

HEALTHY BODY
HEALTHY MIND

MAY 3, 2017

Healthy Aging Expo

The event will feature presentations on Neuroplasticity, Bone Health and Relaxation related to active adults 60+. A variety of businesses and organizations that provide services to seniors and their families will be available for questions. This event is free to the public. Sign up to secure a seat and lunch.

Free Shuttle Transportation is offered from the Westlake Village Civic Center to the Agoura Hills Recreation and Event Center. Shuttle departs 8:30, 8:50, and 9:10am. Returns upon request or after 12:00pm.



Agoura Hills Recreation and
Event Center
29900 Ladyface Court
Agoura Hills, CA 91301
818-597-7361

www.ci.agoura-hills.ca.us
www.agourarec.org

#4969
Advanced Registration
Suggested
Space is limited
9:00am-1:00pm

Event is sponsored by
The Cities of
Agoura Hills and
Westlake Village

In Partnership with:
Osher Lifelong
Learning Institute