

## TRI-CITIES SENIOR EXPO "Life is Good"

## Wednesday May 4, 2016 Time: 9am-1:30pm Location: 27040 Malibu Hills Rd, Agoura Hills 91301 Activity Number: 3428



Sign up for Living Healthy and Strong Is Bone Deep

Osteoporosis Workshop Activity #3697 Space is limited, sign up now!

Health

This event is designed to offer general education and awareness of products and services that are available to older adults/seniors. There will be numerous booths and displays featuring different organizations, vendors, senior services, health screenings, and demonstrations.







Fitness

## The first 200 people to RSVP will receive a FREE lunch! Free shuttle services are available!

Register online at www.agourahillsrec.org or in person at the Agoura Hills Recreation and Event Center, located at 29900 Ladyface Court. For more information, please call (818) 597-7361. Register NOW-Space is limited.