

TUESDAY

8:45am-9:45am Jazzercise Elizabeth Eaves

10:30am-12:00pm

Music Appreciation

Bob Norgel

10:30am-11:30am Laugh, Flex & Stretch Lois Jackson

11:30am-1:00pm COVID-19 Women's
Support Group
Sue Wellerstein

1:00pm-3:00pm VVatercolor David Deyell

WEDNESDAY

11:15am-12:15pm Chair Yogalates Ilene Berke

THURSDAY

8:45am-9:45am Jazzercise Elizabeth Eaves

10:30am-11:30am Arthritis Lois Jackson

FRIDAY

11:15am-12:15pm Chair Yogalates Ilene Berke

