

DECEMBER 2020

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Jazzercise</u> 8:45-9:45am Elizabeth Eaves #9879</p> <p><u>Laugh, Flex & Stretch</u> 10:30-11:30am Lois Jackson #9793</p> <p><u>COVID-19 Women's Support Group</u> 11:30am-1:00pm Sue Wellerstein #9707</p> <p><u>Watercolor</u> 1:00-3:00pm David Deyell #9787</p>	<p><u>Chair Yogalates</u> 11:15am-12:15pm Ilene Berke #9789</p> <p><u>Senior Concerns Advocate</u> Appointments at 11:00am or 12:00pm *1st & 3rd Wed only</p> <p><u>Caregiver Support Group</u> 1:00-2:30pm #9770 *1st & 3rd Wed only</p>	<p><u>Jazzercise</u> 8:45-9:45am Elizabeth Eaves #9879</p> <p><u>Arthritis</u> 10:30-11:30am Lois Jackson #9784</p> <p><u>Senior Concerns Seminar: Financial Self Defense</u> *12/3 ONLY* 4:00-5:00pm *See website for details</p>	<p><u>Chair Yogalates</u> 11:15am-12:15pm Ilene Berke #9805</p>

Happy Holidays

