

# Weekly Schedule: March

## MONDAY

9:45-10:45am  
Strength Training  
*Del Herrera*

Hybrid  
MPR

12:00-1:30pm  
Qigong  
*Caroline Hatfield*

In-Person  
MPR

12:00-3:00pm  
Duplicate Bridge  
*Bruce Fleck*

In-Person  
Senior Room

2:00-3:00pm  
Do It Now  
*Tamara Kilpatrick*

In-Person  
MPR

6:00-7:00pm  
Bollywood Dance  
*Monica Sarin*

In-Person  
MPR

## TUESDAY

8:45-9:45am  
Jazzercise  
*Elizabeth Eaves*

Hybrid  
MPR

10:00-11:30am  
Music Appreciation  
*Robert Norgel*

Hybrid  
Teen Room

10:30-11:30am  
Laugh, Flex & Stretch  
*Lois Jackson*

Hybrid  
MPR

11:15-12:30pm  
Book Club (3rd Tues)  
*Conf. Room*

In-Person  
Conf. Room

12:15-3:00pm  
Bingo  
*In-Person*  
Senior Room

12:30-3:00pm  
Watercolor  
*David Deyell*  
Hybrid  
MPR

5:30-6:30pm  
Beginning Chess for  
Seniors  
*In-Person*  
Senior Room

## WEDNESDAY

9:45-10:45am  
Strength Training  
*Del Herrera*

Hybrid  
MPR

1:30-3:00pm  
Current Events  
Discussion Group  
Hybrid

Senior Room

4:00-5:00pm  
Youth Clay Class  
*Fariba M.*

In-Person  
Classroom C

## THURSDAY

8:45-9:45am  
Jazzercise  
*Elizabeth Eaves*

Hybrid  
MPR

10:30-11:30am  
Arthritis  
*Lois Jackson*

Hybrid  
MPR

12:30-1:30pm  
Music w. Mark  
*Mark Mendenhall*

In-Person  
Lounge

2:00-3:00pm  
Do It Now  
Senior Fitness  
*Tamara Kilpatrick*

In-Person  
MPR

4:30-5:30pm  
Youth Chess Class  
*In-Person*

Senior Room

## FRIDAY

9:45-10:45am  
Zumba  
*Del Herrera*

Hybrid  
MPR

1:00-2:30pm  
Senior Clay Class  
*Fariba M.*

In-Person  
Classroom C

