

# Weekly Schedule: March

## MONDAY

9:45-10:45am  
Strength Training  
Del Herrera  
**Hybrid**  
MPR  
No class 3/6

12:00-3:30pm  
Bridge  
**In-Person**  
Senior Room

2:00-3:00pm  
Do It Now Senior  
Fitness  
Tamara Kilpatrick  
**In-Person**  
MPR

## TUESDAY

8:45am-9:45am  
Jazzercise  
Elizabeth Eaves  
**In-Person**  
MPR

10:00-11:30am  
Music Appreciation  
**Hybrid**  
Teen Room

10:30-11:30am  
Laugh, Flex & Stretch  
Lois Jackson  
**Hybrid**  
MPR

11:15-12:30pm  
Book Club (3rd Tues)  
**In-Person**  
Senior Room

12:15-3:00pm  
Bingo  
**In-Person**  
Senior Room

12:30-3:00pm  
Watercolor  
David Deyell  
**Hybrid**  
MPR

1:00-4:00pm  
Mah Jongg &  
Board Games  
**In-Person**  
Teen Room

## WEDNESDAY

9:45-10:45am  
Strength Training  
Del Herrera  
**Hybrid**  
MPR  
No class 3/8

10:00am-1:00pm  
Mah Jongg &  
Board Games  
**In-Person**  
Senior Room

2:30-4:00pm  
Current Events  
Discussion Group  
**Hybrid**  
Senior Room

5:00-6:00pm  
Bootcamp Workout  
Stephanie Green  
**In-Person**  
MPR

## THURSDAY

8:45am-9:45am  
Jazzercise  
Elizabeth Eaves  
**In-Person**  
MPR

10:00am-1:00pm  
Mah Jongg &  
Board Games  
**In-Person**  
Senior Room

10:30-11:30am  
Arthritis  
Lois Jackson  
**Hybrid**  
MPR

2:00-3:00pm  
Do It Now Senior  
Fitness  
Tamara Kilpatrick  
**In-Person**  
MPR

## FRIDAY

9:45-10:45am  
Zumba  
Del Herrera  
**Hybrid**  
MPR  
No class 3/10

March 10th  
11:00am-1:00pm  
Farhana Indian  
Cooking Class  
**Virtual**  
Your Home

