City of Agoura Hills Department of Community Services

"Senior Moments"

Great Recreational Programs for adults 50 +

REYES ADOBE DAYS FIESTA AT THE ADOBE

Help us kick off the City of Agoura Hills "Reyes Adobe Days!" This luncheon will feature live entertainment, a "rancho" style lunch, and a tour of the Reyes Adobe Historical Site.



Thursday, October 9, 2014 11:30AM-2:00PM \$10 per person Activity #977 Bring a friend!



Registration Social

Register for classes, excursions, special events and lectures. <u>Sign up before we move in to the new Recreation Center</u>. Advisory members and Senior Recreation staff will be present to answer questions. Renew your 2015 membership. Membership renewal is \$15 per calendar year.

Activity# Day Time Date Fee #1690 Tue 1pm- 3pm 12/2 Free

We are moving!

Say farewell to 30610 Thousand Oaks Blvd! Look for more information later this fall.

See you at our new center in 2015!

The Recreation Center is closed on the following dates:

Mon, September 1st Fri, October 10th Tues, November 11th Thurs & Fri, November 27th & 28th

Due to our impending move, closure dates in December TBD

Check with your program instructor for details.

Our Pantages Theater series:

Jersey Boys: October 9th Kinky Boots: November 13th Motown: Spring 2015



Sign up now for Jersey Boys & Kinky Boots See page 6 for more info

Fall 2014

October, November, December

Visit us on Facebook at www.facebook.com/agourahillsrec

Follow us on twitter @cityogourahills

Senior Services Staff

Xochitl Castillo Community Services Coordinator

> Zach Miller Recreation Manager

Cynthia Polich Administrative Secretary

> Sue Dinich Office Assistant

Risa Middleton Recreation Leader II

<u>Senior Advisory</u> Committee

Jack Albright
Bobbie Constanten
Marilyn Guild
Kenneth Myslik
Judy Shrum
Roslyn Steinberg
Sharon Taylor
Ellen Wohl

Agoura Hills Recreation Center 30610 Thousand Oaks Blvd. Agoura Hills, CA 91301 (818) 597-7361



Community Service Agencies & Organizations

Agoura Hills Public Library	(818) 889-2278	Animal Control	(818) 991-0071
Department of Motor Vehicles (DMV)	(800) 777-0133	Las Virgenes Water District	(818) 251-2100
Meals On Wheels	(805) 370-4295	Sheriff's Dept. (non emergency)(818) 878-1808
Medicare	(800) 633-4227	Southern California Edison	(800) 655-4555
Social Security	(805) 379-3427	United States Post Office	(800) 275-8777
Southern California Gas Co.	(800) 427-2200	Urgent Care (Westlake Village)	(818) 874-0900
Wellness Community	(805) 379-4777	Urgent Care (Westlake Village)	(818) 370-4000
Dial-A-Ride (Agoura Hills)	(818) 707-2005	Urgent Care (Thousand Oaks)	(805) 495-6866
Dial-A-Ride (Calabasas)	(866) 878-2242	Dial-A-Ride (Thousand Oaks /	(805) 375-5467
Dial-A-Ride (Oak Park)*	(805) 371-8722	Westlake Village)	

^{*}Note: Senior Members living in Oak Park can still use the Agoura Dial-A-Ride, but only to get to the Rec Center and back.

Senior Concerns - A Non-Profit Organization Dedicated to Serving Seniors and Their Families

Senior Concerns is dedicated to administering quality of life programs for seniors with special needs. Their programs aim to keep families together and seniors active and in their homes as long as possible, by offering information and referrals tailored to individual families needs. Senior Advocates can assist with questions about housing, transportation, legal issues, health issues, in-home care, facility placement, senior programs, and assistance programs. Advocates can also help complete forms and applications for programs and services. Advocates are available for one-on-one counseling and to present seminars at the Goebel Senior Center in Thousand Oaks, the Simi Valley Senior Center, and the Moorpark Active Adult Center.

An Advocate is at the Agoura Hills Recreation Center the third Wednesday of each month from 10:00am-1:00pm.

Appointments required and can be made by calling (818) 597-7361.

Dial-A-Ride

\$1.50 each way

General service includes point-to-point service anywhere within the city limits of Agoura Hills and unincorporated L.A.

\$3 each way

Outside of the city, service only includes pre-determined destinations like:

The Oaks Mall Janss Mall

DMV Local medical facilities

Senior Concerns Auto Mall

Dial-A-Ride (818) 707-2005



From the Sunshine Lady

Welcome Back
Maxine Charton

<u>Thinking of You</u> Beverly Ciaramella Judy Shrum

Go to www.agourahillsrec.org to register!

Reyes Adobe Historical Site

Programs at the Reyes Adobe

Public Tours

Tuesdays: 10:00am—2:00pm

2nd & 4th Saturdays:

1:00-4:00pm

Donations Accepted:

Adults \$3.00 Seniors \$2.00

Child: 5-12 \$ 1.00 (under 5 free)

Educational/Group Tours:

May be scheduled by appointment

Contact Information:

30400 Rainbow Crest Dr. Agoura Hills, CA

Telephone: (818) 597-7361

www.reyesadobe.com

2ND SATURDAY @ THE ADOBE

Fun things to do with the grandchildren!

Hands-on Activities at the Reyes Adobe

October 11

Halloween (free)

November 8

Thanksgiving (free)

December 13

Santa @ the Adobe(\$2)

Activities are available

from 1:30-3:30pm



Agoura Hills Historical Tour

Did you know you might be living on top of an ancient Chumash Indian burial ground or that Agoura has a castle? Did you know that there is a haunted house in our community? City Historian, Cim Castellon, will host your fact-filled, guided airconditioned shuttle tour of Agoura Hills. Sit back, relax, and learn trivia about your community. There will be two bus stops and light walking to complete your experience. You don't want to miss this event. Cost included a copy of "Images of America: Agoura Hills" by Susan Pascal and a goody bag!

Saturday November 8th 12:30- 2:30pm \$25 Meet at the Reyes Adobe Historical Site

Watercolor Art Classes At the Adobe Taught by David Devell Tuesdays 1:00-4:00pm #1671 10/7 - 10/28 \$48

#1671 10/7 - 10/28 \$48 #1672 11/4 - 11/18 \$36 #1673 12/2 - 12/16 \$36 No class Nov. 11, Nov. 25 Drop-in fee \$15

For more info see page 5.

SANTA AT THE ADOBE!

Please join us at the Reyes Adobe Historical Site for an afternoon of Holiday fun! Cookie Decorating, Crafts, Hot Chocolate Bar & Snacks, plus Photo opportunities & Story Time with SANTA!

Location: Reyes Adobe Historical Site

Saturday, 12/13 • 1:30-3:30 pm

\$2 per child

Fitness Classes @ the Agoura Hills Recreation Center Wednesday Thursday Friday /Iondav Tuesday

Gentle Yoga 8:30-9:30am

Do It Now Senior **Fitness** 2:00-3:00pm

8:45-9:45am

Laugh, Flex, &

Stretch

10:00-11:00am

Gentle Yoga 8:30-9:30am Jazzercise Lite 8:45-9:45am

8:30-9:30am

Arthritis Class

10:00-11:00am Dynamic Yoga

Zumba Gold 9:45-10:45am

Yogalates

11:00-12:00pm

Zumba Gold

9:45am-10:45am

10:30-11:30am **Do It Now Senior Fitness** 2:00-3:00pm

YOGALATES

Chair Yoga with a Pilates flair! A gentle Yoga class in a chair using and incorporating Pilates movements and breath to strengthen the core! Also great for strengthening the back! Our class is done sitting in a chair and standing on a Yoga Mat! New students enrolling in their first class may pay a one-time drop-in fee of \$9.00. Make-up classes are not available. Minimum class size 4 students. No class Oct. 10, Nov. 28.

Instructor: Ilene Berke, Certified Yoga Therapist E-RYT 500 * Location: Recreation Center

Activity #1479	8/20-10/8	\$60 per 8 week session, \$9 drop in fee	11:00am-12:00pm	Wed
Activity #1676	10/15- 12/3	\$60 per 8 week session, \$9 drop in fee	11:00am-12:00pm	Wed
Activity #1734	9/5-10/3	\$37.50 per 5 week session, \$9 drop in fee	11:00am-12:00pm	Fri
Activity #1735	10/17- 12/12	\$52.50 per 7 week session, \$9 drop in fee	11:00am-12:00pm	Fri

DO IT NOW SENIOR FITNESS

Achieve fitness goals of balance, strength, endurance, coordination, and flexibility! Different weights and degrees of intensity in band resistance allow Seniors of different fitness levels to enjoy class camaraderie, upbeat music, and expert instruction. Stay motivated to maintain a healthy lifestyle! No class Sept. 1, Oct. 9 & Nov. 27.

Instructor: Tamara Kilpatrick * Location: Recreation Center

Activity # 1381	8/18-9/25	\$35 twice/week, \$21 once/week, \$5 of	drop-in fee 2	2:00-3:00pm	M/Th
Activity # 1573	9/29- 11/6	\$35 twice/week, \$21 once/week, \$5 of	drop-in fee 2	2:00-3:00pm	M/Th
Activity # 1576	11/10- 12/18	\$35 twice/week, \$21 once/week, \$5 of	drop-in fee 2	2:00-3:00pm	M/Th

LAUGH, FLEX, & STRETCH

If you find yourself losing your balance going up the stairs, climbing ladders, or using a shopping cart for balance, join us in this upbeat fitness program that promotes body balance for your life! Through movement and specific exercise set to music, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living. No class Nov. 11.

Instructor: Lois Jackson * Location: Recreation Center

Activity #1618	9/23-10/28	\$21 per 6 week session, \$4 drop-in	10:00-11:00am	Tue
Activity #1619	11/4- 12/9	\$21 per 6 week session, \$4 drop-in	10:00-11:00am	Tue

SENIOR JAZZERCISE LITE

Exercise and have fun with your friends! The class offers non-competitive atmosphere, easy to follow routine, gentle warm-ups, non-impact aerobics, muscle toning, stretching segments, and cool-down. New participants should arrive 10 minutes before class to fill out paperwork. Payments are made to Elizabeth Eaves. Must be a 2014 senior member. No class Oct. 9, Nov. 11 & 27.

Instructor: Elizabeth Eaves * Location: Recreation Center

Activity #1612	Oct	\$34	8:45-9:45am	Tues/Thur
Activity #1613	Nov	\$34	8:45-9:45am	Tues/Thur
Activity #1611	Dec	\$34	8:45-9:45am	Tues/Thur

ARTHRITIS CLASS

This fun class teaches people with arthritis to take control of their fitness needs, and to do exercises that relieve rather than exacerbate their symptoms. Most, but not all of the exercises are done seated in a chair. This class incorporates dancing seated or standing, flexibility, exercises, range of motion, strength training, endurance, coordination, deep breathing and relaxation techniques. In addition laughter, friendship and having a good time are very much a part of this class. No class: Oct. 9, Nov. 27. **Substitute Instructor: Lois Jackson * Location: Recreation Center**

Activity #1554	Oct	\$10	\$4 drop-in	10:00-11:00am	Thur
Activity #1555	Nov	\$7.50	\$4 drop-in	10:00-11:00am	Thur
Activity #1553	Dec	\$7.50	\$4 drop-in	10:00-11:00am	Thur

Class schedule subject to change. Agoura Hills Recreation Center (818) 597-7361 Go to www.agourahillsrec.org to register.

FITNESS PASS PROGRAM CLASSES

Must be a 2014 Senior Member to purchase a Senior Fitness Pass Senior Fitness Pass is \$50 for 10 classes

GENTLE YOGA

Personal needs and limitations are addressed through meditations in this calming, easy-to-do yoga class. Various breathing techniques and guided meditations are included to help balance the nervous system, and support a healthy body, mind, and immune system. Bring a towel and mat. Additional props are provided.

Instructor: Robbi La Londe & Chris Bannister * Location: Recreation Center

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 8:30-9:30am Mon, Wed, Fri

ZUMBA GOLD

Zumba Gold targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness -Party is known for: the zesty Latin music like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold is the perfect fit. It's a dance-fitness class that feels friendly, and most of all, fun. There is no class on the third Wednesday of every month.

Instructor: Del Herrera * Location: Recreation Center

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 9:45-10:45am Wed Fitness pass on-going \$50/10 classes or \$8 drop-in fee 9:45-10:45am Fri

DYNAMIC YOGA

Relieve stress while harmonizing the body, breath and mind. Develop strength, flexibility, and balance in a friendly non-competitive way.

Instructor: Chris Bannister * Location: Recreation Center

Fitness pass on-going \$50/10 classes or \$8 drop-in fee 10:30-11:30am Thur



The Holiday Art & Gift Boutique

at the Reyes Adobe Historical Site from November 7th through December 20th Shop at this true community event highlighting local talent.

For more info visit 91301.org

Senior Advisory Recruitment

The Senior Recreation program is seeking individuals interested in becoming part of our 2015 Senior Advisory Committee. We want your input, ideas, and enthusiasm! The advisory meetings are held at 10:00am on the 2nd Tuesday of the month.

Applications available in the front office.

Deadline is January 23, 2015.

Recreation Programs

Watercolor Art Classes

Everyone can have fun and participate in this creative class. Absolute beginners as well as advanced artists will enjoy and learn methods of creating bright, fun, colorful, and interesting watercolors. David will teach drawing, design, color use and painting techniques through demonstrations. Each class will begin with a demonstration with David painting and explaining how and why as he paints. Students will paint their own paintings from the demonstration and receive individual help. Each student will develop and individual style and create beautiful artwork. Supply list will be mailed to you upon registration.

Instructor: David Deyell

Location: Reyes Adobe Historical Site.

For registration info see page 2

Member Social

Have fun meeting with friends and listen to our guest speakers. Refreshments will be served. It is free, but pre-registration is suggested.

Activity# Day Time Date #1626 Tue 11:00am-1:00pm 10/14

Ongoing Activities At The Center

Monday

Duplicate Bridge/Party Bridge Activity# 1041 YR 11:00am-3:00pm On-going Free

Tuesday

Bingo—Must have four people to play Activity# 1029 YR 12:00-3:00pm On-going \$.50 card

Open Play - Bring your table/group Activity# 1516 YR

11:30am - 3:00pm On-going Fre

Book Club

Call center for book titles. Books will not be provided.

Activity# 1566 11:15am-12:30pm 10/21 Free Activity# 1567 11:15am-12:30pm 11/18 Free Activity# 1568 11:15am-12:30pm 12/16 Free

<u>Wednesday</u>

Senior Concerns Advocate

An advocate will be available the third Wednesday of each month to assist with various questions and to fill out forms. Call the Recreation Center to book an appointment. (818)-597-7361.

10:00am-1:00pm 10/15 Free 10:00am-1:00pm 11/19 Free 10:00am-1:00pm 12/17 Free

Women's Talk Around Group Activity# 991 YR

11:00am - 12:30pm On-going Free

Current Events Discussion Group Activity# 1040 YR

1:30-3:00pm On-going Free

Thursday

Knitting & Crocheting Social Activity# 1045 YR

11:00am-12:30pm On-going Free

Bingo—Must have four people to play. Activity# 1029 YR 12:00-3:00pm On-going \$.50 card

Friday

Duplicate Bridge Activity# 1041 YR

11:00am-3:00pm On-going Free

Women's Discussion Group Activity# 990 YR

12:15 - 1:45pm On-going Free

New participants should call the Recreation Center before attending a program. Schedules subject to change.

Agoura Hills Recreation Center (818) 597-7361 www.agourahillsrec.org

Community Events Do not have to be a Senior Member to register.



126th Tournament of Roses Parade "Inspiring Stories"

Spectators will be delighted in the tradition and pageantry of the magnificent floral floats, high stepping equestrians, and spirited marching bands. Registration fee includes bus transportation and reserved bleacher seats. Reserved bleacher seating will be on 1630 E. Colorado Blvd. Participants will ride in style aboard a comfortable coach bus. Tickets only \$85 per person. TICKETS SELL OUT FAST! THIS TRIP WILL OCCUR RAIN OR SHINE. There are no refunds/transfers/credits for this trip.

Thursday, January 1, 2015 6:00am — 2:00pm Activity #1681 \$85 per person

Meet at Reyes Adobe Park. ALL AGES WELCOME!



Thanksgiving Luncheon

Bring a friend and enjoy
an afternoon of
entertainment and have a delicious Thanksgiving meal
provided by Linda's
Catering!
Pre-registration is required.

<u>Activity#</u> #1688

<u>Day Time</u> <u>Date Fee</u> Wed 11:30AM-2PM 11/12 \$15

Broadway LA Series

Jersey Boys @ the Pantages Theatre * Ages 18+

This is the story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote their own songs, invented their own sounds and sold 175 million records worldwide – all before they were 30! Dinner is on your own. Note: Moderate Walking. Do not have to be a senior member to register. NO REFUNDS/CREDITS/TRANSFERS AFTER 8/6 FOR THIS TRIP.

Location: Pantages Theatre, Hollywood * Shuttle Departs: Recreation Center

<u>Activity#</u> <u>Day</u> <u>Time</u> <u>Date</u> <u>Fee</u> #1699 Thu 4:30-11:00pm 10/9 \$79

Kinky Boots @ the Pantages Theatre * Ages 18+

KINKY BOOTS is the exhilarating Broadway musical that will lift your spirits to new high-heeled heights! Winner of six Tony Awards® including BEST MUSICAL, this inspirational story follows a struggling shoe factory owner who works to turn his business around with help from Lola, a fabulous entertainer in need of some sturdy stilettos. Together, this unlikely pair finds that they have more in common than they ever dreamed possible... proving that when you change your mind about someone, you can change your whole world. Dinner is on your own. Note: Moderate Walking. Do not have to be a senior member to register. NO REFUNDS/CREDITS/TRANSFERS AFTER 9/10 FOR THIS TRIP. Location: Pantages Theatre, Hollywood * Shuttle De-

Location: Pantages Theatre, Hollywood * Shuttle Departs: Recreation Center

<u>Activity# Day Time</u> <u>Date</u> <u>Fee</u> #1700 Thu 4:30-11:00pm 11/13 \$79

Your Tour Escort Team: Jack, Jeri, Judy, Marilyn, Maxine, Pat, Sharon

Slots of Fun

Chumash Casino

Each participant will receive \$10 in Free Play on their Club Chumash Card.

Light/Moderate Walking. This trip needs a minimum of 18 participants

Wednesday, October 1 Activity #1627

\$15 per person

Trip will be 8:00am—6:00pm

Transportation: 22 passenger shuttle

Shuttle Departs: Recreation Center

NO REFUNDS/TRANSFERS/CREDITS AFTER 9/17.

Boarding of the Bus

- All participants who use a cane, wheelchair, or walker have the option to board the bus first. Let the tour escort know when you are signing in.
 - Front rows are reserved for the Tour Escort(s).

Members and Guests

Must be a current 2014 Senior Member to enroll in all center activities, classes, and trips. Senior members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Enrolled guests must fill out a waiver and provide emergency contact information.

Driver tip

• The driver tip is not included in our trip price.

Trip locations, transportation, and time subject to change

Fall 2014 Gourmet Luncheon Restaurants

GOURMET SOCIAL LUNCHEON CLUB * Ages 50+

Spend an afternoon experiencing fine restaurants, good conversation, and exploring different culinary palettes. Fee for transportation is \$5. Expect to pay \$15-20 for lunch (Cash only). Time is 11:00am - 2:00 pm. NOTE: Light/Moderate Walking. NO REFUNDS/CREDITS/TRANSFERS FOR GOURMET LUNCHES. Restaurant Locations: Subject to change. Shuttle Departs: Recreation Center

Activity#	<u>Day</u>	<u>Date</u>	Restaurant/Cuisine/Location
#1583	Wed	10/22	Deer Lodge/ American/Ojai
#1584	Tue	11/4	Mama Hummus/Lebanese/Newbury Park
#1585	Thu	12/18	Otani/ Seafood/ Oxnard

Fall 2014 Gourmet Dinner Restaurant

GOURMET SOCIAL DINNER CLUB * Ages 50+

A copy of the menu is available in the office. Fee for transportation is \$5. Participant pays for own meal. Note: Light/Moderate Walking, No wheelchairs or walkers. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR DINNER GOURMET. Location: Calabasas * Shuttle Departs: Recreation Center

Activity #	<u>Day</u>	<u>Date</u>	<u>Time</u>	Restaurant/Cuisine/Location
111506	71	10/4	4 0	

#1586 Thu 12/4 4pm-9pm Saddle Peak Lodge/American/Calabasas

Fall 2014 Trips

October, November, December

Senior member on-line, mail-in or walk-in registrations accepted now *Phone-in registrations are no longer accepted!*

Arrive 30 minutes before departure time for check-in

Mystery Theater* Ages 50+

The group will be part of an interactive and fun murder mystery. The group will be part of "Twi-Fright." Hallow-een celebrates everything that "goes bump in the night." You will be sure to have fun with the comical crazy cast of witches, zombies, werewolves, vampires, and ghosts. Can you figure out, "Who did the dastardly deed?" Will you be the star detective? Your dinner will be brought out throughout the show. It's a fun evening out that will have you "die laughing!" NO CREDITS/TRANSFERS/REFUNDS AFTER 10/1. Bus departs: Recreation Center * Location: Long Beach

 Activity#
 Day
 Time
 Date
 Fee

 #1694
 Fri
 4:00pm- 11:30pm
 10/24
 \$87

Pompeii Exhibit w/Lunch at Tam O'Shanter * Ages 50+

The group will tour the Pompeii Exhibit and view an IMAX movie at the California Science Center. Lunch will be at Tam O'Shanter. Note: Extensive Walking. NO REFUNDS/CREDITS/TRANSFERS AFTER 10/20 FOR THIS TRIP. Location: Los Angeles * Bus Departs: Recreation Center

 Activity#
 Day
 Time
 Date
 Fee

 #1695
 Thu
 8:45am-5:00pm
 11/6
 \$63

Tibbies * Ages 50+

TIBBIES Holiday Follies is our most popular song and dance revue! This holiday spectacular features current arrangements of holiday classics as well as the traditional melodies that we all hold so deeply in our hearts! After your waiters serve you a sumptuous meal, they dazzle you with a song and dance revue – making TIBBIES a theatrical experience you won't forget! Note: Light/Moderate Walking. NO REFUNDS/CREDITS/TRANSFERS AFTER 11/3 FOR THIS TRIP. Location: Fontana * Bus Departs: Recreation Center

 Activity #
 Day
 Time
 Date
 Fee

 #1697
 Thu
 4:00pm- 11:30pm
 12/11
 \$74

Day tripping on the shuttle

Olive Garden* Ages 50+

We are off to the Olive Garden restaurant in Thousand Oaks. The staff will provide a 20-30 minute tour of the kitchen. After the tour, we will have spaghetti with marinara sauce, soup or salad, and breadsticks for lunch. Drinks and gratuity not included. Then we are off to the Farmer's Market to shop. Note: Moderate walking. NO CREDITS/TRANSFERS/REFUNDS FOR THIS TRIP. Shuttle departs: Recreation Center * Location: Thousand Oaks

 Activity#
 Day
 Time
 Date
 Fee

 #1732
 Thur
 10:30am- 3:00pm
 10/16
 \$11

Solvang * Ages 50+

Jump on the shuttle to Solvang. Shop, eat, and visit decorated downtown and do some holiday shopping. Lunch is not included. Note: Extensive walking. NO CREDITS/TRANSFERS/REFUNDS FOR THIS TRIP. Location: Santa Ynez * Shuttle Departs: Recreation Center

 Activity #
 Day
 Time
 Date
 Fee

 #1572
 Wed
 9:00am-5:30pm
 12/3
 \$15

Trip locations, transportation and times subject to change.
Go to www.agourahillsrec.org to register!

City of Agoura Hills Department of Community Services

30610 Thousand Oaks Blvd. Agoura Hills, CA 91301 Phone: (818) 597-7361 Fax: (818) 597-7365

October

Senior Program Hours: Monday-Friday

9:00am-3:00pm

PRSRT STD U.S. POSTAGE PAID THOUSAND OAKS, CA Permit No. 993

Current Resident or

Happy Birthday from the Department of Community Services

November

October		14076111061	
Ann Shalov	10/1	Annette Sussman	11/1
Jane Dworkin	10/3	Kate Silverman	11/2
Carolyn Hensel	10/4	Jerry Sherman	11/3
Sylvie Johnson	10/9	Molly Zimmerman	11/3
Mercedes Hernandez	10/12	Joyce Mendelsohn	11/12
Lynn Jones	10/16	Mary Agia	11/14
Ethel McBride	10/16	Shelly Glasser	11/15
Annette Segal	10/17	Chris Edelman	11/16
Margie Price	10/23	Jane Carron	11/21
Alisa George	10/29	Eileen Singer	11/23
Gloria Kulchin	10/31	Elizabeth Perry	11/26
Elenita Onineza	10/31	Pat Beattie	11/29
	_		

December

December					
Jean Jacobs	12/3	Helen Marcin	12/21		
Audrey Oland	12/4	Constance Shibuya	12/22		
Margaret Hakenson	12/7	Naomi Finkel	12/23		
Richard Oedy	12/10	Marilee Quinn	12/25		
Gerry Spivak	12/14	Marilyn Ryback	12/26		
Marilyn Levine	12/19	Corienne Cotter	12/26		
DeAnne Cloud	12/20	John Rozansk	12/30		
Marilyn Guild	12/21	Thelma Weltman	12/31		

If your name and birthday are not published in the newsletter and you wish for them to be published, you can change your status when you renew your membership or the next time you are at the Recreation Center. We can not change your status over the phone.

Senior Advisory Recruitment

The Senior Recreation program is seeking individuals interested in becoming part of our 2015 Senior Advisory Committee. We want your input, ideas, and enthusiasm! The advisory meetings are held at 10:00am on the 2nd Tuesday of the month.

Applications available in the front office. Deadline is January 23, 2015.

What programs, activities, and trips would you like to see offered?

Exercise Classes

Activities

Trips

Contact Xochitl or Risa

with your ideas.