

# Weekly Schedule: May

## MONDAY

9:45-10:45am  
Strength Training  
Del Herrera  
Hybrid  
No class 5/1 & 5/29  
MPR

12:00-3:30pm  
Bridge  
In-Person  
No play 5/29  
Senior Room

2:00-3:00pm  
Do It Now Senior  
Fitness  
Tamara Kilpatrick  
In-Person  
No class 5/29  
MPR

6:00-7:00pm  
Bollywood Dance  
Monica Sarin  
In-Person  
No class 5/29  
MPR

## TUESDAY

10:00-11:30am  
Music Appreciation  
Hybrid  
Teen Room

10:30-11:30am  
Laugh, Flex & Stretch  
Lois Jackson  
Hybrid  
MPR

11:15-12:30pm  
Book Club (3rd Tues)  
In-Person  
Senior Room

12:15-3:00pm  
Bingo  
In-Person  
Senior Room

12:30-3:00pm  
Watercolor  
David Deyell  
Hybrid  
MPR

1:00-4:00pm  
Mah Jongg &  
Board Games  
In-Person  
Teen Room

## WEDNESDAY

9:45-10:45am  
Strength Training  
Del Herrera  
Hybrid  
No class 5/3  
MPR

10:00am-1:00pm  
Mah Jongg &  
Board Games  
In-Person  
Senior Room

2:30-4:00pm  
Current Events  
Discussion Group  
Hybrid  
Senior Room

5:00-6:00pm  
Bootcamp Workout  
Stephanie Green  
In-Person  
MPR

## THURSDAY

10:00am-1:00pm  
Mah Jongg &  
Board Games  
In-Person  
Senior Room

10:30-11:30am  
Arthritis  
Lois Jackson  
Hybrid  
MPR

2:00-3:00pm  
Do It Now Senior  
Fitness  
Tamara Kilpatrick  
In-Person  
MPR

## FRIDAY

9:45-10:45am  
Zumba  
Del Herrera  
Hybrid  
No class 5/5  
MPR

