

DEPARTMENT OF COMMUNITY SERVICES RECREATION PROGRAM GUIDE

INTRODUCING REC FLIX LIVE STREAM ACTIVITIES

- Fitness
- Drawing
- Acting
- Cooking
- Theater
- **Dance**
- Karate
- Painting
- Language
- Schoolwork Help

Affordable subscription-based activities for children grades K - 5





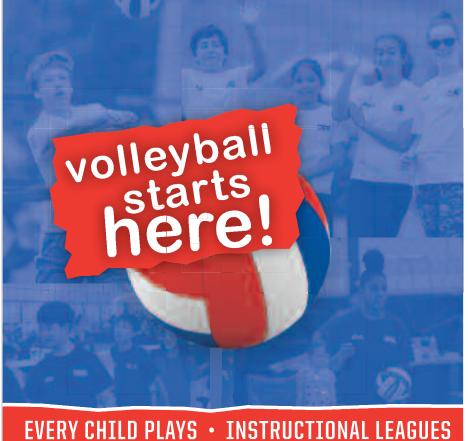


Over 30 classes | Low cost subscription

16TH ANNUAL REYES ADOBE DAYS OCTOBER 1 - 4

DUE TO COVID-19 RESTRICTIONS, THIS YEAR'S EVENT WILL BE RE-IMAGINED BUT STILL FEATURE FUN ACTIVITIES FOR THE WHOLE FAMILY. SEE INSIDE BACK COVER FOR DETAILS.







Multiple child family discount and financial aid available to

those who qualify.

FALL 2020

REGISTER NOW

- · Register. Online · Mail · In Person Please be aware that Registration for Virtual Classes/Camps will not be taken in Person or by Mail
- www.agourahillscity.org
- Visit our website at www.agourahillsrec.org or call the Recreation Center at (818) 597-7361 for registration date information
- Classes begin week of August 31, 2020

WEBSITE

Visit our website at www.agourahillsrec.org.

Visit us on Facebook at www.facebook.com/agourahillsrec.

twitter

Join us on Twitter at www.twitter.com/cityagourahills.

Instagram

DEPARTMENT OF

EVENT CENTER

(818) 597-7361

COMMUNITY SERVICES

AGOURA HILLS RECREATION AND

Email: agourahillsrec@agourahillscity.org

29900 Ladyface Court, Agoura Hills, CA 91301

Join us on Instagram at www.instagram.com/eventcenteragourahills and www.instagram.com/AHteens.

AGOURA HILLS CITY HALL

30001 Ladyface Court, Agoura Hills, CA 91301 (818) 597-7300 • Fax (818) 597-7352 M - Th • 7:00am to 5:00pm, F • 7:00am to 4:00pm

2020 CITY COUNCIL

Mavor

Illece Buckley Weber

Mayor Pro Tem

Denis Weber

Councilmembers

Chris Anstead Deborah Klein Lopez

Linda L. Northrup

City Manager

Nathan Hamburger

COMMUNITY SERVICES STAFF

Director of Community Services

M - Th • 7:00am to 5:00pm,

F • 7:00am to 4:00pm

Amy Brink **Assistant Director of Community Services**

Zach Miller

Recreation Managers

Nick Newkirk

Xochitl Ruwhiu **Cultural Event Coordinator**

Kimberly Aceytuno

Administrative Assistant

Cvnthia L. Polich

Recreation Specialist

CITY DEPARTMENT DIRECTORY CITY HALL(818) 597-7300

CITY HALL FAX(818) 597-7352 Agoura Hills Recreation

and Event Center(818) 597-7361 Building & Safety (818) 597-7334 Business Licenses(818) 597-7328

Business License Renewal (818) 597-7320 City Manager Nathan Hamburger .(818) 597-7300 Event Center Rentals (818) 597-7362

Mayor Illece Buckley Weber(818) 597-7372

Mayor Pro Tem Denis Weber. . . . (818) 597-7371 Councilmembers

Chris Anstead (818) 597-7375 Deborah Klein Lopez (818) 597-7373 Linda L. Northrup(818) 597-7374

Community Services/Recreation .(818) 597-7361 Planning (818) 597-7339

Public Works (818) 597-7322

DEPARTMENT OF COMMUNITY SERVICES MISSION STATEMENT

The Agoura Hills Department of Community Services takes a leadership role in improving the guality of life for the community through diverse recreational opportunities that promote families and individuals, community involvement and a desire to preserve the natural and cultural resources of Agoura Hills.

RecFLIX 6 ACTIVITIES: TOTS TO TEENS10 SENIORS14 TRANSPORTATION15 REGISTRATION INFO/REFUND POLICY16

ONGOING MEETINGS

City Council

CONTENTS

Council Chambers, City Hall 6:00pm, 2nd and 4th Wednesday

Planning Commission

Council Chambers, City Hall 6:30pm. 1st and 3rd Thursday

Cultural Arts Council

Community Conference Room, Agoura Hills Recreation and Event Center 9:00am, 4th Monday

Community Services Coalition

Community Conference Room, Agoura Hills Recreation and Event Center 9:00am. 2nd Thursday

AGOURA HILLS/CALABASAS **COMMUNITY CENTER**

27040 Malibu Hills Road, Calabasas, CA 91301 (818) 880-2993, Email: info@cityofcalabasas.com M-F * 6:00am to 10:00pm,

Sat * 7:00am to 7:00pm, Sun * 7:00am to 6:00pm

CITY-WIDE EMERGENCY HOTLINE

When an emergency occurs in the city, please call the Emergency Hotline at (818) 597-7301 for updated information as it arrives.

GRAFFITI HOTLINE

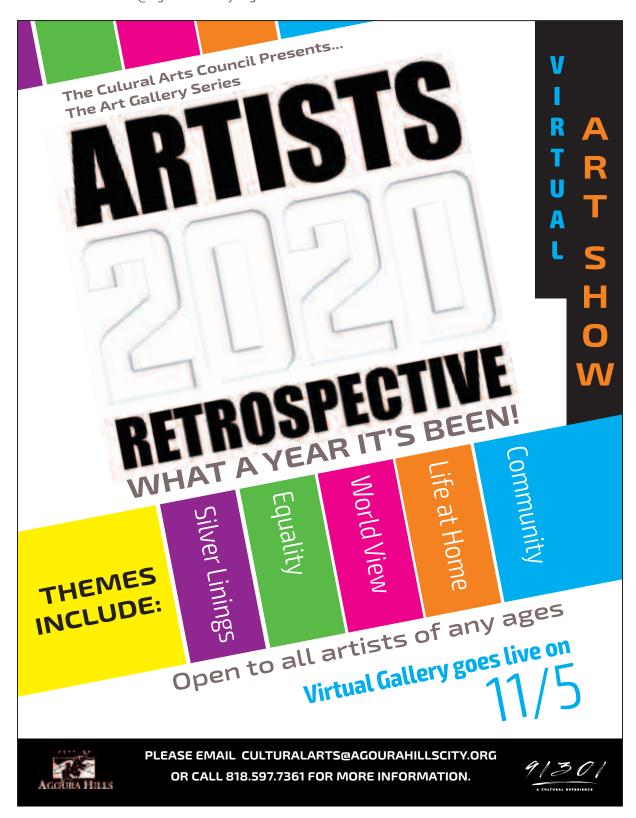
Please keep the City of Agoura Hills clean by reporting graffiti by calling (818) 597-7355. Reports can be made 24/7 and should include the date and time of your call and the location of the graffiti. The City's goal is to remove graffiti on public property within 24 hours or the next business day. Graffiti on private property is the responsibility of the property owner and should be removed immediately to continue making the City of Agoura Hills "The Good Life."

"The City of Agoura Hills reserves the right to photograph all program participants and use these photographs in a variety of mediums for the purposes of marketing and publicity of recreational programs without the expressed or written permission of the individuals.

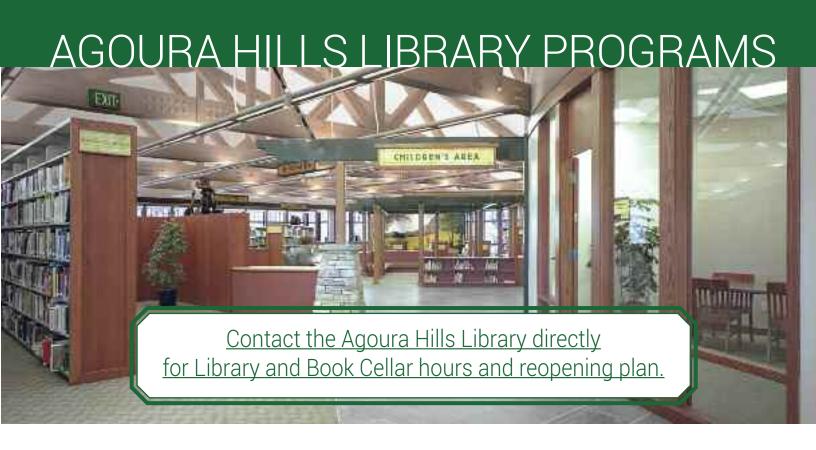


CULTURAL ARTS

Contact: Kimberly Aceytuno, Cultural Event Coordinator E-Mail: culturalarts@agourahillscity.org



THE AGOURA HILLS CULTURAL ARTS COUNCIL CONTINUES TO ENHANCE PROGRAMS HERE IN OUR CITY! FOR UPDATED EVENTS, PLEASE CONTACT CULTURALARTS@AGOURAHILLSCITY.ORG OR 818-597-7361.







OUTDOOR DINING • PICK-UP • DELIVERY

The City of Agoura Hills would like to remind the community that although indoor dining is currently prohibited, there are still ways for you to support your area restaurants!

Many establishments are currently offering additional outdoor seating for patrons who want to dine-in. Additionally, you can order food for pick-up or delivery!

More Information: www.ci.agoura-hills.ca.us or 818-597-7300



RECFLIX LIVE STREAM ACTIVITIES

10am - 5pm, Monday - Friday beginning September 8.

Just \$99/child per month for access
to over 30 different activities (to start) each week.

The City of Agoura Hills' Department of Community Services is launching a virtual enrichment program, both after and before school, to support parents and students who need a safe way to engage in fun at-home activities. This is the perfect program to engage children during the school days. The program begins on September 8th and schedules will be updated weekly.

Over 30 classes

\$GG

per month







RECFLIXSCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	M	ORNIN	G CLAS	SES		
10:00 am	Yoga	Fitness	Lego Masters	Fitness	Fitness	
10:30 am	Drawing	Bollywood	Green Science Workshop	Hello Group	Chess	
11:00 am	Musical Theater	Animal Invasion	Fitness	Musical Theater	Minecraft	
11:30 am	Painting	Marine Biology	Hindi		Cooking	
	AFTERNOON CLASSES					
1:30 pm					Bollywood Dance	
2:00 pm		Fitness	Yoga		Fitness	
2:30 pm	Hello Group	Hindi				
3:00 pm	Musical Theater	Scavenger Hunt	Painting	Musical Theater	Fitness	
3:30 pm		Yoga		Eco Art		
4:00 pm	Schoolwork Help	Schoolwork Help	Schoolwork Help	Schoolwork Help	Schoolwork Help	

CLICK HERE TO REGISTER



Full class descriptions on the next 2 pages

Please note: All classes are tentative and subject to change.



MONDAY MORNING

10:00am Yoga

Little Fox Yoga instructors will guide your children in the basics of Yoga! Yoga will help your children increase their strength, flexibility and stability, and is the perfect way to get them up and moving!

10:30am Have Fun Drawing Landscapes

Watch & draw along with an Artist. Enjoy drawing trees, mountains, lakes, streams, rocks, bushes & pathways. Make up your own scenes or look at photos. We will learn about landscape symbols, values and design.

11:00am Musical Theater Workshop

Learn some of the best numbers on Broadway from Kelly Todd, Ovation awardwinning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows.

11:30 Happy Watercolor Landscape Painting

Watch or paint along with Artist. Paint colorful landscape scenes. Create landscape paintings with mountains, hills, trees, water, rocks, plants and more. Learn brush marks and how much to draw before painting. Time permitting you may show your painting for comments.

MONDAY AFTERNOON

2:30 Hello Group

Social group for children where they interact with each other, build up their confidence, communication and learning skills. They make new friends and have fun together!

3:00pm Musical Theater Workshop

Learn some of the best numbers on Broadway from Kelly Todd, Ovation awardwinning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows.

4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.

TUESDAY MORNING

10:00am Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

10:30am Bollywood Dance

This class offers dance and movement to youth of all levels, whether your child is a beginner or a seasoned performer looking to learn a new style or develop your technique. Inspired by the high-energy music from Bollywood Indian movies. Every song has a story and every move has a meaning!

11:00am Animal Invasion

Animal Invasion! Animal invasion is a class for all animal lovers! Your child will experience and interact with all kinds of amazing creatures including Reptiles, Amphibians, Mammals, Birds, Insects and more!

11:30am Marine Biology

Explore the diversity of ocean life from organisms in hot deep sea vents, to tropical fish, to the astonishing varieties of arctic marine life! Observe dissections of a lamprey eel, a crayfish, and even a shark!

TUESDAY AFTERNOON

2:00pm Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

2:30pm Hindi

Namaste (Greetings) and welcome to learning Hindi! We learn the beautiful language of Hindi, the national language of India, in short easy and fun lessons.

3:00pm Scavenger Hunt

Hey Scavengers! You will be hunting for new items each week. Use the list to collect some or all of the things from around your house. We'll use what you find for our Zoom workshop. Make sure you have your parent's permission to use the materials you find.

3:30am Yoga

Little Fox Yoga instructors will guide your children in the basics of Yoga! Yoga will help your children increase their strength, flexibility and stability, and is the perfect way to get them up and moving!

4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.



CLICK HERE TO REGISTER

WEDNESDAY MORNING

10:00 Lego Masters

Being LEGO Smart is more than building with LEGO bricks--it's having the ability to solve problems and create solutions, as you explore your creativity! Join us for the perfect combination of learning and fun!

10:30 Green Science Workshop

Gain knowledge of alternative energy sources like Wind, Water, and Solar power as you build windmills, solar boats, hydro-cars, and more to discover renewable energy sources that make our planet greener!

11:00 Healthy Mind and Body Fitness

The key ingredients for the goal of improving our happy, healthy, fitness power include: Stretching, Cardio, and Muscle Building. These ingredients help keep the mind and the body healthy!

11:30 Hindi

Namaste (Greetings) and welcome to learning Hindi! We learn the beautiful language of Hindi, the national language of India, in short easy and fun lessons.

WEDNESDAY AFTERNOON

2:00pm Yoga

Little Fox Yoga instructors will guide your children in the basics of Yoga! Yoga will help your children increase their strength, flexibility and stability, and is the perfect way to get them up and moving!

3:00pm Painting

Let's explore the wonderful world of painting! With weekly themed projects kids will have awesome hands-on experiences through the use of a variety of paints, painting mediums and styles to create weekly artistic creations. No painting experience is necessary.

4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.

THURSDAY MORNING

10:00am Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

10:30am Hello Group

Social group for children where they interact with each other, build up their confidence, communication and learning skills. They make new friends and have fun together!

11:00am Musical Theater Workshop

Learn some of the best numbers on Broadway from Kelly Todd, Ovation award-winning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows. This workshop class is great for beginners and those with experience.

THURSDAY AFTERNOON

3:00pm Musical Theater Workshop

Learn some of the best numbers on Broadway from Kelly Todd, Ovation award-winning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows. This workshop class is great for beginners and those with experience.

3:30pm Eco Art

Let's create art with recycled materials! Using an array of recycled and crafty materials collected at home students will make weekly art projects that foster their imaginations and support their creative exploration. No art experience is necessary for this class.

4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.

FRIDAY MORNING

10:00am Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

10:30am Chess Club

We introduce chess to students in a fun and exciting way! For all students and all levels, we teach students to play chess and help them succeed in school by stimulating their problem-solving skills, analytical skills, and critical thinking.

11:00am Minecraft

Come join us to learn about and play the most popular computer game on the planet! Learn Minecraft building techniques, details of command blocks, and how to change the look of the game.

11:30am Cooking with Farhana

Your child will learn some basic techniques, simple and fun recipes, plus a safe handling of everyday tools in the kitchen.

FRIDAY AFTERNOON

1:30pm Bollywood Dance

This class offers dance and movement to youth of all levels, whether your child is a beginner or a seasoned performer looking to learn a new style or develop your technique. Inspired by the high-energy music from Bollywood Indian movies. Every song has a story and every move has a meaning!

2:00pm Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

3:00pm Healthy Mind and Body Fitness

The key ingredients for the goal of improving our happy, healthy, fitness power include: Stretching, Cardio, and Muscle Building. These ingredients help keep the mind and the body healthy!

4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.



VIRTUAL CLASSES

Staff: Xochitl Ruwhiu, Recreation Manager

Super Soccer Stars * Ages 1-7

Our Soccer Stars @HOME Virtual Classes will take learning to the next level, with fully interactive sessions using Zoom screen share. We literally bring our physical location classes straight to your computer or smart device! Through our digital classroom, children can see their teammates and work directly with their coach. You will have the ability to ask direct questions and screen share with the coach for individual instruction. There will also be an opportunity for your coach to assign activities to keep the fun going after class, like building your own soccer goal box, and beat-the-coach challenges. Classes will follow our normal class structure, including warmups, stretching exercises, skill intro and progression and are designed with small spaces in mind, a 5x5ft area is all you need. No equipment, no problem! Coaches suggest items to use that are easily found around the house.

Instructor: Soccer Super Stars * Location: Comfort of your home

Age 12-36 mos

#9771	9:00am-9:30am	Sun	10/4-11/8	\$120	CLICK TO REGISTER
#9775	9:00am-9:30am	Sun	11/15-12/20	\$100	CLICK TO REGISTER
Ages 3	3-4				
#9772	9:40am-10:10am	Sun	10/4-11/8	\$120	CLICK TO REGISTER
#9776	9:40am-10:10am	Sun	11/15-12/20	\$100	CLICK TO REGISTER
Ages 4	l-5				
#9773	10:20am-11:00am	Sun	10/4-11/8	\$100	CLICK TO REGISTER
#9777	10:20am-11:10am	Sun	11/15-12/20	\$100	CLICK TO REGISTER

Ages 5-7

#9774	11:10am-11:50am	Sun	10/4-11/8	\$120	CLICK TO REGISTER
#9778	11:10am-11:50am	Sun	11/15-12/20	\$100	CLICK TO REGISTER
11 31 10	TI.TOUIII TI.OOUIII	Ouli	11/10 12/20	9100	OLIGIC TO HELDIOTEH



Fencing Electric * Ages 7-18

Learn how to fence with electric equipment like an Olympian! Fencing Electric will develop concentration, tactic skills, and teamwork. No prior experience necessary. All levels are welcome. We will have an Agoura tournament every trimester. All the students participate very successfully in different USA Fencing Tournaments (National/International). NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor: Erika Retamal-Velarde * Location: Your Home

#9752 6:30pm-8:30pm Fri 10/2-10/30 \$87.50 CLICK TO REGISTER

#9755 6:30pm-8:30pm Fri 11/6-11/20 \$52.50 CLICK TO REGISTER

#9749 6:30pm-8:30pm Fri 12/4-12/18 \$52.50 CLICK TO REGISTER



FOR TOTS TO TEENS

Staff: Xochitl Ruwhiu, Recreation Manager

Musical Theater Workshop with Kelly Todd * Ages 8-18

Learn some of the best numbers on Broadway from Kelly Todd, Ovation award-winning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows. This workshop class is great for beginners and those with experience. Classes via Zoom. Instructor: Kelly Todd

#9828 4-4:30pm

Wed

9/2-10/7

\$120 CLICK TO REGISTER



TEEN EVENT FALL FEST * AGES 11-17

Celebrate the fall season at the Teen Center! Stop by for a mini *spooky* celebration so we can say hi! More details to come. No Teen Membership required.

#9833 6:00 to 8:00pm

10/23

\$10

TEEN VIP - FALL 2020

*PROGRAM RUNS AUGUST-NOVEMBER

Earn Service Learning Hours volunteering through Teen V.I.P.! All volunteer opportunities will be online, but in person opportunities may become available. Volunteer activities include, but are not limited to: Virtual Story Time, letter writing, tutoring/Homework Help, assisting with the Teen Program planning and more! Programs are subject to change at any time. Go to www.ahteens.org to download an application or email kroush@agourahillscity.org for more information. Open to ages 11-17/Grades 6th-12th. This program is free for Fall 2020.



ADULTS • AGES 18+

Staff: Xochitl Ruwhiu, Recreation Manager

WATERCOLOR ART CLASSES *AGES 18+

Beginners through advanced artists will learn methods of creating bright, colorful, and interesting watercolors. Students will observe a demonstration painting beginning with a blank sheet of watercolor paper. Instructor will demonstrate drawing essential items, selecting a center of interest, creating an initial value plan and how to use imaginative colors. Students will receive an inspiration landscape photo for their use in creating their own interpretive painting. Learn drawing, design, color use, and painting techniques through demonstrations. Paint your own paintings based on the demonstration and receive individual help. This class will be held via Zoom and you will be emailed the materials list. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. No class 12/22 and 12/29. Instructor: David Devell * Location: Your Home

Drop-in Rate: \$13/class							
#9636	1:00pm-3:00pm	Tue	9/1-9/29	\$50	CLICK TO REGISTER		
#9785	1:00pm-3:00pm	Tue	10/6-10/27	\$40	CLICK TO REGISTER		
#9786	1:00pm-3:00pm	Tue	11/3-11/24	\$40	CLICK TO REGISTER		
#9787	1:00pm-3:00pm	Tue	12/1-12/15	\$30	CLICK TO REGISTER		

FARHANA'S INDIAN COOKING CLASS

Veteran Cooking Instructor (+20 years) and Cookbook author Farhana will present simplified steps and valuable time saving tips for cooking Indian at home. Farhana's cooking classes were voted "A Top Event" at L.A. Weekly's Best of L.A.! NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor Farhana Sahibzada * Location: In Your Home

INDIAN VEGETARIAN

Channa Masala and Bengan (eggplant) Bharta with instant tortilla poori. Our Friday Zoom party menu is fit for dinner or brunch! These lovely curries are rich in flavor, taste and a versatility of serving!

#9725 10:30am-12:30pm Fri 9/25 \$34 CLICK TO REGISTER

MASTERING PANEER MASSALA

The Indian homemade cheese (and now commercially made and widely available at Indian grocery stores) is used to make any Indian main dishes and even desserts! Come and learn the secrets to mastering a simple paneer masala and some variations. With homemade chappati to complete the meal. Also on the menu, simple steps to the simplest and yet the best Indian 'masala chai', also known as Truck Stop Chai.

#9831 10:30am-12:30pm Sat 10/3 \$34 CLICK TO REGISTER



CHAIR YOGALATES

A gentle Yoga class in a chair using and incorporating Pilates movements and breath to strengthen the core and the back and relieve stress! We also use the MELT® Method Self-Treatment, which will hydrate the connective tissues/fascia to help keep our bodies "PAIN-FREE!!!" You will need a water, yoga strap or stretchy exercise band, light weights or two small water bottles or cans, and MELT® Method balls, if you have them. No class on 9/4, 11/11, 11/27, 12/23 thru 12/30. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor: Ilene Berke, Certified Yoga Therapist, Pilates and MELT® Instructor. * Location: Your Home

#9744	11:15am-12:15pm	Wed	9/2-9/30	\$41.25	CLICK TO REGISTER
#9796	11:15am-12:15pm	Wed	10/7-10/28	\$33	CLICK TO REGISTER
#9797	11:15am-12:15pm	Wed	11/4-11/25	\$24.75	CLICK TO REGISTER
#9798	11:15am-12:15pm	Wed	12/2-12/16	\$24.75	CLICK TO REGISTER
#9743	•	Fri	9/11-9/25	\$24.75	
	11:15am-12:15pm			T	CLICK TO REGISTER
#9803	11:15am-12:15pm	Fri	10/2-10/30	\$41.25	CLICK TO REGISTER
#9804	11:15am-12:15pm	Fri	11/6-11/20	\$24.75	CLICK TO REGISTER
#9805	11:15am-12:15pm	Fri	12/4-12/18	\$24.75	CLICK TO REGISTER

MELT HAND & FOOT SERIES

Come learn a breakthrough self-treatment system to eliminate chronic pain, erase the signs of aging and feel fantastic in just 10 minutes a day! The MELT Method also helps with common issues such as: sleep difficulties, digestive problems, mid-day fatigue, bloating or weight gain, visual signs of aging and cellulite! Discover the secrets to PAIN-FREE living at any age! The self-treatment system stimulates the amazing power of the body's connective tissue! Be sure to have a water bottle. First 5 NEW students to enroll will receive a FREE mini MELT Method ball set. One small soft MELT ball and one mini soft MELT ball included in the \$75 fee. Any questions about the class can be emailed to: ileneberkelovesyoga@mac.com. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor: Ilene Berke, Certified Yoga Therapist, Pilates and MELT® Instructor. * Location: Your Home

MELT BALLS EXCLUDED

#9799	12:30pm-1:30pm	Wed	10/7-10/28	\$60	CLICK TO REGISTER
MELT	BALLS INCLUDED				
#9800	12:30pm-1:30pm	Wed	10/7-10/28	\$75	CLICK TO REGISTER

"NEW CLASS" "YOGA NIDRA MEDITATION" - 8 WEEK SERIES

Wear comfortable clothes, have your blanket, pillows or bolster ready! May lay on floor, couch, bed or sit in a comfortable position on a chair or couch! Prepare to dim the lights, relax, breathe and maybe even fall asleep! So relaxing! Enjoy and let go of all your stress and anxiety. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor: Ilene Berke, Certified Yoga Therapist, Pilates and MELT® Instructor. * Location: Your Home

#	4:00pm-4:45pm	Tue	10/6-11/24 \$10	00 CLICK TO REGISTER

ADULT JAZZERCISE

The class offers non-competitive atmosphere, easy to follow routine; gentle warm-ups, low-impact aerobics, muscle toning, stretching segments, and cool-down. No class 11/26, 12/24 & 12/31. Payments are made to Elizabeth Eaves. Please call her at 818-889-4856. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor Flizabeth Faves * Location: Your Home

ADUIT

ADOLI						
#9801 8:45am-9:45am	Tue/Thu	10/1-12/29	CLICK TO REGISTER			
*Contact instructor for payment and register on-line to be added to the class.						
SENIORS						

#9802 8:45am-9:45am Tue/Thu 10/1-12/29 CLICK TO REGISTER

*Contact instructor for payment and register on-line to be added to the class.

ADULTS · AGES 18+

Staff: Xochitl Ruwhiu, Recreation Manager



ADULT YOGA WITH NATALIE BACKMAN * AGES 18+

Yoga is a time tested systematic approach to creating greater freedom and fulfillment in body, mind and soul. It meets you right where you are and provides accessible methods for experiencing improved strength, flexibility, stability, mobility, and ease. Join experienced instructor Natalie Backman, and give yourself a chance to make peace with first your body, then your mind. Classes via Zoom. Instructor. Natalie Backman

#9829 4-5pm Thu 9/3-10/8 \$75 CLICK TO REGISTER

ADULT MEDITATION WITH NATALIE BACKMAN * AGES 18+

Meditation is the remedy for an overactive mind. If you find yourself dwelling on the past or anxious about the future, you are not alone. Through a time tested, systematic method, focusing on the breath, join experienced instructor Natalie Backman, and learn to make peace with your mind and anchor your awareness in the present moment. Designed for beginners, but beneficial for all. Classes via Zoom. Instructor: Natalie Backman

#9830 5:15-6:15pm Thu 9/3-10/8 \$75 CLICK TO REGISTER

ADULT INTRO TO SPANISH WITH TRIBU LANGUAGE SCHOOL * AGES 18+

Tribu Language School strives to make a learning environment that includes practical conversation, high-impact learning games, targeted letter recognition and spelling activities, all supported with music and visual aids. This class gives you a great introduction to the language itself, especially if you have never taken classes on Spanish before. Classes via Zoom. Instructor: Tribu Language School

 SESSION 1

 #9819 4-5pm
 Tu
 9/1-9/22 \$80
 CLICK TO REGISTER

 SESSION 2
 Tu
 9/29-10/20 \$80
 CLICK TO REGISTER

ADULT BEGINNING SPANISH WITH TRIBU LANGUAGE SCHOOL * AGES 18+

We review Intro to Spanish material at a faster pace. The classes are student centered. After modified input has been "taken in" and comprehension is achieved using games, challenges and dramatic play, students are then given the chance to use the language in communicative, task-based activities that require problem solving, creativity and cooperation. Classes via Zoom. Instructor: Tribu Language School

| SESSION 1 | #9821 | 7-8pm | Tu | 9/1-9/22 | \$80 | CLICK TO REGISTER | SESSION 2 | #9822 | 7-8pm | Tu | 9/29-10/20 | \$80 | CLICK TO REGISTER |

ADULT CONVERSATIONAL FRENCH WITH TRIBU LANGUAGE SCHOOL * AGES 18+

We strive to make a learning environment that includes practical conversation. We want our students to be able to use what they learn in their daily life. We use dramatic play which gives students the opportunity to use the language in communication. Classes via Zoom.Instructor: Tribu Language School

SESSION 1			
#9823 4-5pm	Thu	9/3-9/24 \$80	CLICK TO REGISTER
SESSION 2			
#9824 4-5pm	Thu	10/1-10/22 \$80	CLICK TO REGISTER

SENIORS • AGES 50+

Staff: Xochitl Ruwhiu, Recreation Manager Xcaret Osorio, Recreation Specialist

SENIOR CLASSES

SENIOR CONCERNS ADVOCATE

The Senior Advocate will be holding Zoom appointments the first and third Wednesday of the month. Appointments can be scheduled for 11:00am or 12:00pm. 2020 Senior Membership is not required for this activity. *TO MAKE AN APPOINTMENT: CALL 818-597-7313 AND LEAVE YOUR NAME, DATE AND TIME YOU WOULD LIKE AN APPOINTMENT, PHONE NUMBER, AND EMAIL. NOTE: THIS MEETING WILL BE HELD VIA ZOOM OR PHONE. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO YOUR MEETING. Facilitated by: Senior Advocate from Senior Concerns * Location: In Your Home by Phone or Zoom per your request.

11:00am or 12:00pm 1st and 3rd Wed FRE

SENIOR CONCERNS CAREGIVERS SUPPORT GROUP - NEW MEETING DATES

We are now offering Support Groups assisting with caregivers, spouses and family of loved ones with Alzheimer's, dementia, Parkinson's, cancer and other diseases. If you would appreciate a safe and welcoming environment to share stories, gain support and give support to others, and if you need new ideas, then please join us! 2020 Senior Membership is not required. This meeting will be held via Zoom. Facilitator: Senior Concerns * Location: Your Home

#9770 1:00pm-2:30pm

1st and 3rd Wed

FRFF

CLICK TO REGISTER

ARTHRITIS CLASS

This class incorporates dancing (seated or standing), flexibility, and range of motion, strength training, endurance, coordination, and deep breathing. Most, but not all of the exercises are done seated in a chair. 2020 Senior Membership required for this activity. Must sign up for the session. No drop-ins at this time. No class on 11/26, 12/24, and 12/31. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS.

Instructor: Lois Jackson * Location: Your home

9779	10:00am-11:00am	Thu	9/3-9/24	\$10	
9782	10:00am-11:00am	Thu	10/1-10/29	\$12.50	
9783	10:00am-11:00am	Thu	11/5-11/26	\$7.50	
9784	10:00am-11:00am	Thu	12/3-12/17	\$7.50	

CLICK TO REGISTER
CLICK TO REGISTER
CLICK TO REGISTER
CLICK TO REGISTER

LAUGH, FLEX & STRETCH

Through movement and specific exercise, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living. 2020 Senior Membership is required for this activity. Equipment needed: chair, bands and weights, if you have them. Must sign up for the session. No drop-ins at this time. No class on 12/22 and 12/29. NOTE: THIS CLASS WILL BE HELD VIA ZOOM. YOU WILL RECEIVE THE MEETING ID AND PASSWORD PRIOR TO THE FIRST CLASS. Instructor: Lois Jackson * Location: Comfort of your home

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9794	10:00am-11:00am	Tue	9/1-9/29	\$17.50
9791	10:00am-11:00am	Tue	10/6-10/27	\$10
9792	10:00am-11:00am	Tue	11/3-11/24	\$10
9793	10:00am-11:00am	Tue	12/1-12/15	\$7.50

CLICK TO REGISTER
CLICK TO REGISTER
CLICK TO REGISTER



TRANSPORTATION

Staff: Xochitl Ruwhiu, Recreation Manager

DIAL-A-RIDE SERVICE For information or to call for a ride, call (818) 707-2005 Serving the City of Agoura Hills, Malibou Lake area, and unincorporated Los Angeles County!

SERVICE AREAS

AGOURA HILLS DIAL-A-RIDE WILL TRANSPORT PASSENGERS BETWEEN ANY TWO POINTS WITHIN THE CITY LIMITS OF AGOURA HILLS AND MALIBOU LAKE. THERE ARE ALSO DESTINATIONS OF INTEREST TO WESTLAKE VILLAGE, THOUSAND OAKS, AND WOODLAND HILLS FOR AN INCREASED FARE.

OUT OF CITY DESTINATIONS INCLUDE:

WESTLAKE VILLAGE: SMART & FINAL SHOPPING CENTER, COSTCO WHOLESALE, TJ MAXX SHOPPING CENTER, TARGET SHOPPING CENTER, ETC.

THOUSAND OAKS: CIVIC ARTS PLAZA, DMV, GOEBEL SENIOR CENTER, JANSS MARKETPLACE, LOS ROBLES HOSPITAL, MEDICAL FACILITIES (LYNN RD), OAKS MALL, SENIOR CONCERNS, SOCIAL SECURITY ADMIN OFFICE, THOUSAND OAKS AUTO MALL, WESTLAKE PROMENADE, KAISER, ETC.

APPOINTMENT-BASED DESTINATIONS INCLUDE:

WOODLAND HILLS: TARGET ON VENTURA BLVD., KAISER PERMANENTE ON DESOTO AVE., AND MTA BUS STOP ON OXNARD AND OWENSMOUTH (NW CORNER). DIAL-A-RIDE SERVICE CANNOT BE USED FOR TRANSPORTATION NEEDS OF STUDENTS TO ATTEND SCHOOL.

DIAL-A-RIDE FARES:

Trips into or out of Agoura Hills/Malibou Lake: \$1.50 per one-way trip. Must have exact change. Trips to Out of City Destinations:

Westlake Village/Thousand Oaks: \$3.00 per oneway trip. **Must have exact change**.

Trips to Appointment Based Destinations:

Woodland Hills: \$3.00 per one-way trip **Must have exact change.**

Unincorporated Los Angeles County Residents:

Service limited to 13 one-way trips within the regular service area per person per quarter/no further than Seminole Springs (this service is financed through funds provided by the County of Los Angeles).

HOURS OF OPERATION:

7:00am to 7:00pm, Monday — Friday No Sunday or Holiday service (Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Day, New Year's Day)



REGISTRATION / REFUND INFO

REGISTRATION FOR ALL RECREATION PROGRAMS

- Registrations will be accepted online, by mail, or in person at the Agoura Hills Recreation and Event Center. The Department of Community Services does not accept phone-in or fax-in registrations.
- 2. Registrations will be taken on a first-come, first-served basis.
- 3. Payments can be made online with a valid credit card.
- 4. Payments made by mail can be made with a check or valid credit card.
- 5. Payments made in person can be made by cash, check, or valid credit card.
- 6. If paying by check, make check payable to "City of Agoura Hills."
- If mailing in registration using a credit card, please completely fill out the section at the bottom of the Registration Form.
- 8. A class receipt will be emailed to you if you provide an email address; otherwise, a receipt will be mailed to your home.
- 9. If your class section has already been filled, you will be placed on a waiting list, with no money due.
- 10.Registrations will continue for classes until they are filled.
- 11. Class fees are due in full at the time of registration.

REFUND, TRANSFER AND CREDITS POLICY

GENERAL

- 1. This policy applies to all departmentsponsored programs, activities, and special instruction classes.
- Requests for refunds, transfers, or credits may be made by telephone or in person prior to the start of classes/camps/excursions.
- 3. All refunds, transfers, or credits must be called in during business hours, at least one business day prior to the start of class/camps/excursions. Business hours are Monday Thursday from 7:00am to 5:00pm, and on Friday from 7:00am to 4:00pm. Requests for refunds, transfers, or credits left on voicemail will not be honored. Refunds, transfers, or credits requested prior to the start of the second class will be issued on a discounted basis. NO REFUNDS, TRANSFERS, OR CREDITS AFTER THE SECOND CLASS.
- 4. There are no refunds, transfers, or credits for sports/specialty camps once camp has begun. Any refunds for sports/specialty camps must be called in one business day prior to the start of camp. Requests for refunds, transfers, or credits left on voicemail will not be honored.

- 5. There are no refunds, transfers, or credits for Camp Agoura Hills once the camp day has begun. Any refunds for Camp Agoura Hills must be called in one business day prior to the start of camp. Requests for refunds, transfers, or credits left on voicemail will not be honored.
- No refunds, transfers, or credits will be granted if cancellations for any program(s) are made after the stated deadline, or if the program specifically states NO REFUNDS (unless cancelled by the department).
- 7. There are no refunds for Fitness Passes.
- 8. There is a \$5 processing fee for all refunds for classes/camps/excursions/special events.
- There is a minimum \$10 processing fee for all refunds on facility or park reservations (see Facility/Park Reservation Packets for full details).
- 10.All lab/materials fees are non-refundable and are due to the instructor on the first day of class/camp, and must be in the form of cash or check.
- 11. There is a \$10 charge on all returned checks.
- 12. All cash/check refunds under \$15 (after processing fee/administrative costs are taken out) will be applied to the account for credit. Credits on Account will be available to use for one year. Refunds under \$15 that were paid for by credit card will be refunded back to the credit card. Refunds over \$15 will be issued by check or refunded back to the credit card.
- 13. If the payment is made by credit card and the card is cancelled, lost, or compromised, any request for a refund for an activity originally charged by that card will be issued a refund by check.
- 14.ALL REFUNDS FOR RAIN DATES FOR OUTDOOR PROGRAMS WILL BE ISSUED AT THE END OF EACH SESSION.
- 15.ALL REFUNDS WILL BE ISSUED WITHIN 30 DAYS OF THE REQUEST.
- 16.REFUNDS ARE ISSUED IN THE SAME MANNER PAYMENT WAS MADE.

CANCELLATIONS BY THE DEPARTMENT

- 1. The Department of Community Services reserves the right to cancel any program, if minimum registration is not met within 48 hours of the start date. All cancellations are subject to review by staff.
- A full refund will be issued in the event that a program is cancelled by the department prior to the start date.
- 3. A partial refund will be made in the event that a program is cancelled by the department prior to the conclusion of program.

- 4. All cash/check refunds under \$15 (after processing fee/administrative costs are taken out) will be applied to the account for credit. Credits on Account will be available to use for one year. Refunds under \$15 that were paid for by credit card will be refunded back to the credit card. Refunds over \$15 will be issued by check or refunded back to the credit card.
- If the payment is made by credit card and the card is cancelled, lost, or compromised, any request for a refund for an activity originally charged by that card will be issued a refund by check.
- 6. If registration was made online and the City has cancelled the program, the \$2 convenience fee will be refunded by the department. Payment for refund will be by check only.
- 7. If an event, program, class, or camp is cancelled by the Agoura Hills Recreation Event and Center and you registered online and paid the \$2.00 Service Fee, you are entitled to a refund of the \$2.00. If the entire class/session was cancelled, you will receive a full refund for the program charged back to the credit card you originally paid with, and the \$2.00 Service fee will be placed on your account to be utilized for future programming. If only a portion of the program was cancelled, the \$2.00 refund will NOT be provided. Payees are only eligible for a one-time reimbursement of the Service fee per a single transaction receipt.
- 8. ALL REFUNDS FOR RAIN DATES FOR OUTDOOR PROGRAMS WILL BE ISSUED AT THE END OF EACH SESSION.
- 9. ALL REFUNDS WILL BE ISSUED WITHIN 30 DAYS OF THE REQUEST.
- 10.REFUNDS ARE ISSUED IN THE SAME MANNER PAYMENT WAS MADE.



Photographs are periodically taken of people participating in programs and activities. All persons registered in City activities or utilizing City Services thereby agree that any photograph may be used for the promotional purposes including, but not limited to, posting the photograph on the City's website, and/or its promotional, brochures, fliers, social media accounts, and other publications without additional, prior notice or permission and without compensation to the participant.

16TH ANNUAL

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