closed on
the following dates:

*The Center will be closed on
May 27 & July 4.*

*There will be no senior activities
April 1-April 5*

*Check with your program
instructor for specific class details.*

Hollywood Bowl 4th of July with Fireworks

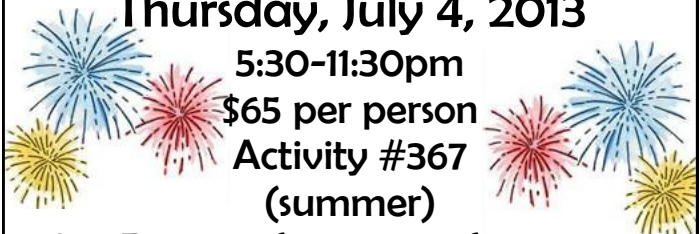
Thursday, July 4, 2013

5:30-11:30pm

\$65 per person

Activity #367
(summer)

See Page 10 for more information.



AGOURA HILLS

Community Service Agencies & Organizations

Agoura Hills Public Library	(818) 889-2278	Animal Control	(818) 991-0071
Department of Motor Vehicles (DMV)	(800) 777-0133	Las Virgenes Water District	(818) 251-2100
Meals On Wheels	(805) 370-4295	Sheriff's Dept. (non emergency)	(818) 878-1808
Medicare	(800) 633-4227	Southern California Edison	(800) 655-4555
Social Security	(805) 379-3427	United States Post Office	(800) 275-8777
Southern California Gas Co.	(800) 427-2200	Urgent Care (Westlake Village)	(818) 874-0900
Wellness Community	(805) 379-4777	Urgent Care (Westlake Village)	(818) 370-4000
Dial-A-Ride (Agoura Hills)	(818) 707-2005	Urgent Care (Thousand Oaks)	(805) 495-6866
Dial-A Ride (Calabasas)	(860) 878-2242	Dial-A-Ride (Thousand Oaks)	(805) 495-3500

Senior Concerns - A Non-Profit Organization Dedicated to Serving Seniors and Their Families

Senior Concerns is dedicated to administering quality of life programs for seniors with special needs. Their programs aim to keep families together and seniors active and in their homes as long as possible, by offering information and referrals tailored to individual families needs.

Senior Advocates can assist with questions about housing, transportation, legal issues, health issues, in-home care, facility placement, senior programs, and assistance programs. Advocates can also help complete forms and applications for programs and services. Advocates are available for one-on-one counseling and to present seminars at the Goebel Senior Center in Thousand Oaks, the Simi Valley Senior Center, and the Moorpark Active Adult Center. **An Advocate is at the Agoura Hills Recreation Center the third Wednesday of each month from 10:00am-1:00pm. Appointments required and can be made by calling (818) 597-7361.**

Senior Concerns, located in Thousand Oaks, serves Ventura and western Los Angeles counties, seniors, caregivers and families by providing quality programs, appropriate resources and educational outreach programs such as:

Senior Advocates	Adult Day Center	Alzheimer's Day Care Resource Center
Caregiver Support Groups	Case Management	Financial Abuse Specialist Team (FAST)
Meals on Wheels		

Senior Advocates are located at the Goebel Senior Center and may be reached at (805) 495-6250.

If you are interested in these or other programs offered by Senior Concerns you can call (805) 497-0189, or visit their website at www.seniorconcerns.org.

Dial-A-Ride

\$1.50 each way

General service includes point-to-point service anywhere within the city limits of Agoura Hills.

\$3 each way

Outside of the city, service only includes pre-determined destinations like:

The Oaks Mall	Janss Mall
DMV	Local medical facilities
Senior Concerns	Auto Mall

Dial-A-Ride (818) 707-2005



Outreach, Sales & Installation of
CapTel® Captioned Telephones

Christen Marabate

Outreach Expert for
the CapTel Phone

phone 310-656-4924
direct 310-260-9368
cell 310-428-9559
fax 310-450-9918

christen.marabate@outreachexpertsinc.com

www.outreachexpertsinc.com

The City of Agoura Hills does not endorse or promote this sponsored advertisement.

Going Green with On-line Registration!

ON-LINE REGISTRATION IS HERE !
ONLINE, WALK IN& MAIL IN REGISTRATION BEGINS ON MARCH 11
NO PHONE-IN REGISTRATIONS.

The City of Agoura Hills Department of Community Services is partnering with Active Network, Inc. to provide online class and event registration. The Active Network has been providing class and event services for over 20 years, and over 1,200 state and local parks and recreation agencies currently use their products.

With ActiveNet, you will be able to search and view all of our classes and programs on-line, and register without having to leave home!

Some of the benefits of registering on-line include:

Ability to register for classes for yourself and other family members.

Ability to view your past class registrations with ActiveNet.

Ability to view and print class schedules.

Ability to see “at a glance” where you need to be, and when!

Manage your own account and make payments from the comfort of your own home.

To get started, one adult member of the family must request a free on-line account using a valid e-mail address. If you do not have a current e-mail address, you can open a free Hotmail or Gmail Account quickly and easily. All activities may be viewed without signing up for on-line registration.

There will be a \$2 convenience fee that ActiveNet assesses when you register on-line, which is due at the time of payment. These fees are collected by the Active Network to offset the costs of providing the service, and are not collected by the City of Agoura Hills. If you wish to avoid paying the convenience fee, you may come in to the Agoura Hills Recreation Center to register. You must have a valid credit card in order to make a payment on-line. The ActiveNet registration site is secured by VeriSign.

Beginning in Spring 2013, the Department of Community Services will no longer be accepting Phone-in registrations.

*Go to
www.agourahillsrec.org
to register! Click on
“Register Now”*



Fitness Classes@ the Agoura Hills Recreation Center

Monday Tuesday Wednesday Thursday Friday

<p>Gentle Yoga 8:30-9:30am</p> <p>Chair/Mat Gentle Yoga Therapy 11:00am-12:00pm</p> <p>Do It Now Senior Fitness 2:00-3:00pm</p>	<p>Jazzercise Lite 8:45-9:45am</p> <p>Laugh, Flex, and Stretch 10:00-11:00am</p>	<p>Gentle Yoga 8:30-9:30am</p> <p>Zumba Gold 9:45am-10:45am</p> <p>Brain Fitness 1:00-2:30pm</p>	<p>Jazzercise Lite 8:45-9:45am</p> <p>Arthritis Class 10:00-11:00am</p> <p>Dynamic Yoga 10:30-11:30am</p> <p>Do It Now Senior Fitness 2:00-3:00pm</p>	<p>Gentle Yoga 8:30-9:30am</p> <p>Zumba Gold 9:45-10:45am</p>
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GENTLE YOGA

Your own special needs and limitations will be addressed as you work towards rediscovering your personal, radiant health. Bring a towel and a mat. Instructor: Ann Monahan * Location: Recreation Center

Activity#298 3/8-4/17 \$41 thrice/wk, \$30 twice/wk, \$21 once/wk, \$5 drop-in per 6 week session 8:30-9:30am M/W/F

BEGINNING APRIL 19TH, GENTLE YOGA will only be offered on an on-going basis by using the Fitness Pass. See page 4.

CHAIR/MAT GENTLE YOGA THERAPY

A very gentle form of yoga postures done mainly while sitting in a chair. Learn to use the breath as a healing tool. Class starts with a breath meditation to become centered and relaxed. We then move into gentle movements using our breath and work through the entire body. Chair Yoga may improve blood pressure, flexibility, balance, helps with depression, relieves stress and more. Practice yoga on an empty stomach and in comfortable clothes. Pre-registration recommended. New students enrolling in their first class may pay a one-time fee of \$9.00. Make-up classes are not available. Minimum class size 4 students. **No class 5/27. Instructor: Ilene Berke, Certified Yoga Therapist ***

Location: Recreation Center

Activity # 278 4/8-6/3 \$60 per 8 week session 11:00am-12:00pm Mon

DO IT NOW SENIOR FITNESS

Achieve fitness goals of **balance, strength, endurance, coordination, and flexibility!** Different weights and degrees of intensity in band resistance allow Seniors of different fitness levels to enjoy class camaraderie, upbeat music, and expert instruction. Stay motivated to maintain a healthy lifestyle! **No class 5/27. Instructor: Tamara Kilpatrick * Location: Recreation Center**

Activity# 374 (winter) 3/18-4/25 \$35 twice/week, \$21 once/week, \$5 drop-in per 6 week session 2:00-3:00pm M/Thur

Activity# 283 4/29-6/10 \$35 twice/week, \$21 once/week, \$5 drop-in per 6 week session 2:00-3:00pm M/Thur

LAUGH, FLEX AND STRETCH

If you find yourself losing your balance going up the stairs, climbing ladders, or using a shopping cart for balance, join us in this upbeat fitness program that promotes body balance for your life! Through movement and specific exercise set to music, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living. **No Class April 2. Instructor: Lois Jackson * Location:**

Recreation Center

Activity# 219 (winter) 2/19-3/26 \$21 per 6 week session, \$4 drop-in 10:00-11:00am Tue

Activity# 323 4/9-5/14 \$21 per 6 week session, \$4 drop-in 10:00-11:00am Tue

Activity# 324 5/21-6/25 \$21 per 6 week session, \$4 drop-in 10:00-11:00am Tue

SENIOR JAZZERCISE LITE

Exercise and have fun with your friends! The class offers non-competitive atmosphere, easy to follow routine, gentle warm-ups, non-impact aerobics, muscle toning, stretching segments, and cool-down. New participants should arrive 10 minutes before class to fill out paperwork. Payments are made to Elizabeth Eaves. **Must be a 2013 senior member. Instructor: Elizabeth Eaves * Location: Recreation Center**

Activity# 311 On-going \$34 per eight class session 8:45-9:45am T/Thur

ARTHRITIS CLASS

This fun class teaches people with arthritis to take control of their fitness needs, and to do exercises that relieve rather than exacerbate their symptoms. Most, but not all of the exercises are done seated in a chair. This class incorporates dancing seated or standing, flexibility exercises, range of motion, strength training, endurance, coordination, deep breathing and relaxation techniques. In addition laughter, friendship and having a good time are very much a part of this class. **No class April 4. Instructor: Jane Carron * Location: Recreation Center**

Activity# 258 April \$7.50 \$4 drop-in 10:00-11:00am Thur

Activity# 259 May \$12.50 \$4 drop-in 10:00-11:00am Thur

Activity# 260 June \$10 \$4 drop-in 10:00-11:00am Thur

Class schedule subject to change.
Agoura Hills Recreation Center (818) 597-7361
Go to www.agourahillsrec.org to register.

Classes and Programs

Brain Fitness Program - FREE PREVIEW CLASSES

Friday, March 15th - 11am-12pm Activity #599 (winter)

Friday, May 3rd - 11am-12pm Activity #600

Call the Recreation Center to reserve your spot at (818) 597-7361 or register online.

For NEW participants only.

BRAIN FITNESS PROGRAM

It's easy, it's fun and it's good for your brain! In this four-week Brain Fitness Exercise Program, each once a week 90 minute session provides stimulation to the six cognitive domain areas of the brain: Brain Games with Dakim Brain Fitness Program for 20 minutes, Body & Mind Exercises for 20 minutes, Brain Fitness Education for 20 minutes, Laughter IS your Best Medicine for 10 minutes, Wrap Up for 5 minutes, plus Q&A time. **Instructor: Tee Barr, Brain Fitness Program Coordinator * Location: Recreation Center**

<u>Activity#</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
274	Wed	1:00-2:30pm	4/3-5/8	\$75 or Drop-in \$15
275	Wed	1:00-2:30pm	5/15-6/19	\$75 or Drop-in \$15
276	Wed	1:00-2:30pm	6/26-7/31	\$75 or Drop-in \$15

Pre Pilates Mat Class - FREE PREVIEW CLASS

NEW!

Wednesday, May 15th at 11:30am-12:00pm Activity #628

Call the Recreation Center to reserve your spot at (818) 597-7361 or register online

PRE PILATES MAT CLASS

Pilates is a system of movement and strengthening that promotes full breath, healthy joint articulation and stability in the important muscles of the body. **Instructor: Illene Burke * Location: Recreation Center**

This class will be offered in the Fall of 2013 on Wednesdays from 11:00am-12:00pm. Call the Recreation Center to add your name to the interest list at (818) 597-7361.

Fitness Pass Program Classes

BEGINNING APRIL 19TH!

GENTLE YOGA will only be offered on an on-going basis by using the Fitness Pass!

Your own special needs and limitations will be addressed as you work towards rediscovering your personal, radiant health. Bring a towel and a mat. **No class 5/27.** Instructor: Ann Monahan * Location: Recreation Center

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 8:30am-9:30am Mon, Wed, Fri

DYNAMIC YOGA

Relieve stress while harmonizing the body, breath and mind. Develop strength, flexibility, and balance in a friendly non-competitive way. Instructor: Chris Bannister * Location: Recreation Center

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 10:30-11:30am Thur

ZUMBA GOLD

Zumba Gold targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. It's a dance-fitness class that feels friendly, and most of all, fun. **There is no class on the third Wednesday of every month.** Instructor: Del Herrera * Location: Recreation Center

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 9:45-10:45am Fri

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 9:45-10:45am Wed

Recreation Programs

Thinking of You & Birthday Cards

We supply the materials and you assemble. Samples will be available for viewing. Each participant can make 4 cards. No experience necessary.

Pre-registration required.

Wednesday, May 15th

1:00pm—3:00pm

\$3 per person

Decades & Diamonds 2013

Come celebrate and honor our senior members that are 90+!

Thursday, May 23, 2013

1pm-3pm

FREE

Activity #515



May RSVP by calling (818) 597-7361 or register online.

Ongoing Activities At The Center

YR = Year Round Season for Online Registration

Monday

Intermediate Bridge Review Activity # 520 YR
10:00am-10:50am On-going Free
Duplicate Bridge Activity # 225 YR
11:00am-3:00pm On-going Free

Tuesday

Bingo—Must have four people to play Activity # 226 YR
12:00-3:00pm On-going \$.50 card
Open Play - Bring your table/group
Call the day before for availability
11:00am - 3:00pm On-going Free
Book Club
Call center for book titles. Books will not be provided.
Activity# 271 11:15am-12:30pm 4/16 Free
Activity# 272 11:15am-12:30pm 5/21 Free
Activity# 273 11:15am-12:30pm 6/18 Free

Wednesday

Senior Concerns Advocate

An advocate will be available the third Wednesday of each month to assist with various questions and to fill out forms. Call the Recreation Center to book an appointment. (818)-597-7361.

10:00am-1:00pm 4/17 Free
10:00am-1:00pm 5/15 Free
10:00am-1:00pm 6/19 Free

Women's Talk Around Group Activity # 233 YR
11:00am - 12:30pm On-going Free

Current Events Discussion Group Activity # 235 YR
1:30-3:00pm On-going Free

Thursday

Knitting & Crocheting Social Activity # 236 YR
11:00am-12:30pm On-going Free

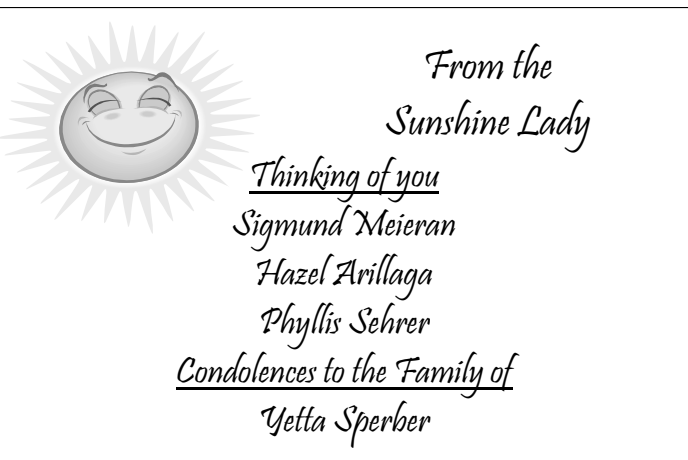
Bingo—Must have four people to play. Activity # 226 YR
12:00-3:00pm On-going \$.50 card

Friday

Duplicate Bridge Activity # 225 YR

11:00am-3:00pm On-going Free

Women's Discussion Group Activity # 234 YR
12:15 - 1:45pm On-going Free



*New participants should call the Recreation Center before attending a program.
Schedules subject to change.*

Agoura Hills Recreation Center (818) 597-7361 www.agourahillsrec.org

16th Annual Tri-Cities Senior Expo

Wednesday, April 24, 2013

10:00am-2:00pm FREE

The first 200 people to R.S.V.P. by April 20 will receive a free lunch. Activity #209

FREE Shuttle Service available from 9:30am - 2:30pm.

Pick-up locations include the

Agoura Hills Recreation Center (30610 Thousand Oaks Blvd. Agoura Hills 91301) and
Westlake Village Civic Center (31200 Oak Crest Dr. Westlake Village 91362)

Participation in the Senior Expo event allows you to use the Agoura/Calabasas Community Center's gym and participate in their senior fitness classes for the day.

Lectures will be by UCLA Health.

Bring nonperishable food items to receive an additional raffle ticket.

Donations to benefit MANNA of the Conejo Valley.



UCLA Health

Friends of the Senior Center Fundraisers!

THANK YOU

to those who participated in the
Lazy Dog Cafe Fundraiser and
the Outback Steakhouse Fundraiser!

CARL'S JR. DISCOUNT BOOKS FUNDRAISER

Friends of the Senior Center is selling the discount books for \$3. All proceeds go to the Friends fund. Buy a discount book and support the Friends Fund.

Potential NEW Art Class **Pastels**

Learn to use pastel with confidence, one of the most enjoyable medium use by fine artists. Develop your own style, learn all the nuances of light, movement and texture to create an exquisite life like art work.

Ages 50+

Interested??

Please call the Agoura Hills Recreation Center to have your name added to the interest list. (818) 597-7361

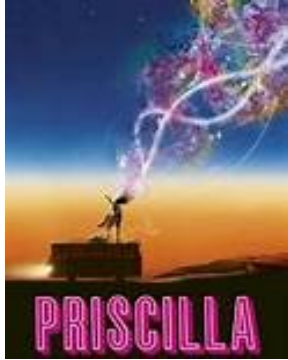
Community Events

NEW Trip Series!

BROADWAY L.A.

PRISCILLA QUEEN OF THE DESERT tells the uplifting story of a trio of friends on a road trip of a lifetime, who hop aboard a battered old bus searching for love and friendship in the middle of the Australian outback and end up finding more than they could ever have dreamed.

Wednesday, June 5th, 2013
4:30PM-11:00PM
Pantages Theatre, Hollywood
\$61 per person
(Dinner on your own)
Activity # 365



Note: Moderate Walking. NO REFUNDS/CREDITS/ TRANSFERS AFTER APRIL 1.

SISTER ACT tells the story of Deloris Van Cartier, a wannabe Diva whose life takes a surprising turn when she witnesses a crime and the cops hide her in the last place anyone would think to look - a convent!



Saturday, July 13, 2013
11:30AM-6:00PM
Pantages Theatre, Hollywood
\$61 per person
(Meal on your own)
Activity # 366 (summer)

Note: Moderate Walking. NO REFUNDS/CREDITS/ TRANSFERS AFTER May 10.

Open to the community! Bring your Friends and Family!

GAME DAY

Instruction is provided on a variety of games including poker, Mexican train, black jack, and brain fitness games. Brain fitness games will be held at 12:15pm and 12:30pm. Lunch is included and served at 12:00pm. Pre-registration is required. *Bring a friend!!*

Wednesday, March 27th
12pm-3pm \$5 per person
Activity #208 (winter)



*We are looking for volunteers to teach games at Game Day on March 27th. If you are interested, please contact the Recreation Center at 818-597-7361.

SENIOR MEMBER SOCIAL

Have fun meeting with friends and listen to our guest speaker. Refreshments will be served. Pre-registration required.

Activity #	Day	Time	Date	Fee
340	Tue	11:00am-1:00pm	5/14	\$5

SENIOR CONCERNS ADVOCATE

An advocate will be available to assist with questions about housing, transportation, legal issues, in-home care, government benefits, health and long term care insurance and assistance programs. Assistance with completion of forms and applications will be available. Third Wednesday of each month from 10:00am-1:00pm. Appointments required. Call to make an appointment at (818) 597-7361.

Go to www.agourahillsrec.org to register!

Reyes Adobe Historical Site

Programs at the Reyes Adobe

Public Tours

Tuesdays:

10:00am—2:00pm

2nd & 4th Saturdays:

1:00-4:00pm

Donations Accepted:

Adults \$3.00

Seniors \$2.00

Child: 5-12 \$1.00
(under 5 free)

Educational/Group Tours:

May be scheduled by appointment

Contact Information:

30400 Rainbow Crest Dr. Agoura Hills, CA

91301

Telephone: (818) 597-7361

2ND SATURDAY @ THE ADOBE

Fun things to do with
the grandchildren!

Hands-on Activities at the Reyes Adobe

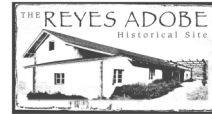
April 13, 2013

May 11, 2013

June 8, 2013

Activities are available

from 1:30—3:30pm



Watercolor Art Classes at the Adobe *Taught by David Deyell*

Tuesdays 1:00-4:00pm

#352 April 9-April 30 \$48

#353 May 7-May 28 \$48

#354 June 4-June 11 \$24

OR drop-in for \$15

Call the Recreation Center to sign up,
(818) 597-7361.

Breakfast with the Bunny

at the Reyes Adobe Historical Site

Saturday, March 23

10:00am-12:00pm

\$2 per person/2 and under free



Your Tour Escort Team Jack, Jeri, Judy, Marilyn, Maxine, Pat, Sharon, Terry

Slots of Fun

Chumash Casino

Each participant will receive \$10 in Free Play on their Club Chumash Card.

Wednesday, May 15th

\$15 per person

Trip will be 8:00am—6:00pm

Transportation: 22 passenger shuttle

Activity # 341

THIS TRIP NEEDS A MINIMUM OF 18. NO REFUNDS/TRANSFERS/CREDITS AFTER 4/24.

Boarding of the Bus

- All participants who use a cane, wheelchair, or walker have the option to board the bus first. Let the tour escort know when you are signing in.
- Front rows are reserved for the Tour Escort(s).

Members and Guests

Must be a current 2013 Senior Member to enroll in all center activities, classes, and trips. Senior members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Enrolled guests must fill out a waiver and provide emergency contact information.

Driver tip

- The driver tip is not included in our trip price.
- You are welcome to tip the driver when you check in with the tour escort.

Go to www.agourahillsrec.org to register!

Spring 2013 Gourmet Luncheon Restaurants

GOURMET SOCIAL LUNCHEON CLUB Ages 50+

Spend an afternoon experiencing fine restaurants, good conversation, and exploring different culinary palettes. Fee for transportation is \$5. Expect to pay \$15-20 for lunch (Cash only). Time is 11:00am - 2:00 pm. **NOTE: LIGHT/MODERATE WALKING. NO REFUNDS/CREDITS/TRANSFERS FOR GOURMET LUNCHEONS.** Restaurant Locations: Subject to change.
Bus Departs: Recreation Center

<u>Activity#</u>	<u>Day</u>	<u>Date</u>	<u>Restaurant/Cuisine/Location</u>
302	Tue	4/2	The Junkyard Restaurant/American/Simi Valley
303	Wed	5/1	N'Awlin/Mild Cajun/Newbury Park
304	Thur	6/6	Spring Garden/Chinese/Ventura

NEW!

Spring 2013 Gourmet Dinner Restaurant

NEW!

GOURMET SOCIAL DINNER CLUB Ages 50+

The Odyssey Restaurant offers a fine dining experience while enjoying a mesmerizing view of the San Fernando Valley. A copy of the menu is available in the office. Fee for transportation is \$5. Participant pays for own meal. Note: Light/Moderate Walking. **NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR DINNER GOURMET.** Location: Granada Hills * Bus Departs: Recreation Center

<u>Activity#</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Restaurant/Cuisine/Location</u>
369	Thur	4/25	5:00pm-9:00pm	The Odyssey/American/Granada Hills

Spring 2013 Trips

April, May, June

Senior member on-line, mail-in or walk-in registrations accepted March 11th

Phone-in registrations are no longer accepted!

Arrive 30 minutes before departure time for check-in • Trip locations and times subject to change

SANTA ANITA RACES & LUNCH AT THE SERRIA VISTA TERRACE

The trip includes reserved seating, racing program, a professional handicapper to go over the day's races, and table service luncheon in the Sierra Vista Terrace. Lunch menu is your choice of menu entree, dessert and drink. Group will be in an indoor area. NOTE: Light/Moderate walking. BUS LEAVES PROMPTLY AFTER THE 7TH RACE. REFUNDS/CREDITS/TRANSFERS GRANTED ONLY IF YOUR SEAT CAN BE FILLED. Location: Arcadia * Bus Departs: Recreation Center

<u>Activity#</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
368	Thur	9:30am-5:30pm	4/11	\$61

GONDOLA CRUISE, LUNCH AT TAIK, & ST. SOPHIA'S CATHEDRAL

You will have a gondola ride, lunch at Taik Restaurant and a tour of St. Sophia's Cathedral. NOTE: Moderate/Extensive walking. NO REFUNDS/CREDITS/TRANSFERS AFTER MAY 6. Location: Long Beach/Los Angeles * Bus Departs: Recreation Center

<u>Activity#</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
370	Wed	9:30am-5:00pm	5/22	\$63

WINE MAKER FOR A DAY

We will visit a winery where you will take a tour, have a wine tasting, and bottle and cork your own wine. Lunch is included. Note: Moderate Walking. NO REFUNDS/CREDITS/TRANSFERS AFTER JUNE 4.

Location: Rancho Cucamonga * Bus Departs: Recreation Center

<u>Activity#</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
516	Tue	9:30am-6:00pm	6/18	\$73

4TH OF JULY AT THE HOLLYWOOD BOWL (open to the community and all ages)

Performance features Josh Grobin with Fireworks to follow the performance. You can bring your picnic basket or purchase food at the Bowl. NOTE: Walking up steps and inclines are involved. NO REFUNDS/CREDITS/TRANSFERS AFTER MAY 1. Do not have to be a senior member to register. Location: Hollywood Bowl * Bus Departs: Recreation Center

<u>Activity#</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
367 (summer)	Thur	5:30-11:30pm	7/4	\$65

DAY TRIPPIN' ON THE SHUTTLE

Los Angeles Farmer's Market

Lunch is on your own. Open to the first 20 who register. Note: Extensive walking - wear comfortable walking shoes. NO REFUNDS/CREDITS/TRANSFERS AFTER MAY 1. Location: Los Angeles Bus Departs: Recreation Center

<u>Activity #</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
371	Tue	10:00am-4:00pm	5/7	\$15

Third Street Promenade & Farmer's Market

Lunch is on your own. Open to the first 20 who register. Note: Extensive walking - wear comfortable walking shoes. NO REFUNDS/CREDITS/TRANSFERS AFTER JUNE 6. Location: Santa Monica Bus Departs: Recreation Center

<u>Activity #</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
602	Wed	9:30am-4:00pm	6/12	\$15

Go to www.agourahillsrec.org to register!

**City of Agoura Hills
Department of Community
Services**

30610 Thousand Oaks Blvd.

Agoura Hills, CA 91301

Phone: (818) 597-7361

Fax: (818) 597-7365

Senior Program Hours: Monday-Friday
9:00am-3:00pm

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THOUSAND OAKS, CA
Permit No. 993**

Current Resident or

**Happy Birthday
From the
Department of Community Services**

APRIL

Shirley Concannon 4/7
Enner Polisky 4/16
Joyce Sherman 4/21
Joyce Kopkin 4/28

MAY

Ilene Winter 5/8
Katie Papouchian 5/19
Ellen Wohl 5/30

JUNE

Roy Houghton 6/10
George Firth 6/15
Beatriz Dombrower 6/18
Dolores Brown 6/21
Linda Harris 6/23
Shirley Lambeth 6/23
Richard Soma 6/28
Barbara DeMinica 6/30

If your name and birthday are not published in the newsletter and you wish for them to be published, you can change your status when you renew your membership or the next time you are at the Recreation Center. We can not change your status over the phone.

**The Recreation Center is closed
on the following dates:**

*The Center will be closed on
May 27 & July 4.*

*There will be no senior activities
April 1-April 5*

*Check with your program
instructor for specific class details.*

Volunteers Needed

We are looking for volunteers to teach games at Game Day on March 27th. We are looking for instructors to teach Cribbage, Pan, Mexican Train, etc. If you have a game you would like to teach, please contact the Center and leave your name, phone number and the game you would like to teach.