

AGOURA HILLS SENIOR PROGRAM

# SENIOR MOMENTS

*Recreation Programs for Adults 50+*



## In Loving Memory of Ellen Louise Wohl



Ellen was a vital part of the City of Agoura Hills Volunteer program, participating in the Senior Advisory Committee, CERT, and Reyes Adobe Days. She was also a docent at the Reyes Adobe and volunteered at the Agoura Hills Library. She was an inspiration to other volunteers and everyone she met. She loved her family, her community, and travel. We will miss her greatly.

### IN THIS ISSUE:

**OLDER AMERICANS  
MONTH IN MAY!  
CELEBRATE WITH US.**

**SENIOR EXPO 2024!**

**SENIOR EXCURSIONS**

**NEW CLASSES**

**SENIOR CONCERNS  
SEMINAR**



CITY OF  
AGOURA HILLS

**SPRING 2024:  
APRIL, MAY, JUNE**

THIS SEASON, WE CONTINUE TO OFFER A COMBINATION OF IN-PERSON AND HYBRID CLASSES.

### **STAY CONNECTED**

FOR UPDATES, PLEASE CHECK OUR WEBSITE:

AGOURAHILLSREC.ORG. THE MONDAY MORNINGS E-BLAST IS ANOTHER GREAT WAY OF RECEIVING UP TO DATE INFORMATION. FOR QUESTIONS OR TO BE ADDED TO THE MONDAY MORNINGS LIST PLEASE CALL 818-597-7361 OR EMAIL KBERRY@AGOURAHILLSCITY.ORG.

REGISTRATION FOR SPRING 2024 PROGRAMS AND EXCURSIONS OPENS MARCH 6 AT THE AGOURA HILLS RECREATION AND EVENT CENTER!

**REGISTER MARCH 6  
AT 9:00AM IN-PERSON**  
YOU CAN REGISTER ONLINE OR BY PHONE AT 12:00PM.

### **CLASSES & PROGRAMS**

FOR ALL IN-PERSON AND HYBRID CLASSES, THE FOLLOWING POLICIES ARE IN PLACE:

MOST SENIOR ACTIVITIES WILL REQUIRE A CURRENT SENIOR MEMBERSHIP AT REGISTRATION.

MASKS ARE OPTIONAL, BUT RECOMMENDED.

STAFF DOES NOT SANITIZE EQUIPMENT BEFORE OR AFTER CLASSES.

DISINFECTING SUPPLIES ARE AVAILABLE FOR PARTICIPANT USE.

### **2024 SENIOR MEMBERSHIP**

THE 2024 SENIOR MEMBERSHIP IS GOOD FOR ONE CALENDAR YEAR AND CAN BE PURCHASED IN-PERSON OR ONLINE AT AGOURAHILLSREC.ORG FOR \$15.

YOUR MEMBERSHIP ALLOWS FOR CLASS DISCOUNTS, EARLY REGISTRATION FOR EXCURSIONS, AND SOME SPECIAL EVENTS.

### **VOLUNTEERS NEEDED!**

OUR INCREDIBLE VOLUNTEERS PLAY A VITAL ROLE AT THE AGOURA HILLS RECREATION AND EVENT CENTER. VOLUNTEER OPPORTUNITIES RANGING FROM SPECIAL EVENTS TO TEACHING CLASSES!

FOR MORE INFORMATION, CONTACT KATY BERRY.

### **SENIOR ADVISORY COMMITTEE**

ARE YOU INTERESTED IN BEING ON THE SENIOR ADVISORY COMMITTEE?

THESE INDIVIDUALS WILL HELP GROW AND EVOLVE THE SENIOR PROGRAM BY SHARING THEIR THOUGHTS AND OPINIONS DURING COMMITTEE MEETINGS.

IF YOU ARE INTERESTED IN LEARNING MORE OR PARTICIPATING, PLEASE CONTACT KATY BERRY VIA EMAIL AT KBERRY@AGOURAHILLSCITY.ORG.

**WE CONTINUE TO ADD NEW CLASSES AND PROGRAMS.**

**TO VIEW CLASSES GO TO AGOURAHILLSREC.ORG.**

# ON-GOING SPRING PROGRAMS

## HYBRID CLASSES

### CURRENT EVENTS DISCUSSION

**Senior Membership required**

Location: Senior Room

#13962 Wed 1:30-3:00pm 4/3-6/26 FREE

### MUSIC APPRECIATION

**Senior Membership required**

Location: The Lounge

#14032 Tue 10:00-11:30am 4/2-6/25 FREE

## IN-PERSON CLASSES

### BRIDGE

**Senior Membership required**

No play 5/27

Location: Senior Room

#13992 Mon 12:00-3:30pm 4/1-6/24 \$10.00

### BINGO

**Senior Membership required**

\$0.75 per card

Location: Senior Room

#13944 Tue 12:15-3:00pm 4/2-6/25 \$10.00

### BOOK CLUB

**Senior Membership required**

Book Club is held on the third Tuesday of each month. Books are not provided. The books that the club will be discussing will be announced online at [agourahillsrec.org](http://agourahillsrec.org).

Location: Conference Room

#13958 Tue 11:15-12:30pm 4/16-6/18 FREE



# ON-GOING SPRING PROGRAMS

## IN-PERSON CLASSES

### **\*NEW CLASS\*** **MUSIC WITH MARK**

#### **Senior Membership required**

Bring yourself for a fun tour of your favorite songs. Pop, musicals, piano bar, sing-a-long rock and more. Come participate in an hour of good times.

Location: Lounge

#14175 Thu 12:30-1:30pm 4/25-6/27 FREE



We will be celebrating  
Older American's Month in May  
at the Agoura Hills Recreation & Event Center.

More information to come!

### **NEW PROGRAMS!**

If you would like to suggest new programs at our recreation center, please let us know! We are always looking to add new classes and instructors to teach, so if you or someone else you know would like to teach a class, please reach out to Katy Berry via email at [kberry@agourahillscity.org](mailto:kberry@agourahillscity.org), or call 818-597-7361.

### **BEGINNING CHESS CLASS**

#### **Senior Membership required**

Learn the fundamentals of playing chess and work on improving strategic thinking. This class will teach them quick decision making skills and multiple ways to win through guided instruction. Open to all skill levels.

Location: Senior Room

#13942 Tue 5:30-6:30pm 4/9-5/28 \$10.00



### **SENIOR ESPORTS LEAGUE: VIRTUAL BOWLING**

Join our senior esports and experience the joy of competitive and casual gaming on the Nintendo Switch! In this engaging one-hour session, seasoned players and newcomers alike come together to showcase their skills in a variety of sports games. From virtual bowling matches to thrilling tennis bouts, our participants bond over their love of gaming, while staying active and mentally sharp. Instructor: Staff

Location: The Lounge

#14044 Wed 10:00-11:00pm 4/3-6/26 \$15.00

# HYBRID CLASSES

Hybrid classes occur both in-person and virtually. The class is taught at the Center, but you have the option to take the class from the comfort of your own home on Zoom. You will need a computer, laptop, iPad, or Smartphone with a working camera to participate. Call 818-597-7361 for more information.

## ARTHRITIS

\*Membership required

This music class incorporates dancing (seated or standing), range of motion, strength training, balance, coordination, and deep breathing. Most, but not all, of the exercises are done seated in a chair. Our exercises also focus on mindfulness and meditated moments that enhance breath control while moving.

Instructor: Lois Jackson \*

Location: MPR 1 & 2 or Your Home

#13937	Thu	10:30 -11:30am	4/4 - 4/25	\$10.00
#13938	Thu	10:30 -11:30am	5/2 - 5/30	\$12.50
#13939	Thu	10:30 -11:30am	6/6 - 6/27	\$10.00

## LAUGH, FLEX & STRETCH

\*Membership required

Through movement and specific exercise, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living.

Instructor: Lois Jackson \*

Location: MPR 1 & 2 or Your Home

#14012	Tue	10:30 -11:30am	4/2 - 4/30	\$12.50
#14013	Tue	10:30 -11:30am	5/7 - 5/28	\$10.00
#14014	Tue	10:30 -11:30am	6/4 - 6/25	\$10.00

## ZUMBA

\*Membership required

Latin and International Rhythms with high impact, may be modified to your level. No class 5/10. Drop in fee \$9.00. Instructor: Del Herrera NASM CPT\*

Location: MPR 1 & 2 or Your Home

#14158	Fri	9:45-10:45am	4/5-4/26	\$24.00
#14159	Fri	9:45-10:45am	5/3-5/31	\$24.00
#14160	Fri	9:45-10:45am	6/7-6/28	\$24.00

## SENIOR JAZZERCISE LITE

\*Membership required

The class offers non-competitive atmosphere, easy to follow routine, gentle warm-up, low-impact aerobics, muscle toning, stretching segments, and cool-down.

Instructor: Elizabeth Eaves \*

Location: MPR 1 & 2 or Your Home

#14009	T/Thu	8:45-9:45am	4/2 - 4/30	\$55.00
#14010	T/Thu	8:45-9:45am	5/2 - 5/30	\$55.00
#14011	T/Thu	8:45-9:45am	6/4 - 6/27	\$55.00

## STRENGTH TRAINING

\*Membership required

Strength Training is focused on improving muscle mass, bone density, and flexibility. Body weight and weighted exercises will be used. Must be able to get up and down from floor. Dumbbells will be provided, but you may bring your own. No class 5/6, 5/8, 5/27.

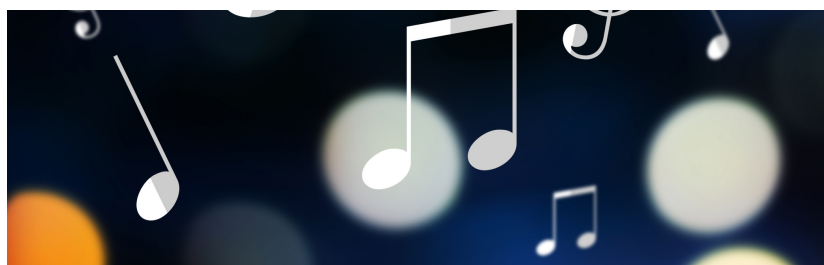
Instructor: Del Herrera NASM CPT \* Location: MPR 1 & 2 or Your Home

### Monday

#14045	Mon	9:45 -10:45am	4/1 - 4/29	\$75.00
#14046	Mon	9:45 -10:45am	5/13 - 5/20	\$30.00
#14047	Mon	9:45 -10:45am	6/3 - 6/24	\$60.00

### Wednesday

#14048	Wed	9:45 -10:45am	4/3 - 4/24	\$60.00
#14049	Wed	9:45 -10:45am	5/1 - 5/29	\$60.00
#14050	Wed	9:45 -10:45am	6/5 - 6/26	\$60.00



# IN PERSON CLASSES

THESE CLASSES WILL TAKE PLACE IN-PERSON ONLY.  
DROP-IN OPTIONS ARE AVAILABLE FOR SOME CLASSES.

## Bollywood Dance

This class offers dance and movement for all levels, whether you are a beginner, or a seasoned performer looking to learn a new style or develop a new technique. Inspired by the high energy music from Bollywood Indian movies. No class 5/27. Drop in fee \$25.00. Instructor: Monica Sarin

Location: MPR 1&2

#13948	Mon	6:00-7:00pm	4/1-4/29	\$100.00
#13952	Mon	6:00-7:00pm	5/6-5/20	\$60.00
#13957	Mon	6:00-7:00pm	6/3-6/24	\$80.00



## DO IT NOW

Different weights and degrees of intensity in band resistance allow seniors of different fitness levels to enjoy upbeat music and expert instruction. No class 5/27. Drop in fee \$7.00. Instructor: Tamara Kilpatrick

Location: MPR 1&2

### Monday

#13966	Mon	2:00-3:00pm	4/1-4/29	\$25.00
#13970	Mon	2:00-3:00pm	5/6-5/20	\$15.00
#13975	Mon	2:00-3:00pm	6/3-6/24	\$20.00

### Thursday

#13980	Thu	2:00-3:00pm	4/4-4/25	\$20.00
#13986	Thu	2:00-3:00pm	5/2-5/30	\$25.00
#13991	Thu	2:00-3:00pm	6/6-6/27	\$20.00

## TAI CHI & QIGONG

The long-established forms of Tai Chi and Qigong bring out your natural sense of Wuji - the original, relaxed state of the body. Your mind, your body, your emotions, and your self become more harmonious. No class 5/27. Part 1 Drop-in Fee \$15.00. Parts 1&2 Drop-in Fee \$20.00. Instructor: Caroline Hatfield.

Location: MPR 1&2

### Part 1

#14054	Mon	12:00-1:05pm	4/1-4/29	\$50.00
#14058	Mon	12:00-1:05pm	5/6-5/20	\$30.00
#14062	Mon	12:00-1:05pm	6/3-6/24	\$40.00

### Part 1&2

**(Prerequisite: Need to do part 1 for at least one class)**

#14066	Mon	12:00-1:30pm	4/1-4/29	\$75.00
#14070	Mon	12:00-1:30pm	5/6-5/20	\$45.00
#14075	Mon	12:00-1:30pm	6/3-6/24	\$60.00

## BEGINNERS MAH JONGG

### Senior Membership required

Participants will learn how to identify tiles, read and understand the National Mah Jongg league cards, and how to select a hand. The instructor will teach you how to play and learn basic strategies to win the game. Participants will need to purchase a 2024 National Mah Jongg League Card prior to class. Location: Senior Room

#13940	Thu	10:00-11:30am	5/2-5/23	\$85.00
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# IN PERSON CLASSES

THESE CLASSES WILL TAKE PLACE IN-PERSON ONLY.  
DROP-IN OPTIONS ARE AVAILABLE FOR SOME CLASSES.

## SENIOR CLAY CLASS

\*Membership required

Learn how to hand build with air-dry clay in this engaging and creative class for all skill levels.

Materials are not included in the class fee.

Participants will be given a materials list upon registration. Instructor: Fariba Mahgerefteh

Location: Classroom C

#14035 Fri 1:00-2:30pm 4/5-4/26 \$40.00

#14036 Fri 1:00-2:30pm 5/3-5/31 \$50.00

#14037 Fri 1:00-2:30pm 6/7-6/28 \$40.00

## Basic Photography Class

You will get the maximum out of your digital camera by learning the 'exposure triangle', then analyze easy assignments through daily reviews. Topics for discussion include studio lighting, panoramic scenes, and capturing the 'Milky Way'. Finally, editing with photoshop for export, archiving, and image ready for printing. Requirements: manual camera and thumb drive. Location: Classroom C

### SENIOR & VETERANS PRICING (50yrs+)

**Senior Membership required**

#14033 Sat 9:00am-12:00pm 4/6-5/11 \$30.00

### ADULT PRICING (18yrs+)

#14034 Sat 9:00am-12:00pm 5/25-6/29 \$35.00

# FREE SENIOR EXPO

**Wednesday, May 1, 2024**

**Agoura Hills Recreation and Event Center**

Call 818-597-7361 or go online at [agourahillsrec.org](http://agourahillsrec.org) for more details!



## FLEX AND RENEW

This class focuses on flexibility, breathwork, and mobility exercises and helps you release stress and improve range of motion. Must be able to get up off the floor. No class 5/6, 5/8, 5/27.

Instructor: Del Herrera \* Location: MPR 1 & 2

### Monday

#14003 Mon 11:00-11:30am 4/1 - 4/29 \$50.00

#14004 Mon 11:00-11:30am 5/13 - 5/20 \$20.00

#14005 Mon 11:00-11:30am 6/3 - 6/24 \$40.00

### Wednesday

#14000 Wed 11:00-11:30am 4/3 - 4/24 \$40.00

#14001 Wed 11:00-11:30am 5/1 - 5/29 \$40.00

#14002 Wed 11:00-11:30am 6/5 - 6/26 \$40.00

# ADDITIONAL PROGRAMS



In partnership with



## SENIOR ADVOCACY SERIES

Seniors and family caregivers are often faced with complicated, confusing, and frustrating issues, resulting in concerns and questions. Senior Concerns Advocates are here to help! Speak with an advocate by phone or over Zoom for information and assistance regarding housing, transportation, legal issues, health-related issues, in-home care or facility placement, government benefits, senior programs, health and long-term care insurance, assistance programs, completion of forms and applications for programs and services. For more information, please contact Senior Concerns 805-497-0189. Facilitated by: Senior Advocate from Senior Concerns. Location: Your Home

## CAREGIVER SUPPORT GROUP

The Caregiver Support Center serves as an essential resource for emotional, social, and physical support, information, and respite from the stress of caregiving. Caregiver Support Center services can provide resources, individualized consultations, community training & education, assessment of current caregiving challenges, review of medical, legal, physical, social & financial concerns. Our Support Groups help caregivers discuss and resolve problems and determine needs in caring for older adults.

Support groups are open to anyone who is caring for an aging loved one. For information on the Caregiver Support Center visit [www.seniorconcerns.org](http://www.seniorconcerns.org) or contact Hannah Hoffman at [hhoffman@seniorconcerns.org](mailto:hhoffman@seniorconcerns.org) or 805-497-0189. Facilitated by: Senior Advocate from Senior Concerns.

Location: Your Home

## SEMINARS & WORKSHOPS

Seminars offered monthly, with more seminars announced as planned.  
Register at [seniorconcerns.org/seminars](http://seniorconcerns.org/seminars)

### SENIOR CONCERNS LECTURE: FAIR HOUSING WORKSHOP \* AGES 50+

Please join the Housing Rights Center for our Fair Housing Workshop. Whether a tenant, property owner, non-profit, or public representative, HRC can help you learn about Fair Housing laws, illegal housing practices, and landlord-tenant rights and responsibilities. Our training will provide an overview of protected classes under federal and statewide tenant protections, and HRC's services. Presented by: Housing Rights Center with Senior Concerns. Location: Conference Room

#14038 Thu 11:00am-12:00pm 5/9 FREE





# SENIOR EXCURSIONS

Registration Opens MARCH 6th at 9:00AM In-Person!  
Online and phone registrations begin at 12:00pm.

\*Trip locations, transportation, time and pricing are subject to change without notice\*

\*See members and guests and boarding of the bus information listed below\*

\*Tour escorts are not responsible for arranging transportation for excursions\*

\*Refunds/Transfers/Credits granted only if your spot can be filled\*

## MEMBERS AND GUESTS

Must be a current 2024 Senior Member to enroll in the following trips. Senior Members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Senior participants who wish to register a guest may do so after the first week of registration. Enrolled guests must fill out a waiver and provide emergency contact information.

## BOARDING OF THE BUS

Beginning times stated are the departure times for the excursion. Please arrive 30 minutes early to check in for the bus trips.

\*All participants who use a cane, wheelchair or walker have the option to board the bus first. Let the tour escort know when you are signing in. Front rows are reserved for the tour escorts.\*

## Gourmet Luncheons

Spend an afternoon exploring different culinary palates. Meal is not included in the price of the trip. Expect to pay \$20-30 for lunch (cash only). Depart at 11:00am, with return time of 2:00pm. Price for luncheon is \$7. **NOTE: LIGHT TO MODERATE WALKING.**

**NO REFUNDS/TRANSFERS/CREDITS GRANTED AT ALL FOR THESE TRIPS.** Shuttle Departs:

Recreation Center

**Golden Panda Buffet/Chinese/Simi Valley**

#14041 Thu 11:00am-2:00pm 4/4 \$7.00

**Eggs & Things/American/Thousand Oaks**

#14042 Tue 11:00am-2:00pm 5/14 \$7.00

**Money Pancho/Mexican/Camarillo**

#14043 Tue 11:00am-2:00pm 6/4 \$7.00

## Dining Adventure: Beverly Glen Deli

Come and join us again on a dining adventure to check out another of L.A.'s delis. The Beverly Glen Deli has been open since 1969 and is a favorite eating establishment of the Beverly Hills diners. They have a very nice ambience that includes patio availability, and they have a huge menu that includes Jewish specialties as well as regular deli items. Meal is not included in the price of the trip. Expect to pay \$30-\$40 for your meal (Cash only).

**NOTE: LIGHT WALKING. ADA ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS GRANTED AT ALL FOR THESE TRIPS.** Location: Los Angeles \* Shuttle Departs: Recreation Center.

#14039 Thu 10:45am-2:30pm 4/18 \$7.00

# SENIOR EXCURSIONS

## Gourmet Dinner: Saddle Peak Lodge

Join us for a return visit to one of our favorite dining places – the Saddle Peak Lodge in Calabasas. The Saddle Peak Lodge started out as a hunting lodge, then became a roadhouse where stars went to eat and drink with friends and family. The ambiance is perfect for any event. Meal is not included in the price of the trip. Please bring cash only. **NOTE: LIGHT WALKING. ADA ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS GRANTED AT ALL FOR THESE TRIPS.** Location: Calabasas \* Shuttle Departs: Recreation Center

#14040 Tue 5:30-8:00pm 5/21 \$7.00



## Moorpark's Teaching Zoo

The Exotic Animal Training and Management (EATM) program was established as a major at Moorpark College in 1974. The animal collection has grown over the years as animals were acquired through donations, breeding, loans from major zoos, and research centers.

Moorpark has become a major learning institute for animal husbandry and veterinary study. After our tour, we will have lunch on our own at Golden Panda Buffet in Simi. Meal is not included in the price of this trip. **NOTE: EXTENSIVE WALKING. ADA ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.** Location: Moorpark \* Shuttle Departs: Recreation Center

#14170 Tue 9:40am-2:40pm 6/11 \$35.00



# SENIOR EXCURSIONS

## Senior Excursion: Riverside Mission Inn Tour

We will be going to Riverside to visit the venerable, beautiful Mission Inn. It began as a boarding house in 1876, and by 1903 several additions had been added to the Inn to accommodate 200 guests. The Mission Inn is a lovely place to stay, and many celebrities are spotted here. Come and join us for an interesting, historical, docent-led tour, and you will see the oldest bell in Christendom, which dates from 1247. After our tour, we will be lunching at the Old Spaghetti Factory. Meal is not included in the price of the excursion.

**NOTE: EXTENSIVE WALKING. ADA ACCESSIBLE.**

**REFUNDS/TRANSFERS/CREDITS GRANTED**

**ONLY IF YOUR SPOT CAN BE FILLED.** Location:  
Riverside \* Shuttle Departs: Recreation Center

#14168 Fri 9:00am-5:00pm 4/12 \$40.00



## Senior Excursion: Schindler House and Tam O'Shanter

Rudolph Schindler was an Austrian American architect who worked with Frank Lloyd Wright and did much of the design of the Hollyhock House.

Built in 1922 as his personal residence, the Schindler House has a very unconventional design because it manifests both his European and American experiences. The integration of the building and landscape make it arguably the most innovative residence in modern architecture.

After our tour, we will be heading to the oldest continuously operating restaurant in Southern California - the Tam O'Shanter. We will enjoy a wonderful prime rib lunch with all the trimmings!

Meal is included in the price of the excursion.

**NOTE: EXTENSIVE WALKING. ADA ACCESSIBLE.**

**REFUNDS/TRANSFERS/CREDITS GRANTED ONLY**

**IF YOUR SPOT CAN BE FILLED.** Location: West  
Hollywood \* Shuttle Departs: Recreation Center

#14169 Wed 9:45am-3:30pm 5/8 \$90.00

# TRANSPORTATION



DIAL-A-RIDE RIDESHARE SERVICE OFFERS TRANSPORTATION SERVICES TO SENIORS (50 +) AND PEOPLE WITH DISABILITIES

## HOURS OF OPERATION\*

Monday - Friday

5:00 a.m. - 8:00 p.m.

Saturday - Sunday

7:00 a.m. - 8:00 p.m.

\*Hours subject to change

## FARES

Agoura Hills, Malibu Lake and unincorporated areas:

\$1.50/per one-way/per rider.

Approved out-of-city destinations:

\$3.00/per one-way/per rider

## SERVICE AREAS

Agoura Hills/Malibu Lake: Any two points within the City limits of Agoura Hills and the Malibu Lake area.

There are also destinations of interest to Westlake Village, Thousand Oaks, and Oak Park for an increased fare.

**ADVANCED RESERVATIONS ARE STRONGLY ADVISED**

**BOOK NOW**

 **805-375-5467**



AH-GO ON-DEMAND RIDESHARE SERVICE IS AN EXPANSION OF THE CITY'S DIAL-A-RIDE SERVICE FOR THE GENERAL PUBLIC

## HOURS OF OPERATION\*

Thursday, Friday and Saturday

2:00 p.m. - 10:00 p.m.

Sunday and Monday

8:00 a.m. - 4:00 p.m.

\*Hours subject to change

## FARES

Agoura Hills, Malibu Lake and unincorporated areas:

\$2.00/per one-way/per rider.

Approved out-of-city destinations:

\$4.00/per one-way/per rider

## SERVICE AREAS

Agoura Hills/Malibu Lake: Any two points within the City limits of Agoura Hills and the Malibu Lake area.

There are also destinations of interest to Westlake Village, Thousand Oaks, and Oak Park for an increased fare.

**DOWNLOAD THE FREE APP NOW OR BOOK BY CALLING 818-256-3797**

Download on the App Store  
Get it on Google Play



# REGISTRATION FORM



(ADULT/ PAYEE) FIRST \_\_\_\_\_ LAST \_\_\_\_\_

BIRTH DATE (PAYEE) \_\_\_\_\_ EMAIL \_\_\_\_\_

MAIL RECEIPT    DON'T MAIL RECEIPT    E-MAIL RECEIPT

EMAIL PROGRAM INFORMATION ABOUT \_\_\_\_\_    DON'T EMAIL PROGRAM UPDATES

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_ HOME PH. \_\_\_\_\_

WORK PH. \_\_\_\_\_ CELL PH. \_\_\_\_\_ CELL PROVIDER \_\_\_\_\_

AGREE TO RECEIVE TEXT MESSAGES?

PARTICIPANT'S NAME		GENDER	BIRTH DATE	ACTIVITY NAME	ACTIVITY #	ACTIVITY FEE
FIRST	LAST					
<b>TOTAL FEE</b> ⇨						

Payment by:  Cash    Check    Charge

## REASONABLE ACCOMODATIONS

The City of Agoura Hills provides a variety of programs, activities, and classes for all members of the community, including children, teens, and adults with special needs. Parents wishing to enroll their child with special needs or specific accommodations in any of our programs, activities, and/or classes should make sure to let the Department of Community Services know in advance of registering so that requests can be accommodated. Those parents will be contacted by the Department of Community Services staff so that reasonable accommodations can be made to accommodate the inclusion of their special needs child. Because of the limited staff ratio, it is usually required that a child with special needs be accompanied by an aide or caregiver, depending on the severity of the disability.



### General Release, Waiver And Indemnity Agreement

I certify that I am volunteering to participate in the above program(s). I understand that "participation" in the Program may include preparing for, traveling, receiving instruction, and engaging in the Program. I further certify that I am in good health and have no physical or other impediment which would endanger me while participating in the Program. I realize that, by participating in this Program, I will be exposed to a risk of injury or death. In consideration of permitting me to enroll in and participate in the Program, I agree (on behalf of myself, my heirs, executors, administrators, and assigns) to release, discharge, waive and relinquish the City of Agoura Hills (and its officers, agents, employees, and volunteers) from any and all liabilities, claims, or actions for personal injury, property damage, or wrongful death which arise out of or relate to the Program, whether or not the liability, claim, or action arises out of negligence or carelessness on the part of the City of Agoura Hills (or its officers, agents, employees, or volunteers). I further agree (on behalf of myself, my heirs, executors, administrators, and assigns) to indemnify, defend, and hold harmless the City of Agoura Hills (and its officers, agents, employees, and volunteers) from any and all liabilities, claims, or actions for personal injury, property damage, or wrongful death which arise out of or relate to my participation in the Program, whether or not the liability, claim, or action arises out of negligence or carelessness on the part of the City of Agoura Hills (or its officers, agents, employees, or volunteers). I understand the dangers incidental to participating in the Program and the need for safety precautions. I have read this General Release, Waiver and Indemnity Agreement and am fully aware of the legal consequences of signing it.

**PARENTAL CONSENT:** (To be completed and signed by parent/guardian if applicant is under 18 years of age.) I certify that I am the parent or legal guardian of the above participant and that I am entitled to his or her custody and control and I do hereby give permission for the Child to participate in the above activity. I further certify that the Child is in good health and has no physical or other impediment which would danger him or her while participating in the Program. I realize that, by participating in this Program, the Child will be exposed to a risk of injury or death. I hereby execute the above Agreement, Waiver, and Release of his/her behalf. I understand the dangers incidental to participating in the Program and the need for safety precautions and I have discussed the dangers of the program and the need for safety precautions with the child.

Individuals with disabilities requiring any accommodations to participate in the program in which you are registering must inform the City of Agoura Hills Department of Community Services at the time of the registration is submitted. Individuals needing such accommodations must document the need for such accommodations including the type and extent of accommodations to complete the registration form or participate in the registered programs.

The Department of Community Services has the right to refuse a participant in any program or activity who violates the standard rules of conduct for city programs, or whose behavior while participating is, in the sole judgment of city personnel, otherwise detrimental to the safety and/or enjoyment of other participants.

I have read and understand the general release, waiver and indemnity agreement.



Signature \_\_\_\_\_ Date \_\_\_\_\_ Total Fee \_\_\_\_\_ Staff Initials \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ 3 Digit Security Code on the Back of Card \_\_\_\_\_

Cardholder's Name \_\_\_\_\_ Cardholder's phone number \_\_\_\_\_

Cardholder's Address  Same as above or \_\_\_\_\_

City of Agoura Hills  
Department of Community Services  
Agoura Hills Recreation and Event Center  
29900 Ladyface Court  
Agoura Hills CA 91301  
Phone: 818-597-7361

PRSRT STD  
U.S. POSTAGE PAID  
THOUSAND OAKS, CA  
Permit No. 993

Current Resident or

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## COMMUNITY INFORMATION

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Agoura Hills Public Library  
(818) 889-2278

Animal Control  
(818) 991-0071

Cancer Support Community  
(805) 379-4777

Department of Motor Vehicles  
(DMV)  
(800) 777-0133

Dial-A-Ride (Agoura Hills)  
(805) 375-5467

Dial-A-Ride (Calabasas)  
(818) 632-6211

Dial-A-Ride (Thousand Oaks)  
(805) 375-5467

Las Virgenes Water District  
(818) 251-2100

Meals On Wheels  
(805) 497-0189

Medicare  
(800) 633-4227

Sheriff's Dept. (non-emergency)  
(818) 878-1808

Social Security Administration  
(Thousand Oaks)  
(800) 772-1213

Southern California Edison  
(800) 655-4555

Southern California Gas Co  
(800) 427-2200

United States Post Office  
(Agoura Hills)  
(800) 275-8777

Urgent Care (Westlake Village)  
(805) 379-9125



Scan QR Code  
for more information