

CITY OF



AGGURA HILLS

SUMMER 2020

DEPARTMENT OF COMMUNITY SERVICES
RECREATION PROGRAM GUIDE

ARE YOU
READY FOR A

**VIRTUAL
SUMMER**



Registration for virtual Summer classes will be offered as they are added. When classes become available, notice will be posted on our website at www.agourahillsrec.com, on City of Agoura Hills social media at www.facebook.com/agourahillsrec, or on Twitter at www.twitter.com/cityagourahills.

#AGOURAHILLSTOGETHER

WE ARE OPEN

CDC States that COVID-19 does not survive in chlorinated water.

Kickstart
Swim lessons
4x week for 2 weeks

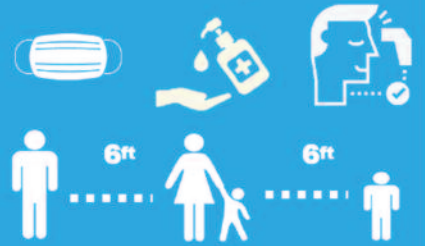
Private 1 to 2x wk
Swim lessons for
every age & ability

Baby & me
6-24 months
Toddlers 24-36 months

Camp Daland
All summer ages 4-15
8:30am - 3:00pm



Your Safety is #1



Baby & Me, Swim Lessons, Adult Learn-To-Swim, Camp & Red Cross courses.
Daland Swim School has an aquatic adventure for the whole family.

SIGN-UP TODAY ONLINE

Thousand Oaks | www.dalandswim.com | (805) 495-5210



MONARCHS

Gymnastics | Ninja | Parkour | Tumbling

First Class FREE

One Coupon Per Child,
Cannot Be Combined With
Any Other Coupons, Discounts,
Offers, Promotions, Vouchers,
or Advertised Specials.
Exp:12/31/2020

Monarchs Gym
5331 Derry Ave Ste H
Agoura Hills, 91301
818.889.3634

MonarX Parkour
5331 Derry Ave Ste I
Agoura Hills, 91301
818.889.3634

monarchsgym.com

REGISTER NOW

• Register. Online • Mail • In Person

Please be aware that Registration for Virtual Classes/Camps will not be taken in Person or by Mail

- www.ci.agoura-hills.ca.us
- Visit our website at www.agourahillsrec.org or call the Recreation Center at (818) 597-7361 for registration date information
- Classes begin week of July 6, 2020

WEBSITE

Visit our website at www.agourahillsrec.org.



Visit us on Facebook at www.facebook.com/agourahillsrec.



Join us on Twitter at www.twitter.com/cityagourahills.



Join us on Instagram at www.instagram.com/eventcenteragourahills and www.instagram.com/AHteens.

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DEPARTMENT OF COMMUNITY SERVICES

AGOURA HILLS RECREATION AND EVENT CENTER

29900 Ladyface Court, Agoura Hills, CA 91301
(818) 597-7361

Email: agourahillsrec@ci.agoura-hills.ca.us

M - Th • 7:00am to 5:00pm,
F • 7:00am to 4:00pm

COMMUNITY SERVICES STAFF

Director of Community Services

Amy Brink

Assistant Director of Community Services

Zach Miller

Recreation Managers

Nick Newkirk ♦ Xochitl Ruwhiu

Cultural Event Coordinator

Kimberly Aceytuno

Administrative Assistant

Cynthia L. Polich

Recreation Specialist

Xcaret Osorio ♦ Kaitlyn Roush

AGOURA HILLS CITY HALL

30001 Ladyface Court, Agoura Hills, CA 91301

(818) 597-7300 • Fax (818) 597-7352

M - Th • 7:00am to 5:00pm, F • 7:00am to 4:00pm

2020 CITY COUNCIL

Mayor

Illece Buckley Weber

Mayor Pro Tem

Denis Weber

Councilmembers

Chris Anstead

Deborah Klein Lopez

Linda L. Northrup

City Manager

Greg Ramirez

CITY DEPARTMENT DIRECTORY

CITY HALL(818) 597-7300

CITY HALL FAX(818) 597-7352

Agoura Hills Recreation

and Event Center(818) 597-7361

Building & Safety(818) 597-7334

Business Licenses(818) 597-7328

Business License Renewal(818) 597-7320

City Clerk(818) 597-7303

City Manager Greg Ramirez(818) 597-7300

Event Center Rentals(818) 597-7362

Mayor Illece Buckley Weber(818) 597-7372

Mayor Pro Tem Denis Weber.(818) 597-7371

Councilmembers

Chris Anstead(818) 597-7375

Deborah Klein Lopez(818) 597-7373

Linda L. Northrup(818) 597-7374

Community Services/Recreation .(818) 597-7361

Planning(818) 597-7339

Public Works(818) 597-7322

ONGOING MEETINGS

City Council

Council Chambers, City Hall
6:00pm, 2nd and 4th Wednesday

Planning Commission

Council Chambers, City Hall
6:30pm, 1st and 3rd Thursday

Cultural Arts Council

Community Conference Room,
Agoura Hills Recreation and Event Center
9:00am, 4th Monday

Community Services Coalition

Community Conference Room,
Agoura Hills Recreation and Event Center
9:00am, 2nd Thursday

AGOURA HILLS/CALABASAS COMMUNITY CENTER

27040 Malibu Hills Road, Calabasas, CA 91301

(818) 880-2993, Email: info@cityofcalabasas.com

M-F • 6:00am to 10:00pm,

Sat • 7:00am to 7:00pm, Sun • 7:00am to 6:00pm

CITY-WIDE EMERGENCY HOTLINE

When an emergency occurs in the city, please call the Emergency Hotline at (818) 597-7301 for updated information as it arrives.

GRAFFITI HOTLINE

Please keep the City of Agoura Hills clean by reporting graffiti by calling (818) 597-7355. Reports can be made 24/7 and should include the date and time of your call and the location of the graffiti. The City's goal is to remove graffiti on public property within 24 hours or the next business day. Graffiti on private property is the responsibility of the property owner and should be removed immediately to continue making the City of Agoura Hills "The Good Life."

"The City of Agoura Hills reserves the right to photograph all program participants and use these photographs in a variety of mediums for the purposes of marketing and publicity of recreational programs without the expressed or written permission of the individuals."

DEPARTMENT OF COMMUNITY SERVICES MISSION STATEMENT

The Agoura Hills Department of Community Services takes a leadership role in improving the quality of life for the community through diverse recreational opportunities that promote families and individuals, community involvement and a desire to preserve the natural and cultural resources of Agoura Hills.

SPECIAL EVENTS

Staff: Nick Newkirk, Recreation Manager

Many of our normally scheduled programs are cancelled for Summer due to COVID-19.

These programs include the Summer 2020 Concerts In The Park, Movies In The Park, Beach Bus, Camp Agoura Hills (both Tiny Tots and Rec Club), Senior Excursions and regular programming, Tennis, Golf, and other regularly scheduled classes that are held at the Agoura Hills Recreation and Event Center.



CITY OF AGOURA HILLS

SAVE THE DATE

45th Anniversary
ROADSIDE

THE CITY OF AGOURA HILLS AND ROADSIDE LUMBER PRESENT THE 16TH ANNUAL

REYES ADOBE DAYS

OCTOBER 1-4, 2020



Contact: Kimberly Aceytuno, Cultural Event Coordinator
E-Mail: culturalarts@ci.agoura-hills.ca.us

INTERESTED IN BEING A VENDOR AT OUR ANNUAL REYES ADOBE DAYS EVENT?

Please contact culturalarts@ci.agoura-hills.ca.us for more information.
We are looking for hand-crafted products unique to our community.



The Holiday Boutique



The City of Agoura Hills would like to invite you to visit our artisan vendors selling the perfect gift for the holidays.

BOUTIQUE

Friday, December 4, 2020
From 5:00 to 8:00pm

Saturday, December 5, 2020
From 11:00am to 4:00pm

culturalarts@ci.agoura-hills.ca.us • (818) 597-7361
29900 Ladyface Court in Agoura hills.

THE AGOURA HILLS CULTURAL ARTS COUNCIL CONTINUES TO ENHANCE PROGRAMS HERE IN OUR CITY!
FOR UPDATED EVENTS, PLEASE CONTACT [CULTURALARTS@CI.AGOURA-HILLS.CA.US](mailto:culturalarts@ci.agoura-hills.ca.us) OR 818-597-7361.

AGOURA HILLS LIBRARY PROGRAMS



Contact the Agoura Hills Library directly
for Library and Book Cellar hours and reopening plan.

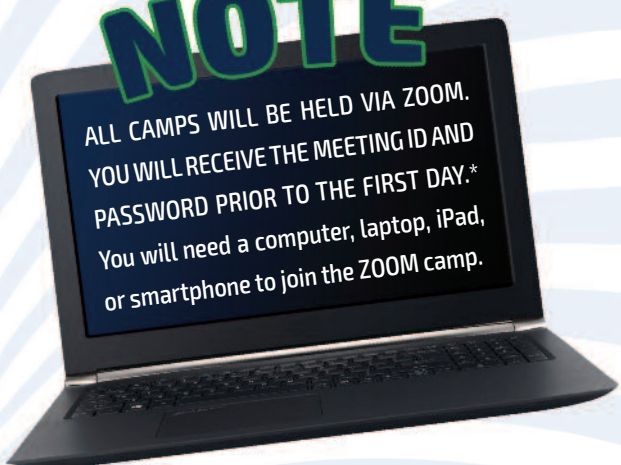
Summer Specialty Camps Ages 1-7

Camp Coordinator: Xochitl Ruwhiu, Recreation Manager
For Questions about Camp Agoura Hills: CampAH@ci.agoura-hills.ca.us

VIRTUAL SPECIALTY CAMPS

...the possibilities are virtually endless!

NOTE



ALL CAMPS WILL BE HELD VIA ZOOM.
YOU WILL RECEIVE THE MEETING ID AND
PASSWORD PRIOR TO THE FIRST DAY.*
You will need a computer, laptop, iPad,
or smartphone to join the ZOOM camp.

Super Soccer Stars

Our Soccer Stars @HOME Virtual Classes will take learning to the next level, with fully interactive sessions using Zoom screen share. We literally bring our physical location classes straight to your computer or smart device! Through our digital classroom, children can see their teammates and work directly with their coach. You will have the ability to ask direct questions and screen share with the coach for individual instruction. There will also be an opportunity for your coach to assign activities to keep the fun going after class, like building your own soccer goal box, and beat-the-coach challenges. Classes will follow our normal class structure, including warmups, stretching exercises, skill intro and progression and are designed with small spaces in mind, a 5x5ft area is all you need. No equipment, no problem! Coaches suggest items to use that are easily found around the house. No class 9/6. Instructor: Soccer Super Stars * Location: Comfort of your home

Age 12-36 mos

#9606	9:00-9:30am	Sun	7/12-8/16	\$120.00	CLICK TO REGISTER
#9610	9:00am-9:30am	Sun	8/23-9/27	\$100.00	CLICK TO REGISTER

Ages 3-4

#9607	9:40-10:10am	Sun	7/12-8/16	\$120.00	CLICK TO REGISTER
#9611	9:40-10:10am	Sun	8/23-9/27	\$100.00	CLICK TO REGISTER

Ages 4-5

#9608	10:20-11:00am	Sun	7/12-8/16	\$100.00	CLICK TO REGISTER
#9612	10:20-11:00am	Sun	8/23-9/27	\$100.00	CLICK TO REGISTER

Ages 5-7

#9609	11:10am-12:00pm	Sun	7/12-8/16	\$120.00	CLICK TO REGISTER
#9613	11:10am-12:00pm	Sun	8/23-9/27	\$100.00	CLICK TO REGISTER



Camp Coordinator: Xochitl Ruwhiu, Recreation Manager

For Questions about Camp Agoura Hills: CampAH@ci.agoura-hills.ca.us

CAMP CReATE · Ages 4-12

Camp CReATE is a specialty camp of half-day sessions in July that provide open-ended creative fun for all participants. No artistic experience is necessary to dive into our themed creative explorations. Each daily session includes a theme with fun project options that bring the themes to life along with a period of open-ended art time allowing campers to use our wide variety of studio materials on hand. Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Your Home



FAIRY WONDERLANDS

Campers will have fun making little fairy worlds and the tiny fairies that inhabit them. No artistic experience is necessary to dive into our themed creative explorations. Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Reyes Adobe Historica

#9386 9:00am-12:00pm Mon 7/27 \$30.00 [CLICK TO REGISTER](#)

JURASSIC WORLDS

Campers will go back in time to explore excavating dinosaur eggs, make volcanic lands, and dinosaurs of all shapes and sizes. Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Reyes Adobe Historical

#9387 9:00am-12:00pm Tue 7/28 \$30 [CLICK TO REGISTER](#)

MAKING MAZES

Campers construct mazes in various ways to engineer moving marble paths with tubes, cardboard pieces, and more! Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Reyes Adobe Historical

#9388 9:00am-12:00pm Wed 7/29 \$30.00 [CLICK TO REGISTER](#)

JUNGLE LIVING

Campers explore making rain sticks, slithery snakes, and jungle creatures, to bring their Rainforest settings to life. Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Reyes Adobe Historical

#9389 9:00am-12:00pm Thu 7/30 \$30.00 [CLICK TO REGISTER](#)

HARRY POTTER FUN

Campers explore Harry's world by making all things wizard: wands, potions, capes, and more to bring into their Muggle days. Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Reyes Adobe Historical

#9390 9:00am-12:00pm Fri 7/31 \$30.00 [CLICK TO REGISTER](#)

ENTIRE WEEK OF CAMP FOR 7/6-7/10

Camp CReATE is a specialty camp of half-day sessions in July that provide open-ended creative fun for all participants. No artistic experience is necessary to dive into our themed creative explorations. Each daily session includes a theme with fun project options that bring the themes to life along with a period of open-ended art time allowing campers to use our wide variety of studio materials on hand. Campers should have a snack ready for our mid-morning snack break. Instructor: CReATE STUDIO instructors * Location: Reyes Adobe Historical Site

#9385 9:00am-12:00pm Mon-Fri 7/27-7/31 \$125 [CLICK TO REGISTER](#)

MACHINE SEWING HALF DAY CAMP

Learn to machine sew or just sew for fun during our Machine Sewing Half-Day Camp week. CReATE STUDIO is excited to offer this specialty skill-building camp for beginning machine sewers, and kids who just like to sew, age 7 and up. During the week, we'll explore the ins-and-outs of machine sewing and develop sewing habits with daily practice to build sewing confidence. We'll go over machine basics, explore the machine manual as a resource for trouble shooting, as well as dew on different fabric textures and different machine stitches. We'll end the week with a simple pillow project: making a pillow form and a coordinating pillow case. This course is geared toward developing a love of sewing and the skills to do it, so with a little practice, kids can make anything they can dream up! In addition to sewing time each day, we will take a 15-minute snack break, and enjoy an hour of open-ended art time as well. All materials provided. Instructor: Jemma Wildermuth * Location: Reyes Adobe Historical Site

#9641 9:00am-12:00pm Mon-Fri 7/3-7/7 \$130.00 [CLICK TO REGISTER](#)



Summer Specialty Camps Ages 4-15

Camp Coordinator: Xochitl Ruwhiu, Recreation Manager

For Questions about Camp Agoura Hills: CampAH@ci.agoura-hills.ca.us

NOTE

ALL CAMPS WILL BE HELD VIA ZOOM.
YOU WILL RECEIVE THE MEETING ID AND
PASSWORD PRIOR TO THE FIRST DAY.*
You will need a computer, laptop, iPad,
or smartphone to join the ZOOM camp.



SPECIALTY CAMPS

JEDI ENGINEERING WITH LEGO * Ages 5-9

Play-Well classes are going virtual! Tap into your imagination from the comfort of your own home with the guidance of an experienced Play-Well instructor and simple pieces from your own LEGO® collection - all while connecting virtually with your friends and classmates! Students will explore their creative boundaries, learn new building techniques, and connect their projects to practical real-world STEM concepts, all with a focus on open-ended builds that do not require special LEGO® pieces. Instructor: Play-Well TEKnologies * Location: Your Home

#9397 11:00 to 11:45am Mon 7/13 \$65 [CLICK TO REGISTER](#)

Rocket Science * Ages 5-13

Ready, set, blast off! Explore the Universe as we launch everything from Film Canister Rockets, to Water Bottle Blasters, Business Card Boomerangs, and much more! Our adventures will take us to Titan, Mars, and a Galactic Cluster, as we learn about comets, constellations, and our galaxy! This class is out of this world! Instructor: Parker-Anderson * Location: Your Home

#9401 9:00am to 12:00pm Mon-Fri 7/27-7/31 \$150 [CLICK TO REGISTER](#)

Marine Biology * Ages 5-12

Explore the diversity of ocean life from organisms in hot deep sea vents, to tropical fish, to the astonishing varieties of arctic marine life! Observe dissections of a lamprey eel, a crayfish, and even a shark! Write with squid ink, grow Sea Monkeys, and learn about the largest environment on the planet! Instructor: Parker-Anderson * Location: Your Home

#9402 9:00am to 12:00pm Mon-Fri 8/3-8/7 \$150 [CLICK TO REGISTER](#)

PARENT & CHILD / TOTS & YOUTH AGES 0-10

Staff: Xochitl Ruwhiu, Recreation Manager

YOUTH INTRO TO SPANISH WITH TRIBU LANGUAGE SCHOOL * AGES 6-10

Want to learn a new language? Tribu Language School will help you learn a new language with a curriculum that focuses on a natural and immersive approach to learning. Instructor: Tribu Language School * Location: Your Home

#9674 10:30 to 11:00am Mon 6/22-7/13 \$70

FENCING

Learn how to fence like an Olympian! Fencing will develop concentration, tactic skills, and teamwork. No prior experience necessary. All levels welcome. We will have an Agoura tournament every trimester. All the students participate very successfully in different USA Fencing Tournaments (National/International). *Note: This class will be held via Zoom. Instructor: Erika Retamal-Velarde * Location: Your Home

#9729 6:30-8:30pm Wed 8/5-8/26 \$70.00

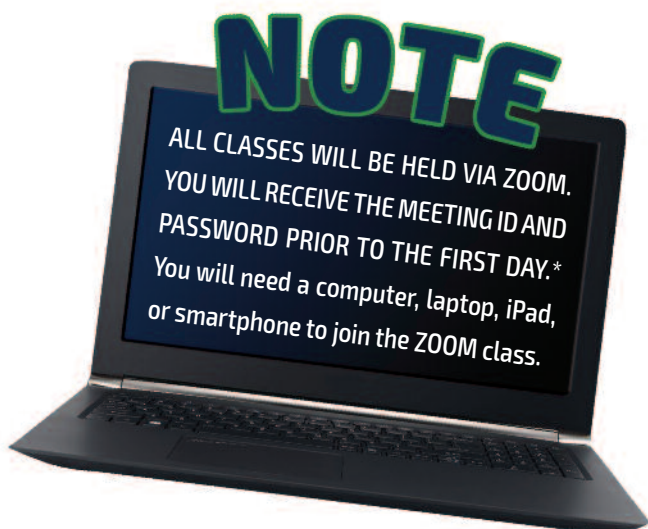
[CLICK TO REGISTER](#)

#9728 6:30-8:30pm Thu 8/6-8/27 \$70.00

[CLICK TO REGISTER](#)

#9727 6:30-8:30pm Wed 8/7-8/28 \$70.00

[CLICK TO REGISTER](#)



TEENS • MIDDLE & HIGH SCHOOL • AGES 11-17

TEEN INTRO TO SPANISH WITH TRIBU LANGUAGE SCHOOL AGES 11-17

Want to learn a new language? Tribu Language School will help you learn a new language with a curriculum that focuses on a natural and immersive approach to learning. Instructor: Tribu Language School *
Location: Your Home

#9675 11:15am to 12:15pm Mon 6/22-7/13 \$80

TEEN EVENTS - END OF SUMMER BASH * AGES 11-17

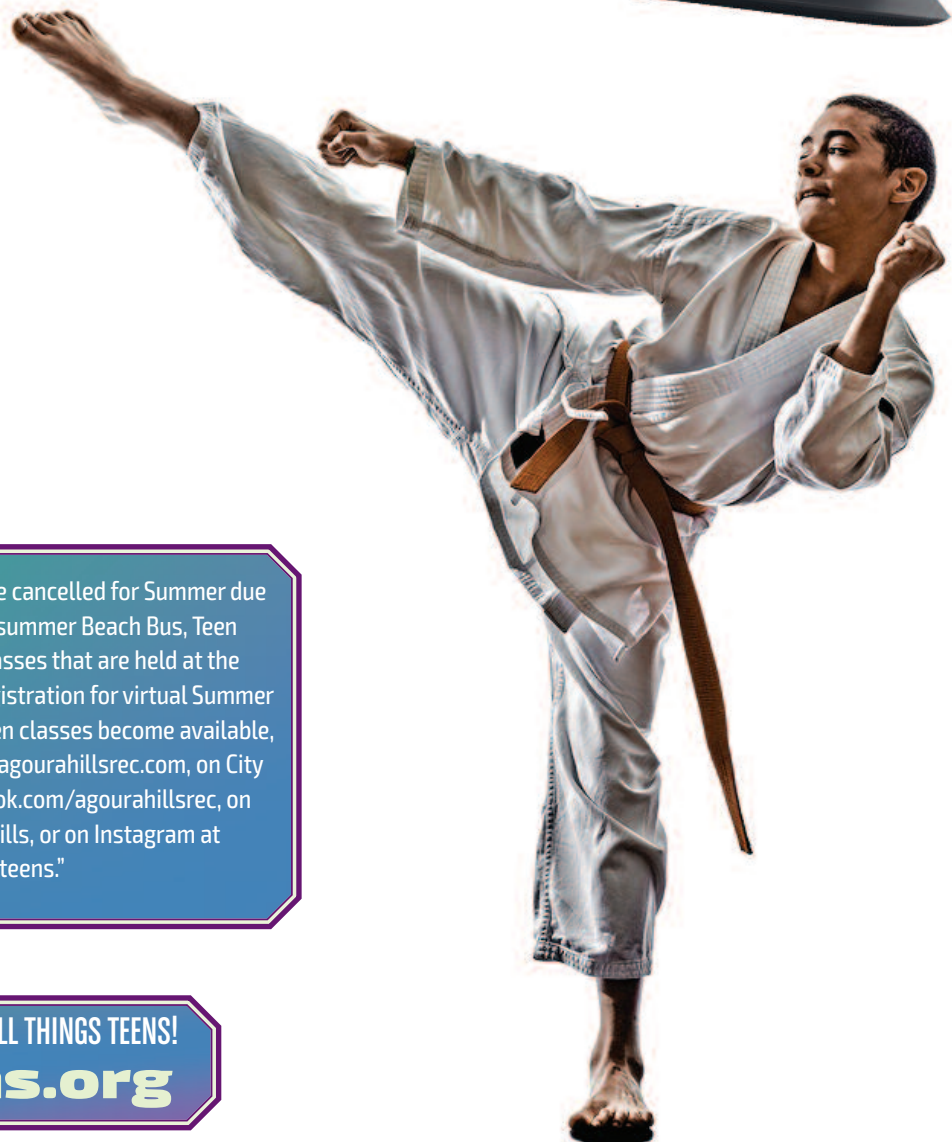
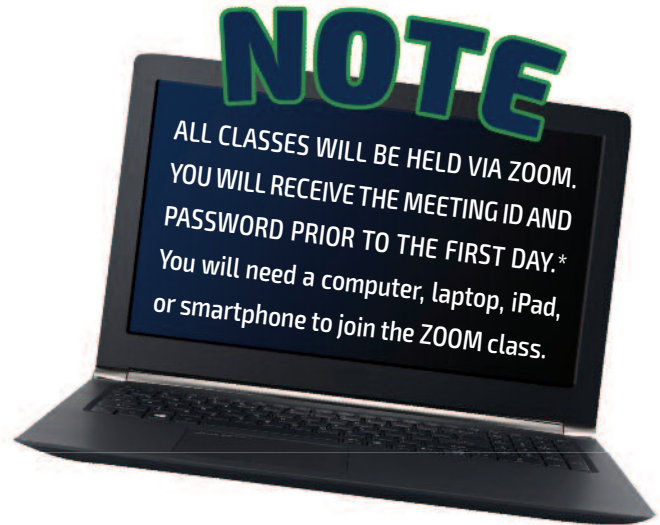
Celebrate the end of summer at the Teen Center. Stop by for a mini celebration so we can say hi! More details to come. Open to incoming 6th graders. No Teen Membership required!

#9289 6:00 to 8:00pm Fri 8/14 \$10

TEEN VIP * SUMMER 2020 PROGRAM RUNS JUNE – AUGUST

Earn Service Learning Hours volunteering through Teen V.I.P.! All volunteer opportunities will be online, which includes but is not limited to: letter writing, tutoring, assisting with the Teen Program, and more! Programs are subject to change at any time. Go to www.agourahillsrec.org to download an application, or email kroush@ci.agoura-hills.ca.us for more information! This program is free for Summer 2020.

Staff: Nick Newkirk, Recreation Manager
Kimberly Aceytuno, Cultural Event Coordinator
ahteens@ci.agoura-hills.ca.us



Many of our normally scheduled programs are cancelled for Summer due to COVID-19. These programs include the summer Beach Bus, Teen Hangout, and other regularly scheduled classes that are held at the Agoura Hills Recreation and Event Center. Registration for virtual Summer classes will be offered as they are added. When classes become available, notice will be posted on our website at www.agourahillsrec.com, on City of Agoura Hills social media at www.facebook.com/agourahillsrec, on Twitter at www.twitter.com/cityagourahills, or on Instagram at www.instagram.com/AHteens.

CHECK OUT OUR NEW TEEN WEBSITE FOR ALL THINGS TEENS!
www.ahteens.org

ADULTS

Staff: Xochitl Ruwhiu, Recreation Manager

ADULT INTRO TO SPANISH WITH TRIBU LANGUAGE SCHOOL * AGES 18+

Want to learn a new language? Tribu Language School will help you learn a new language with a curriculum that focuses on a natural and immersive approach to learning. Instructor: Tribu Language School * Location: Your Home

#9676 12:30 to 1:30pm Mon 6/22-7/13 \$80

ADULT JAZZERCISE LITE - SUMMER 2020

The class offers non-competitive atmosphere, easy to follow routine; gentle warm-ups, low-impact aerobics, muscle toning, stretching segments, and cool-down. Payments are made to Elizabeth Eaves. Please call her at 818-889-4856. Instructor: Elizabeth Eaves * Location: Your Home

#9726 8:45am-9:45am Tue/Thu 7/2-9/29

[CLICK TO REGISTER](#)

WATERCOLOR ART CLASSES #1 - JULY

Beginners through advanced artists will learn methods of creating bright, colorful, and interesting watercolors. Students will observe a demonstration painting beginning with a blank sheet of watercolor paper. Instructor will demonstrate drawing essential items, selecting a center of interest, creating an initial value plan and how to use imaginative colors. Students will receive an inspiration landscape photo for their use in creating their own interpretive painting. Learn drawing, design, color use, and painting techniques through demonstrations. Paint your own paintings based on the demonstration and receive individual help. First-time students will be provided with material list. Instructor: David Deyell * Location: Your Home

Drop-in Rate: \$13/class

#9634 1:00pm-3:00pm Tue 7/7-7/28 \$40.00

[CLICK TO REGISTER](#)

#9635 1:00pm-3:00pm Tue 8/4-8/25 \$40.00

[CLICK TO REGISTER](#)

CHAIR YOGALATES * AGES 18+

A gentle Yoga class in a chair using and incorporating Pilates movements and breath to strengthen the core and the back! We use the MELT® Method, which will hydrate the connective tissues/fascia to help keep our bodies "Pain-Free!!!" The MELT® Method is incorporated into our practice.

Instructor: Ilene Berke, Certified Yoga Therapist, Pilates and MELT® Instructor. * Location: Your Home

#9709 11:15am-12:15pm Wed 7/8-7/29 \$33.00

[CLICK TO REGISTER](#)

*Drop-ins: \$10 (must enroll in individual date)

#9710 11:15am-12:15pm Fri 7/10-7/31 \$33.00

[CLICK TO REGISTER](#)

* Drop-ins: \$10 (must enroll in individual date)

#9741 11:15am-12:15pm Wed 8/5-8/26 \$33.00

[CLICK TO REGISTER](#)

*Drop-ins: \$10 (must enroll in individual date)

#9742 11:15am-12:15pm Fri 8/7-8/28 \$33.00

[CLICK TO REGISTER](#)

* Drop-ins: \$10 (must enroll in individual date)

#9744 11:15am-12:15pm Wed 9/2-9/30 \$41.25

[CLICK TO REGISTER](#)

*Drop-ins: \$10 (must enroll in individual date)

#9743 11:15am-12:15pm Fri 9/11-9/25 \$24.75

[CLICK TO REGISTER](#)

* Drop-ins: \$10 (must enroll in individual date)

BUFF BONES CHAIR CLASS

Ideal for seniors or those with neurological issues who can't easily get up and down from the floor. It's also a terrific workout for anyone to do in an office setting. You will improve your joint mobility, spinal alignment, and coordination. These exercises strengthen the inner core of the body from feet to hands, using some of the latest bone and fascia research. A standing portion for balance and bone loading accompanies the seated portion, while using resistance bands. Safe and highly recommended for students with osteoporosis. You will need a chair, a yoga mat and a Flex Band (light or light/medium). No class on 7/20. Instructor: Aggie Winston, Certified Buff Bones™ Instructor * Location: Your Home

#9656 12:15pm-1:15pm Mon 7/13-8/17 \$40.00

[CLICK TO REGISTER](#)

MELT® METHOD HAND AND FOOT SERIES * MELT® BALLS INCLUDED

Come learn a breakthrough self-treatment system to eliminate chronic pain, erase the signs of aging and feel fantastic in just 10 minutes a day! The MELT Method also helps with common issues such as: sleep difficulties, digestive problems, mid-day fatigue, bloating or weight gain, visual signs of aging and cellulite! Discover the secrets to PAIN-FREE living at any age! The self-treatment system stimulates the amazing power of the body's connective tissue! Be sure to have a water bottle. *First 5 NEW students to enroll will receive a FREE mini MELT Method ball set. PLEASE NOTE: THIS ACTIVITY NUMBER IS FOR THOSE WHO NEED TO PURCHASE THE MELT METHOD BALLS. Any questions about the class can be emailed to:

ileneberkelovesyoga@mac.com. Instructor: Ilene Berke, Certified Yoga Therapist, Pilates and MELT® Instructor. * Location: Your Home

#9711 12:20pm-1:30pm Wed 7/8-7/29 \$85.00

[CLICK TO REGISTER](#)

MELT® METHOD HAND AND FOOT SERIES * MELT® BALLS EXCLUDED

Come learn a breakthrough self-treatment system to eliminate chronic pain, erase the signs of aging and feel fantastic in just 10 minutes a day! The MELT Method also helps with common issues such as: sleep difficulties, digestive problems, mid-day fatigue, bloating or weight gain, visual signs of aging and cellulite! Discover the secrets to PAIN-FREE living at any age! The self-treatment system stimulates the amazing power of the body's connective tissue! Be sure to have a water bottle. *First 5 NEW students to enroll will receive a FREE mini MELT Method ball set. PLEASE NOTE: THIS ACTIVITY NUMBER IS FOR THOSE WHO ALREADY OWN THE MELT METHOD BALLS. Any questions about the class can be emailed to:

ileneberkelovesyoga@mac.com. Instructor: Ilene Berke, Certified Yoga Therapist, Pilates and MELT® Instructor. * Location: Your Home

#9712 12:30pm-1:30pm Wed 7/8-7/29 \$60.00

[CLICK TO REGISTER](#)

FARHANA'S INDIAN COOKING CLASS #1

Veteran Cooking Instructor (+20 years) and Cookbook author Farhana will present simplified steps and valuable time saving tips for cooking Indian at home. Farhana's cooking classes were voted "'A Top Event'" at L.A. Weekly's Best of L.A.! Instructor: Farhana Sahibzada * Location: In Your Home

INDIAN VEGETARIAN:

Aloo Methi, Basmati Rice with Cucumber Raita. Exotic in flavor and a cinch to fix: When it comes to Indian Veggies- it's all about the flavor. In this Zoom party, we'll uncover the flavorful steps to a lovely veggie meal. Farhana's version is packed with flavors and taste! You will receive the list of ingredients prior to the class

#9723 10:30am-12:30pm Fri 7/31 \$34.00

[CLICK TO REGISTER](#)

INDIAN VEGETARIAN:

Indian Vege and Meat Combo Class. A Quick Chicken Karahi(stir Fry), in a base of ginger/Garlic herbs and enriched with tomatoes. Along with a side of potato cutlets and mint chutney to complete the meal. An abundance of ginger and garlic elevate and enhance the flavor in this quick to chicken fix recipe- accompanied with a side of potato patties to complete the meal! You will receive the list of ingredients prior to the class.

#9724 10:30am-12:30pm Fri 8/21 \$34.00

[CLICK TO REGISTER](#)

INDIAN VEGETARIAN:

Channa Masala and Bengan (eggplant) Bharta Channa Masala and Bengan (eggplant) Bharta with instant tortilla poori. Our Friday Zoom party menu is fit for dinner or brunch! These lovely curries are rich in flavor, taste and a versatility of serving! Veteran Cooking Instructor (+20 years) and Cookbook author Farhana will present simplified steps and valuable time saving tips for cooking Indian at home.

#9725 10:30am-12:30pm Fri 9/25 \$34.00

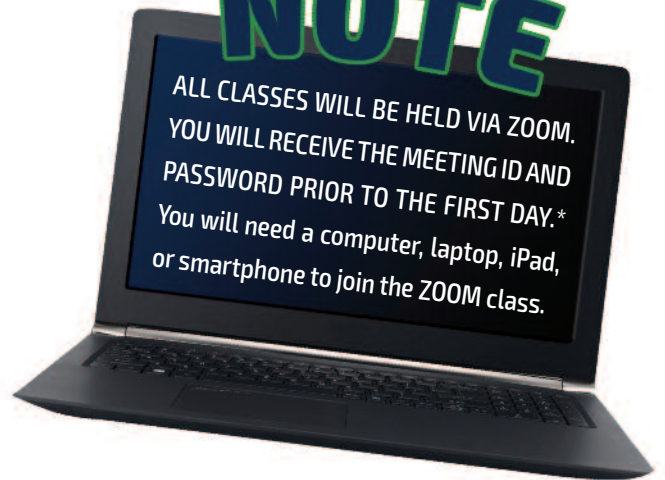
[CLICK TO REGISTER](#)

SENIORS • AGES 50+

Staff: Xochitl Ruwhiu, Recreation Manager
Xcaret Osorio, Recreation Specialist

NOTE

ALL CLASSES WILL BE HELD VIA ZOOM.
YOU WILL RECEIVE THE MEETING ID AND
PASSWORD PRIOR TO THE FIRST DAY.*
You will need a computer, laptop, iPad,
or smartphone to join the ZOOM class.



Many of our normally scheduled programs are cancelled for Summer due to COVID-19. This includes all Senior Excursions and regular programming previously advertised in the Summer Senior Newsletter. Registration for virtual Summer classes will be offered as they are added, and must be done online. When classes become available, notice will be posted on our website at www.agourahillsrec.com, on City of Agoura Hills social media at www.facebook.com/agourahillsrec, or on Twitter at www.twitter.com/cityagourahills.

CALL THE RECREATION CENTER AT
(818) 597-7361 OR VISIT OUR WEBSITE
AT WWW.AGOURAHILLSREC.ORG FOR
INFORMATION ON REGISTRATION
DATES FOR SUMMER AND FALL 2020.

ONLINE SENIOR REGISTRATION

2020 Senior Membership is required in order to participate in many senior programs, including daily fitness/social activities and excursions. Membership is \$15 per calendar year. The Senior Recreation Program offers programs and classes at discounted fees, and many are free to senior members.

Activity #9071

Senior Instructors needed for Recreation Center

If you are interested in teaching a class or program to the Agoura Hills community, and are an expert or certified in your profession, contact Xcaret Osorio at (818) 597-7361 or email her at xosorio@ci.agoura-hills.ca.us. We are looking to offer a wide variety of high-quality programs at the Agoura Hills Recreation and Event Center.

NEWSLETTER

For a complete schedule of activities, classes, and other programs, call to request the quarterly newsletter, SENIOR MOMENTS, or visit the website: www.agourahillsrec.org.

SENIORS • AGES 50+

Staff: Xochitl Ruwhiu, Recreation Manager
Xcaret Osorio, Recreation Specialist

SENIOR CLASSES

ARTHRITIS CLASS

This class incorporates dancing (seated or standing), flexibility, range of motion, strength training, endurance, coordination, and deep breathing. Most, but not all of the exercises are done seated in a chair. 2020 Senior Membership required for this activity. Instructor: Lois Jackson * Location: Your Home

#9457	10:00am-11:00am	Thu	7/9-7/30	\$10.00	CLICK TO REGISTER
#9458	10:00am-11:00am	Thu	8/6-8/27	\$10.00	CLICK TO REGISTER

LAUGH, FLEX & STRETCH

Through movement and specific exercise, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living. Equipment Needed: Chair, plus Bands and weights (if you have them). Must sign up for the session. No drop-ins at this time. 2020 Senior Membership required for this activity. Instructor: Lois Jackson * Location: Your Home

#9554	10:00am-11:00am	Tue	7/7-7/28	\$10.00	CLICK TO REGISTER
#9555	10:00am-11:00am	Tue	8/4-8/25	\$10.00	CLICK TO REGISTER

SENIOR JAZZERCISE LITE

The class offers non-competitive atmosphere, easy to follow routine; gentle warm-ups, low-impact aerobics, muscle toning, stretching segments, and cool-down. Payments are made to Elizabeth Eaves. Please call her at 818-889-4856. Instructor: Elizabeth Eaves * Location: Your Home

#9597	8:45am-9:45am	Tue/Thu	7/7-9/29		CLICK TO REGISTER
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BUFF BONES CHAIR CLASS

Ideal for seniors or those with neurological issues who can't easily get up and down from the floor. It's also a terrific workout for anyone to do in an office setting. You will improve your joint mobility, spinal alignment, and coordination. These exercises strengthen the inner core of the body from feet to hands, using some of the latest bone and fascia research. A standing portion for balance and bone loading accompanies the seated portion, while using resistance bands. Safe and highly recommended for students with osteoporosis. You will need a chair, a yoga mat and a Flex Band (light or light/medium). No class on 7/20. Instructor: Aggie Winston, Certified Buff Bones™ Instructor * Location: Your Home

#9656	12:15-1:15pm	Mon	7/13-8/17	\$40	CLICK TO REGISTER
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COVID-19 WOMEN'S SUPPORT GROUP

Providing a forum for women who may be feeling alone and lonely, isolated, anxious, sad or frightened as well as those who have positive experiences and advice to share as a result of COVID19, this group will provide a safe place for women to give and get support to and from one another. We will gather in a weekly Zoom meeting to discuss the challenges we face in dealing with COVID19 such as friend and family relationships, maintaining our health, getting food supplies, sheltering at home as well as the future and what it might bring to each of us. Membership currently not required. Facilitator: Sue Wellerstein, MSW Location: Comfort of Your Home

#9707	11:30am-1:00pm	Tue	7/7-8/11	FREE	CLICK TO REGISTER
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SENIOR CONCERNS ADVOCATE - SUMMER

The Senior Advocate will be holding Zoom appointments the first and third Wednesday of each month. Appointments can be scheduled for 11:00am or 12:00pm. You will receive a link, meeting ID and password prior to your meeting. 2020 Senior Membership is not required for this activity. Facilitated by: Senior Advocate from Senior Concerns * Location: Your Home

[CLICK TO REGISTER](#)

SENIOR CONCERNS CAREGIVER SUPPORT GROUP/SPOUSES - SUMMER

We are now offering Support Groups assisting with caregivers, spouses and family of loved ones with Alzheimer's, dementia, Parkinson's, cancer and other diseases. If you would appreciate a safe and welcoming environment to share stories, gain support and give support to others, and if you need new ideas, then please join us! 2020 Senior Membership is not required. *NEW MEETING DATES: The group will now meet on the 1st and 3rd Wednesday of the month. Facilitator: Senior Concerns * Location: Your Home

#9730	1:00-2:30pm	Wed	7/15-9/16	FREE	CLICK TO REGISTER
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TRANSPORTATION

Staff: Xochitl Ruwhiu, Recreation Manager

DIAL-A-RIDE SERVICE For information or to call for a ride, call (818) 707-2005
Serving the City of Agoura Hills, Malibou Lake area, and unincorporated Los Angeles County!

SERVICE AREAS

AGOURA HILLS DIAL-A-RIDE WILL TRANSPORT PASSENGERS BETWEEN ANY TWO POINTS WITHIN THE CITY LIMITS OF AGOURA HILLS AND MALIBOU LAKE. THERE ARE ALSO DESTINATIONS OF INTEREST TO WESTLAKE VILLAGE, THOUSAND OAKS, AND WOODLAND HILLS FOR AN INCREASED FARE.

OUT OF CITY DESTINATIONS INCLUDE:

WESTLAKE VILLAGE: SMART & FINAL SHOPPING CENTER, COSTCO WHOLESALE, TJ MAXX SHOPPING CENTER, TARGET SHOPPING CENTER, ETC.

THOUSAND OAKS: CIVIC ARTS PLAZA, DMV, GOEBEL SENIOR CENTER, JANSS MARKETPLACE, LOS ROBLES HOSPITAL, MEDICAL FACILITIES (LYNN RD), OAKS MALL, SENIOR CONCERNS, SOCIAL SECURITY ADMIN OFFICE, THOUSAND OAKS AUTO MALL, WESTLAKE PROMENADE, KAISER, ETC.

APPOINTMENT-BASED DESTINATIONS INCLUDE:

WOODLAND HILLS: TARGET ON VENTURA BLVD., KAISER PERMANENTE ON DESOTO AVE., AND MTA BUS STOP ON OXNARD AND OWENSMOUTH (NW CORNER).
DIAL-A-RIDE SERVICE CANNOT BE USED FOR TRANSPORTATION NEEDS OF STUDENTS TO ATTEND SCHOOL.

DIAL-A-RIDE FARES:

Trips into or out of Agoura Hills/Malibou Lake:
\$1.50 per one-way trip. **Must have exact change.**

Trips to Out of City Destinations:
Westlake Village/Thousand Oaks: \$3.00 per one-way trip. **Must have exact change.**

Trips to Appointment Based Destinations:
Woodland Hills: \$3.00 per one-way trip
Must have exact change.

Unincorporated Los Angeles County Residents:

Service limited to 13 one-way trips within the regular service area per person per quarter/no further than Seminole Springs (this service is financed through funds provided by the County of Los Angeles).

HOURS OF OPERATION:

7:00am to 7:00pm, Monday – Friday

9:00am to 4:00pm, Saturday

No Sunday or Holiday service

(Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Day, New Year's Day)



REGISTRATION / REFUND INFO

REGISTRATION FOR ALL RECREATION PROGRAMS

1. Registrations will be accepted online, by mail, or in person at the Agoura Hills Recreation and Event Center. The Department of Community Services does not accept phone-in or fax-in registrations.
2. Registrations will be taken on a first-come, first-served basis.
3. Payments can be made online with a valid credit card.
4. Payments made by mail can be made with a check or valid credit card.
5. Payments made in person can be made by cash, check, or valid credit card.
6. If paying by check, make check payable to "City of Agoura Hills."
7. If mailing in registration using a credit card, please completely fill out the section at the bottom of the Registration Form.
8. A class receipt will be emailed to you if you provide an email address; otherwise, a receipt will be mailed to your home.
9. If your class section has already been filled, you will be placed on a waiting list, with no money due.
10. Registrations will continue for classes until they are filled.
11. Class fees are due in full at the time of registration.

REFUND, TRANSFER AND CREDITS POLICY

GENERAL

1. This policy applies to all department-sponsored programs, activities, and special instruction classes.
2. Requests for refunds, transfers, or credits may be made by telephone or in person prior to the start of classes/camps/excursions.
3. All refunds, transfers, or credits must be called in during business hours, at least one business day prior to the start of class/camps/excursions. Business hours are Monday - Thursday from 7:00am to 5:00pm, and on Friday from 7:00am to 4:00pm. Requests for refunds, transfers, or credits left on voicemail will not be honored. Refunds, transfers, or credits requested prior to the start of the second class will be issued on a discounted basis. **NO REFUNDS, TRANSFERS, OR CREDITS AFTER THE SECOND CLASS.**
4. There are no refunds, transfers, or credits for sports/specialty camps once camp has begun. Any refunds for sports/specialty camps must be called in one business day prior to the start of camp. Requests for refunds, transfers, or credits left on voicemail will not be honored.

5. There are no refunds, transfers, or credits for Camp Agoura Hills once the camp day has begun. Any refunds for Camp Agoura Hills must be called in one business day prior to the start of camp. Requests for refunds, transfers, or credits left on voicemail will not be honored.
6. No refunds, transfers, or credits will be granted if cancellations for any program(s) are made after the stated deadline, or if the program specifically states **NO REFUNDS** (unless cancelled by the department).
7. There are no refunds for Fitness Passes.
8. There is a \$5 processing fee for all refunds for classes/camps/excursions/special events.
9. There is a minimum \$10 processing fee for all refunds on facility or park reservations (see Facility/Park Reservation Packets for full details).
10. All lab/materials fees are non-refundable and are due to the instructor on the first day of class/camp, and must be in the form of cash or check.
11. There is a \$10 charge on all returned checks.
12. All cash/check refunds under \$15 (after processing fee/administrative costs are taken out) will be applied to the account for credit. Credits on Account will be available to use for one year. Refunds under \$15 that were paid for by credit card will be refunded back to the credit card. Refunds over \$15 will be issued by check or refunded back to the credit card.
13. If the payment is made by credit card and the card is cancelled, lost, or compromised, any request for a refund for an activity originally charged by that card will be issued a refund by check.
14. **ALL REFUNDS FOR RAIN DATES FOR OUTDOOR PROGRAMS WILL BE ISSUED AT THE END OF EACH SESSION.**
15. **ALL REFUNDS WILL BE ISSUED WITHIN 30 DAYS OF THE REQUEST.**
16. **REFUNDS ARE ISSUED IN THE SAME MANNER PAYMENT WAS MADE.**

CANCELLATIONS BY THE DEPARTMENT

1. The Department of Community Services reserves the right to cancel any program, if minimum registration is not met within 48 hours of the start date. All cancellations are subject to review by staff.
2. A full refund will be issued in the event that a program is cancelled by the department prior to the start date.
3. A partial refund will be made in the event that a program is cancelled by the department prior to the conclusion of program.

4. All cash/check refunds under \$15 (after processing fee/administrative costs are taken out) will be applied to the account for credit. Credits on Account will be available to use for one year. Refunds under \$15 that were paid for by credit card will be refunded back to the credit card. Refunds over \$15 will be issued by check or refunded back to the credit card.
5. If the payment is made by credit card and the card is cancelled, lost, or compromised, any request for a refund for an activity originally charged by that card will be issued a refund by check.
6. If registration was made online and the City has cancelled the program, the \$2 convenience fee will be refunded by the department. Payment for refund will be by check only.
7. If an event, program, class, or camp is cancelled by the Agoura Hills Recreation Event and Center and you registered online and paid the \$2.00 Service Fee, you are entitled to a refund of the \$2.00. If the entire class/session was cancelled, you will receive a full refund for the program charged back to the credit card you originally paid with, and the \$2.00 Service fee will be placed on your account to be utilized for future programming. If only a portion of the program was cancelled, the \$2.00 refund will NOT be provided. Payees are only eligible for a one-time reimbursement of the Service fee per a single transaction receipt.
8. **ALL REFUNDS FOR RAIN DATES FOR OUTDOOR PROGRAMS WILL BE ISSUED AT THE END OF EACH SESSION.**
9. **ALL REFUNDS WILL BE ISSUED WITHIN 30 DAYS OF THE REQUEST.**
10. **REFUNDS ARE ISSUED IN THE SAME MANNER PAYMENT WAS MADE.**



Photographs are periodically taken of people participating in programs and activities. All persons registered in City activities or utilizing City Services thereby agree that any photograph may be used for the promotional purposes including, but not limited to, posting the photograph on the City's website, and/or its promotional, brochures, fliers, social media accounts, and other publications without additional, prior notice or permission and without compensation to the participant.

WE ARE OPEN

CDC States that COVID-19 does not survive in chlorinated water.

Kickstart
Swim lessons
4x week for 2 weeks

Private 1 to 2x wk
Swim lessons for
every age & ability

Baby & me
6-24 months
Toddlers 24-36 months

Camp Daland
All summer ages 4-15
8:30am - 3:00pm



Your Safety is #1



6ft



6ft



Baby & Me, Swim Lessons, Adult Learn-To-Swim, Camp & Red Cross courses.
Daland Swim School has an aquatic adventure for the whole family.

SIGN-UP TODAY ONLINE

Thousand Oaks | www.dalandswim.com | (805) 495-5210

USYVL presents

Agoura Hills Youth Volleyball

Volleyball Starts Here!®

CHUMASH PARK
5550 MEDEA VALLEY DRIVE
AGOURA HILLS, CA 91301

Starts Wednesday, September 16, 2020
Wednesdays 5:30 PM - 6:30 PM and
Saturdays 10:00 AM - 11:00 AM

Register online at
usyvl.org

Make A Difference. Volunteer

USYVL depends on volunteers. We provide training & support and respect your time. There's no feeling quite like helping a child learn, so volunteer today!



SIGN UP NOW FOR FALL.

8 weeks of instruction in a safe, fun and encouraging environment.
4 coed age divisions for boys and girls, 7-15.
Registration price includes a volleyball, T-shirt and participation award.

PLAN AHEAD AND SAVE.

Early: \$150 due by 8/01/2020
Regular: \$175 until 9/01/2020
Late: \$195 until 9/15/2020

Multiple child family discount and financial aid available to those who qualify.



USYVL Non-Profit #7-046098
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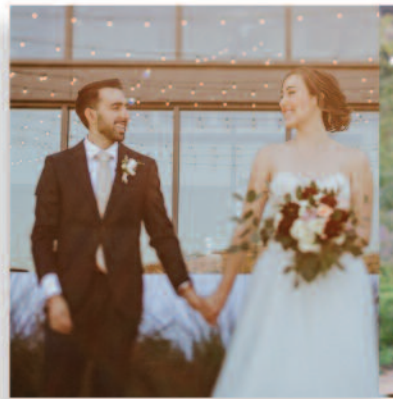
Department of Community Services
29900 Ladyface Court
Agoura Hills, CA 91301
(818) 597-7361

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Residential Customer
Agoura Hills, CA 91301

THE EVENT CENTER



WWW.EVENTCENTERAGOURAHILLS.COM