



# **“Raising Empowered Kids”**

*A Proactive Approach to Healthy Self-Esteem*

**Thursday, April 6, 2017**

**6:30-8:00 p.m.**

**@ Agoura Hills Recreation and Event Center**

**FREE Lecture**

*The goal is to teach parents tools to raise empowered kids who have balanced self-esteem, a connection with the community, and a sense of responsibility.*

*“Raising Empowered Kids” will focus on: How to set appropriate boundaries and create a culture at home that is not materialistic or focused on immediate gratification. Parents will learn how to not raise entitled, irresponsible children.*

*During this dynamic talk, Dr. Chris Fulton will teach techniques parents can implement at home and share ways to communicate family values with teens.*

*He will discuss how some children thrive independently while others may struggle due to social and family pressures.*

*Parents will leave feeling prepared to talk to their child.*

***You won’t want to miss this one!***

**CHRISTOPHER FULTON, Ph.D.** Dr. Fulton is a clinical psychologist serving the Calabasas area for more than 20 years. He works with children, adolescents and adults. He has a group practice, Fulton Psychological Group, which provides individual, family, couple and group therapy, along with psychiatric services and neuropsychological testing. He has worked in a variety of settings, including community centers, college counseling centers and school based programs. Dr. Fulton also conducts lectures in the community on a variety of topics, such as, parenting strategies, dealing with stress, building resilience in children and raising digital native children.

**For more information:**

Agoura Hills Recreation and Event Center  
(818) 597-7361

[www.ci.agoura-hills.ca.us](http://www.ci.agoura-hills.ca.us)

*Not Affiliated with Las Virgenes Unified School District*

**Presented By:**



**Fulton Psychological Group**



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