



# Dealing with Dementia Workshop

*Via Zoom*

Developed by the Rosalynn Carter  
Institute for Caregiving  
(RCI)

*Caregivers who attend this four-hour online workshop will receive  
a copy of the Dealing With Dementia Guide*

**January 25, 2021  
and  
January 26, 2021**

**10 am to 12 pm  
each day**

**\$50 fee includes books &  
materials**

- Gain a better understanding of Dementia
- Utilize strategies to effectively manage dementia behaviors
- Develop habits of stress management and self-care

**Facilitated By:**

Carie Salas, LCSW  
*and*

Faviola Navarro, MSW

**For questions or to register call 805.497.0189**

- ▶ Zoom link will be sent by email on January 22nd.
- ▶ Dealing with Dementia Guide can be picked up at Senior Concerns, or delivered prior to workshop upon payment receipt.
- ▶ Certificate of Completion will be emailed to participants following workshop.