

INTRODUCING   
**REC FLIX**  
LIVE STREAM ACTIVITIES

10am - 5pm, Monday - Friday beginning September 8.  
Just \$99/child per month for access  
to over 30 different activities (to start) each week.

The City of Agoura Hills' Department of Community Services is launching a virtual enrichment program, both after and before school, to support parents and students who need a safe way to engage in fun at-home activities. This is the perfect program to engage children during the school days. The program begins on September 8th and schedules will be updated weekly.



over  
**30**  
classes

just  
**\$99**  
per month



# REC FLIX SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>M O R N I N G C L A S S E S</b>					
10:00 am	Yoga	Fitness	Lego Masters	Fitness	Fitness
10:30 am	Drawing	Bollywood	Green Science Workshop	Hello Group	Chess
11:00 am	Musical Theater	Animal Invasion	Fitness	Musical Theater	Minecraft
11:30 am	Painting	Marine Biology	Hindi		Cooking
<b>A F T E R N O O N C L A S S E S</b>					
1:30 pm					Bollywood Dance
2:00 pm		Fitness	Yoga		Fitness
2:30 pm	Hello Group	Hindi			
3:00 pm	Musical Theater	Scavenger Hunt	Painting	Musical Theater	Fitness
3:30 pm		Yoga		Eco Art	
4:00 pm	Schoolwork Help	Schoolwork Help	Schoolwork Help	Schoolwork Help	Schoolwork Help



**Full class descriptions on the next 2 pages**

Please note: All classes are tentative and subject to change.

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# REC FLIX

LIVE STREAM ACTIVITIES

## MONDAY MORNING

### 10:00am Yoga

Little Fox Yoga instructors will guide your children in the basics of Yoga! Yoga will help your children increase their strength, flexibility and stability, and is the perfect way to get them up and moving!

### 10:30am Have Fun Drawing Landscapes

Watch & draw along with an Artist. Enjoy drawing trees, mountains, lakes, streams, rocks, bushes & pathways. Make up your own scenes or look at photos. We will learn about landscape symbols, values and design.

### 11:00am Musical Theater Workshop

Learn some of the best numbers on Broadway from Kelly Todd, Ovation award-winning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows.

### 11:30 Happy Watercolor Landscape Painting

Watch or paint along with Artist. Paint colorful landscape scenes. Create landscape paintings with mountains, hills, trees, water, rocks, plants and more. Learn brush marks and how much to draw before painting. Time permitting you may show your painting for comments.

## MONDAY AFTERNOON

### 2:30 Hello Group

Social group for children where they interact with each other, build up their confidence, communication and learning skills. They make new friends and have fun together!

### 3:00pm Musical Theater Workshop

Learn some of the best numbers on Broadway from Kelly Todd, Ovation award-winning choreographer. Students will learn the vocals and dancing from some of their favorite Broadway shows.

### 4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.

## TUESDAY MORNING

### 10:00am Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

### 10:30am Bollywood Dance

This class offers dance and movement to youth of all levels, whether your child is a beginner or a seasoned performer looking to learn a new style or develop your technique. Inspired by the high-energy music from Bollywood Indian movies. Every song has a story and every move has a meaning!

### 11:00am Animal Invasion

Animal Invasion! Animal invasion is a class for all animal lovers! Your child will experience and interact with all kinds of amazing creatures including Reptiles, Amphibians, Mammals, Birds, Insects and more!

### 11:30am Marine Biology

Explore the diversity of ocean life from organisms in hot deep sea vents, to tropical fish, to the astonishing varieties of arctic marine life! Observe dissections of a lamprey eel, a crayfish, and even a shark!

## TUESDAY AFTERNOON

### 2:00pm Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

### 2:30pm Hindi

Namaste (Greetings) and welcome to learning Hindi! We learn the beautiful language of Hindi, the national language of India, in short easy and fun lessons.

### 3:00pm Scavenger Hunt

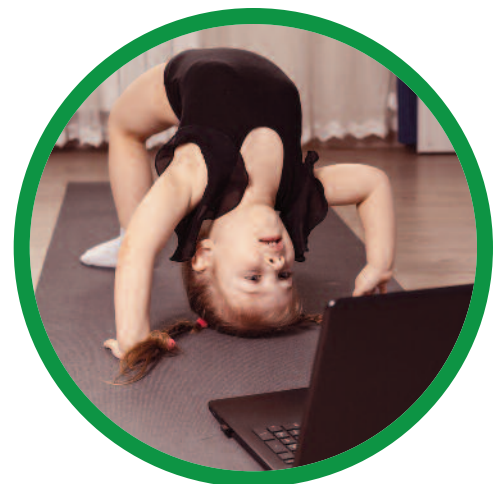
Hey Scavengers! You will be hunting for new items each week. Use the list to collect some or all of the things from around your house. We'll use what you find for our Zoom workshop. Make sure you have your parent's permission to use the materials you find.

### 3:30am Yoga

Little Fox Yoga instructors will guide your children in the basics of Yoga! Yoga will help your children increase their strength, flexibility and stability, and is the perfect way to get them up and moving!

### 4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.



## WEDNESDAY MORNING

### 10:00 Lego Masters

Being LEGO Smart is more than building with LEGO bricks--it's having the ability to solve problems and create solutions, as you explore your creativity! Join us for the perfect combination of learning and fun!

### 10:30 Green Science Workshop

Gain knowledge of alternative energy sources like Wind, Water, and Solar power as you build windmills, solar boats, hydro-cars, and more to discover renewable energy sources that make our planet greener!

### 11:00 Healthy Mind and Body Fitness

The key ingredients for the goal of improving our happy, healthy, fitness power include: Stretching, Cardio, and Muscle Building. These ingredients help keep the mind and the body healthy!

### 11:30 Hindi

Namaste (Greetings) and welcome to learning Hindi! We learn the beautiful language of Hindi, the national language of India, in short easy and fun lessons.

## WEDNESDAY AFTERNOON

### 2:00pm Yoga

Little Fox Yoga instructors will guide your children in the basics of Yoga! Yoga will help your children increase their strength, flexibility and stability, and is the perfect way to get them up and moving!

### 3:00pm Painting

Let's explore the wonderful world of painting! With weekly themed projects kids will have awesome hands-on experiences through the use of a variety of paints, painting mediums and styles to create weekly artistic creations. No painting experience is necessary.

### 4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.

## THURSDAY MORNING

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### 3:30pm Eco Art

Let's create art with recycled materials! Using an array of recycled and crafty materials collected at home students will make weekly art projects that foster their imaginations and support their creative exploration. No art experience is necessary for this class.

### 4:00pm Homework Help

Teen volunteers are available for the hour to help answer your child's questions on their school assignments! Note: This is not a tutoring session, but a place to drop in to ask questions and get quick help.

## FRIDAY MORNING

### 10:00am Fitness

Taught by Strength & Mobility, this class will work on core, upper/ lower body strength, balance and coordination, and plyometric training. This helps stimulate muscle growth and coordination for a healthy lifestyle.

### 10:30am Chess Club

We introduce chess to students in a fun and exciting way! For all students and all levels, we teach students to play chess and help them succeed in school by stimulating their problem-solving skills, analytical skills, and critical thinking.

### 11:00am Minecraft

Come join us to learn about and play the most popular computer game on the planet! Learn Minecraft building techniques, details of command blocks, and how to change the look of the game.

### 11:30am Cooking with Farhana

Your child will learn some basic techniques, simple and fun recipes, plus a safe handling of everyday tools in the kitchen.

## FRIDAY AFTERNOON

### 1:30pm Bollywood Dance

This class offers dance and movement to youth of all levels, whether your child is a beginner or a seasoned performer looking to learn a new style or develop your technique. Inspired by the high-energy music from Bollywood Indian movies. Every song has a story and every move has a meaning!

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