AGOURA HILLS SENIOR PROGRAM

SENIOR MOMENTS

Recreation Programs for Adults 50+



Check Out Our Volunteers!





GOURA HILLS SUMMER 2024: JULY, AUG, SEPT IN THIS ISSUE:

NEW CLASSES

OLDER AMERICANS MONTH IN MAY! CELEBRATE WITH US.

SENIOR EXCURSIONS

SENIOR EXPO 2024!

SENIOR CONCERNS SEMINAR



THIS SEASON, WE CONTINUE TO OFFER A COMBINATION OF IN-PERSON AND HYBRID CLASSES.

STAY CONNECTED

FOR UPDATES, PLEASE CHECK OUR WEBSITE: AGOURAHILLSREC.ORG. THE MONDAY MORNINGS E-BLAST IS ANOTHER GREAT WAY OF RECEIVING UP TO DATE INFORMATION. FOR QUESTIONS OR TO BE ADDED TO THE MONDAY MORNINGS LIST PLEASE CALL 818-597-7361 OR EMAIL KBERRY@AGOURAHILLSCITY.ORG. REGISTRATION FOR SUMMER 2024 PROGRAMS AND EXCURSIONS OPENS MAY 8 AT THE AGOURA HILLS RECREATION AND EVENT CENTER!

REGISTER MAY 8 AT 9:00AM IN-PERSON

YOU CAN REGISTER ONLINE OR BY PHONE AT 12:00PM.

CLASSES & PROGRAMS

FOR ALL IN-PERSON AND HYBRID CLASSES, THE FOLLOWING POLICIES ARE IN PLACE:

MOST SENIOR ACTIVITIES WILL REQUIRE A CURRENT SENIOR MEMBERSHIP AT REGISTRATION.

MASKS ARE OPTIONAL, BUT RECOMMENDED.

STAFF DOES NOT SANITIZE EQUIPMENT BEFORE OR AFTER CLASSES.

DISINFECTING SUPPLIES ARE AVAILABLE FOR PARTICIPANT USE.

2024 SENIOR MEMBERSHIP

THE 2024 SENIOR MEMBERSHIP IS GOOD FOR ONE CALENDAR YEAR AND CAN BE PURCHASED IN-PERSON OR ONLINE AT AGOURAHILLSREC.ORG FOR \$15.

YOUR MEMBERSHIP ALLOWS FOR CLASS DISCOUNTS, EARLY REGISTRATION FOR EXCURSIONS, AND SOME SPECIAL EVENTS.

VOLUNTEERS NEEDED!

OUR INCREDIBLE VOLUNTEERS PLAY A VITAL ROLE AT THE AGOURA HILLS RECREATION AND EVENT CENTER. VOLUNTEER OPPORTUNITIES RANGING FROM SPECIAL EVENTS TO TEACHING CLASSES! FOR MORE INFORMATION, CONTACT KATY BERRY.

SENIOR ADVISORY COMMITTEE

ARE YOU INTERESTED IN BEING ON THE SENIOR ADVISORY COMMITTEE?

THESE INDIVIDUALS WILL HELP GROW AND EVOLVE THE SENIOR PROGRAM BY SHARING THEIR THOUGHTS AND OPINIONS DURING COMMITTEE MEETINGS.

IF YOU ARE INTERESTED IN LEARNING MORE OR PARTICIPATING, PLEASE CONTACT KATY BERRY VIA EMAIL AT KBERRY@AGOURAHILLSCITY.ORG.

WE CONTINUE TO ADD NEW CLASSES AND PROGRAMS.

TO VIEW CLASSES GO TO AGOURAHILLSREC.ORG.

ON-GOING SUMMER PROGRAMS

HYBRID CLASSES

CURRENT EVENTS DISCUSSION

Senior Membership required

Location: Senior Room #14316 Wed 1:30-3:00pm 7/3-9/25 FREE **MUSIC APPRECIATION**

Senior Membership required

Location: The Lounge or Your Home #14388 Tue 10:00-11:30am 7/3-9/25 FREE

WATERCOLOR AGES 16+

Artists will learn methods of creating bright, colorful, and interesting watercolors. Students will receive an inspirational landscape photo for their own interpretive painting.

Location: Multi-Purpose Room

#14486 Tue 12:30pm 3:00pm 7/2 7/30 #14487 Tue 12:30pm 3:00pm 8/6 8/27 #14488 Tue 12:30pm 3:00pm 9/3 9/24

IN-PERSON CLASSES

BRIDGE

Senior Membership required

No play 9/2. Location: Senior Room

#14348 Mon 12:00-3:30pm 7/1-9/30 \$10.00



BINGO

Senior Membership required

\$0.75 per card Location: Senior Room #14299 Tue 12:15-3:00pm 7/2-9/24 \$10.00

BOOK CLUB

Senior Membership required

Book Club is held on the third Tuesday of each month. Books are not provided. The books that the club will be discussing will be announced in the Monday Morning E-Blast on a later date.

Location: Conference Room #14312 Tue 11:15am-12:30pm 7/16-9/17 FREE

ON-GOING SUMMER PROGRAMS

IN-PERSON CLASSES

NEW CLASS MUSIC WITH MARK

Senior Membership required

Bring yourself for a fun tour of your favorite songs. Pop, musicals, piano bar, sing-a-long rock and more. Come participate in an hour of good times. No class 7/4. Location: Senior Room

#14389 Thu 12:00-1:00pm 7/11-9/26 FREE



We will be celebrating Older American's Month in May at the Agoura Hills Recreation & Event Center.

More information to come!

NEW PROGRAMS!

If you would like to suggest new programs at our recreation center, please let us know! We are always looking to add new classes and instructors to teach, so if you or someone else you know would like to teach a class, please reach out to Katy Berry via email at kberry@agourahillscity.org, or call 818-597-7361.

BEGINNING CHESS CLASS

Senior Membership required

Learn the fundamentals of playing chess and work on improving strategic thinking. This class will teach them quick decision making skills and multiple ways to win through guided instruction. Open to all skill levels.

Location: Senior Room #14297 Tue 5:30-6:30pm 8/6-9/24 \$15.00



SENIOR ESPORTS LEAGUE

Join our senior esports and experience the joy of competitive and casual gaming on the Nintendo Switch! In this engaging one-hour session, seasoned players and newcomers alike come together to showcase their skills in games like bowling & pickleball. Location: The Lounge #14402 Wed 10:00-11:00pm 7/3-9/25 \$15.00

HYBRID CLASSES

Hybrid classes occur both in-person and virtually. The class is taught at the Center, but you have the option to take the class from the comfort of your own home on Zoom. You will need a computer, laptop, iPad, or Smartphone with a working camera to participate. Call 818-597-7361 for more information.

ARTHRITIS <u>*Membership required</u>

This music class incorporates dancing (seated or				
standing),	range	of motion, stren	gth training,	balance,
coordi	natior	n, and deep brea	thing. Our cl	ass is
	mir	ndful, physical en	joyment.	
No	No class 7/4. Instructor: Lois Jackson*			
	Location: MPR 1 &2 or Your Home			
#14292	Thu	10:30 -11:30am	7/11-7/25	\$7.50
#14293	Thu	10:30 -11:30am	8/1-8/29	\$12.50
#13939	Thu	10:30 -11:30am	9/5-9/26	\$10.00

LAUGH, FLEX & STRETCH <u>*Membership required</u>

Through movement and specific exercise, you will build stronger and healthier muscles, which will improve and enhance your balance. Equipment! Chair bands &

weights. Instructor: Lois Jackson*

Location: MPR 1 &2 or Your Home

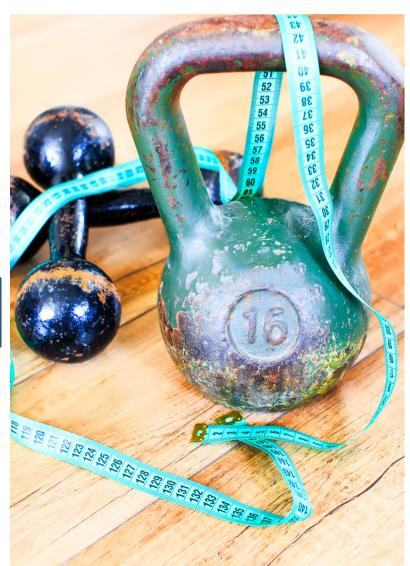
#14368	Tue	10:30 -11:30am	7/2-7/30	\$12.50
#14369	Tue	10:30 -11:30am	8/6-8/27	\$10.00
#14370	Tue	10:30 -11:30am	9/3-9/24	\$10.00

ZUMBA <u>*Membership required</u>

High impact Latin and International Rhythms, which					
may be	may be modified to your level. Drop in fee \$9.00.				
	No class 7/5, 8/23, 8/30.				
	Instructor: Del Herrera NASM CPT*				
	Loca	tion: MPR 1 & 2 or	r Your Home		
#14533	Fri	9:45-10:45am	7/12-7/26	\$18.00	
#14534	Fri	9:45-10:45am	8/2-8/16	\$18.00	
#14535	Fri	9:45-10:45am	9/6-9/27	\$24.00	

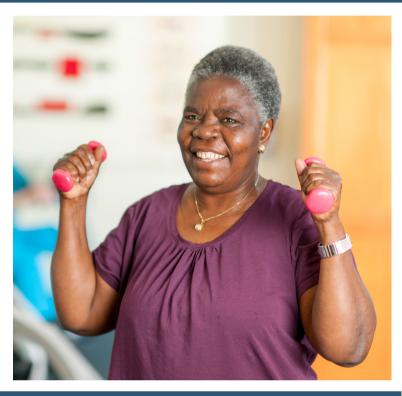
SENIOR JAZZERCISE LITE <u>*Membership required</u>

The class offers non-competitive atmosphere, easy to					
follow r	outine,	gentle warm-u	o, low-impa	ct aerobics,	
muscle	toning,	stretching seg	ments, and	cool-down.	
No	class 7/	4. Instructor	: Elizabeth	Eaves *	
	Loca	tion: MPR 1 & 2	or Your Hom	e	
#14365	T/Thu	8:45-9:45am	7/2-7/30	\$55.00	
#14366	T/Thu	8:45-9:45am	8/1-8/29	\$55.00	
#14367	T/Thu	8:45-9:45am	9/3-9/26	\$55.00	



IN PERSON CLASSES

THESE CLASSES WILL TAKE PLACE IN-PERSON ONLY. DROP-IN OPTIONS ARE AVAILABLE FOR SOME CLASSES.



DO IT NOW

Different weights and degrees of intensity in band resistance allow seniors of different fitness levels to enjoy upbeat music and expert instruction. No class

7/4 & 9/2. Drop in fee \$7.00.

Instructor: Tamara Kilpatrick

Location: MPR 1&2

Monday

#14317	Mon	2:00-3:00pm	7/1-7/29	\$25.00	
#14326	Mon	2:00-3:00pm	8/5-8/26	\$20.00	
#14331	Mon	2:00-3:00pm	9/9-9/30	\$20.00	
	Thursday				
#14332	Thu	2:00-3:00pm	7/11-7/25	\$15.00	
#14342	Thu	2:00-3:00pm	8/1-8/29	\$25.00	
#14347	Thu	2:00-3:00pm	9/5-9/26	\$20.00	

TAI CHI & QIGONG

The long-established forms of Tai Chi and Qigong bring out your natural sense of Wuji the original, relaxed state of the body. Your mind, your body, your emotions, and your self become more harmonious. No class 9/2. Part 1 Drop-in Fee \$15.00. Parts 1&2 Drop-

in Fee \$20.00.

Instructor: Caroline Hatfield *

Part 1

#14414	Mon	12:00-1:05pm	7/1-7/29	\$50.00
#14423	Mon	12:00-1:05pm	8/5-8/26	\$40.00
#14427	Mon	12:00-1:05pm	9/9-9/30	\$40.00

Part 1&2

(Prerequisite:

Need to do Part 1 for at least one class)

#14428	Mon	12:00-1:30pm	7/1-7/29	\$75.00
#14435	Mon	12:00-1:30pm	8/5-8/26	\$60.00
#14440	Mon	12:00-1:30pm	9/4-9/25	\$60.00



IN PERSON CLASSES

THESE CLASSES WILL TAKE PLACE IN-PERSON ONLY. DROP-IN OPTIONS ARE AVAILABLE FOR SOME CLASSES.

SENIOR CLAY CLASS <u>*Membership required</u>

Learn how to hand build with air-dry clay in this engaging and creative class for all skill levels. Materials are not included in the class fee. Participants will be given a materials list upon registration. Instructor: Fariba Mahgerefteh * Location: MPR 1 & 2

#14398	Fri	1:00-2:45pm	7/5-7/26	\$45.00
#14399	Fri	1:00-2:45pm	8/2-8/30	\$55.00
#14400	Fri	1:00-2:45pm	9/5-9/27	\$55.00



Wednesday, May 1, 2024 Agoura Hills Recreation and Event Center

Call 818-597-7361 or go online at agourahillsrec.org for more details!



Basic Photography Class

You will get the maximum out of your digital camera by learning the 'exposure triangle', then analyze easy assignments through daily reviews. Topics for discussion include studio lighting, panoramic scenes, and capturing the 'Milky Way'. Finally, editing with photoshop for export, archiving, and image ready for printing. Requirements: manual camera and thumb drive. Location: Classroom C

SENIOR & VETERANS PRICING (50 yrs+) Senior Membership required

#14390 Sat 9:00am-12:00pm 7/13-8/17 \$25.00 ADULT PRICING (18 yrs+)

#14391 Sat 9:00am-12:00pm 8/24-9/28 \$30.00

READING CORNER

Enhance your reading skills at any age. Join Linda Le Vine for an hour of one-on-one tutoring. \$5.00 per one-hour meeting. Preregistration required. Use QR code to register. No class 9/2. Instructor: Linda Le

Vine * Location: Recreation Center

MEETS MONDAYS AND WEDNESDAYS

7/8-8/19	12:30-1:30pm	\$5
7/8-8/19	1:30-2:30pm	\$5
9/9-9/25	3:00-4:00pm	\$5
9/9-9/25	4:00-5:00pm	\$5

ADDITIONAL PROGRAMS

In partnership with



SENIOR ADVOCACY SERIES

Seniors and family caregivers are often faced with complicated, confusing, and frustrating issues, resulting in concerns and questions. Senior Concerns Advocates are here to help! Speak with an advocate by phone or over Zoom for information and assistance regarding housing, transportation, legal issues, health-related issues, in-home care or facility placement, government benefits, senior programs, health and long-term care insurance, assistance programs, completion of forms and applications for programs and services. For more information, please contact Senior Concerns 805-497-0189. Facilitated by: Senior Advocate from Senior Concerns. Location: Your Home

CAREGIVER SUPPORT GROUP

The Caregiver Support Center serves as an essential resource for emotional, social, and physical support, information, and respite from the stress of caregiving. Caregiver Support Center services can provide resources, individualized consultations, community training & education, assessment of current caregiving challenges, review of medical, legal, physical, social & financial concerns. Our Support Groups help caregivers discuss and resolve problems and determine needs in caring for older adults. Support groups are open to anyone who is caring for an aging loved one. For information on the Caregiver Support Center visit www.seniorconcerns.org or contact Hannah Hoffman at hhoffmaneseniorconcerns.org or 805-497-0189. Facilitated by: Senior Advocate from Senior Concerns. Location: Your Home

SEMINARS & WORKSHOPS

Seminars offered seasonally, with more seminars announced as planned. Register at seniorconcerns.org/seminars









A Presentation by the Housing Rights Center Fair Housing Workshop



Whether a tenant, property owner, non-profit or public representative, *Housing Rights Center* can help you learn about:

- 3 Fair Housing laws
- Illegal housing practices 3
- 3 Landlord-tenant rights & responsibilities

Our training will provide an overview of protected classes under federal and California fair housing laws, in addition to reviewing local and statewide tenant protections, and HRC's services. We look forward to seeing you there.



When: Thursday, 11:00 am, May 9, 2024 Location: Agoura Hills Recreation & Event Center, with this QR Code. 29900 Ladyface Ct., Agoura Hills Activity #: 14038 **RSVP:** Register Here

or Call 818.597.7361

Use your phone's camera to register



Senior Concerns 401 Hodencamp Road, Thousand Oaks, CA 91360 | SeniorConcerns.org

In-Person! Registration Opens May 8th at 9:00AM Online and phone registrations begin at 12:00pm.

Trip locations, transportation, time and pricing are subject to change without notice *See members and guests and boarding of the bus information listed below* *Tour escorts are not responsible for arranging transportation for excursions* *Refunds/Transfers/Credits granted only if your spot can be filled*

MEMBERS AND GUESTS

Must be a current 2024 Senior Member to enroll in the following trips. Senior Members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Senior participants who wish to register a guest may do so after the first week of registration. Enrolled guests must fill out a waiver and provide emergency contact information.

BOARDING OF THE BUS

Beginning times stated are the departure times for the excursion. Please arrive 30 minutes early to check in for the bus trips.

All participants who use a cane, wheelchair or walker have the option to board the bus first. Let the tour escort know when you are signing in. Front rows are reserved for the tour escorts.

Gourmet Luncheons

Spend an afternoon exploring different culinary palates. Meal is not included in the price of the trip. Expect to pay \$20-30 for lunch (cash only). Depart at 11:00am, with return time of 2:00pm. Price for luncheon is \$7. NOTE: LIGHT TO **MODERATE WALKING. NO REFUNDS/TRANSFERS/CREDITS GRANTED AT** ALL FOR THESE TRIPS. Shuttle Departs: Recreation Center Cho ChoChoSan/Japanese /Thousand Oaks #14405 Tue 11:00am-2:00pm 7/16 \$7.00 **Boney Mountain/Italian/Newbury Park** Tue 11:00am-2:00pm 8/6 \$7.00 #14406 Twisted Meats/German/Newbury Park

#14407 Thu 11:00am-2:00pm 9/5 \$7.00

Dining Adventure: Brent's in Northridge

Most of us have enjoyed the food at Brent's Deli in Westlake Village. We all love their homemade soups, reubens, clubs, dips and their wonderful desserts. We hear people say that Brent's in Northridge is even better. So, here's your chance to see. We are going to taste test and will find out for ourselves. Meal is not included in the price of the excursion. Expect to pay \$30-\$40 for your meal (Cash only). 2024 Senior Membership is required for this activity.

NOTE: LIGHT WALKING. ADA ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS GRANTED AT ALL FOR THESE TRIPS.

> Location: Northridge * Shuttle Departs: Recreation Center. #14403 Thu 10:45am-2:30pm 8/14 \$7.00

Gourmet Dinner: La Scala

Come join us for a truly gourmet dinner to celebrate food that is beautiful as its setting. This lovely restaurant was established in 1956 by Jean Leon, one of the most dynamic influences in Los Angeles restaurant history. La Scala is a second home to the celebrity set. Sign up early, as we are only to bring 14 guests and we will sell out quickly!! Meal is not included in the price of the excursion. Please bring cash only. 2024 Senior Membership is required for this activity. NOTE: LIGHT WALKING. ADA ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS GRANTED AT ALL FOR THESE TRIPS. Location:

Beverly Hills * Shuttle Departs: Recreation Center #14404 Wed 4:10-8:50pm 9/25 \$7.00





Senior Excursion: Casa del Herrero

Experience Montecito as it was during the 1920's and 1930's on a tour of Casa del Herrero, one of Santa Barbara's finest historical and architectural landmarks. Built in 1925 and designated as a
National Historic Landmark in 2009, Casa del Herrero is an excellent example of the Spanish Colonial Revival style of America. This 11-acre masterpiece is renowned not only for the grand house, but also for its extensive Moorish-style gardens and collection of 15th a-17th century objects from Spain, France and Italy. Lunch at Joe's Cafe. Meal is not included in the price of the excursion. 2024 Senior Membership is required for this activity. NOTE: EXTENSIVE

WALKING. ADA ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Montecito *

Shuttle Departs: Recreation Center #14566 Tue 10:00am-5:30pm 8/27 \$60.00

Senior Excursion: Pageant of the Masters

The pageant is one of the most unique productions in the entire world. Celebrating its 88th year, ticket holders are amazed and enchanted by 90 minutes of living pictures, incredibly faithful recreation of classical and contemporary works of art. This awards winning production includes an outdoor amphitheater, professional orchestra, original score, live narration, intricate sets, sophisticated lighting and hundreds of dedicated volunteers. Please join to witness a

production like no other - you will not be disappointed. We will be having an early dinner at Polly Pie's before the show. Meal is not included in the price of the trip. 2024 Senior Membership is required for this activity.

NOTE: MODERATE WALKING. ADA ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. LOGE CENTER TICKETS ARE CURRENTLY SOLD OUT. CALL TO BE PUT ON A

WAITING LIST. Location: Laguna Beach * Shuttle Departs: Recreation Center MAIN TIER CENTER TICKETS

#14559 Wed 1:30pm-11:30pm 7/31 \$85.00





Senior Excursion: Medieval Times

As soon as the lights dim, knights and squires will take center stage. The show is crafted with care and attention to detail to transport you to a new land. The magnificent horses and flying falcons will leave you in awe. Devour a mouthwatering four-course meal fit for royalty, including roasted chicken, sweet buttered corn, garlic bread, and more to pair with your festive beverage. Vegetarian options are available. Represent your colors and root for your knight as he jousts and competes in hand to hand combat. After the show, participants may take photos with their hero knight. Meal is included in the price of the excursion. 2024 Senior Membership is required for this activity. Please arrive 30 minutes before the scheduled time. NOTE: Moderate WALKING. ADA ACCESSIBLE.

REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Buena Park*

Shuttle Departs: Recreation Center #14567 Sat 2:30-9:00pm 9 /14 \$95.00

Senior Excursion: Pasadena Pops - Michael Feinstein

We are returning to the Arboretum for another enchanted evening under the stars with Michael Feinstein and the Pops, where we will hear the best of hit shows that travel from Broadway to Hollywood. Come and spend an evening enjoying the music that accompanies so many of your personal treasured memories. Feel free to bring your own picnic dinner (spirits allowed). Food trucks will also be on site. This concert will be held at the Los Angeles Arboretum. Meal is not included in the price of this trip. 2024 Senior Membership is required. **NOTE: MODERATE WALKING. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.**

> Location: Los Angeles * Shuttle Departs: Reyes Adobe Park #14635 Sat 3:30pm-11:00pm 7/27 \$110.00



asadena

Mrs. Doubtfire:

Hollywood Pantages Theater Thursday, June 20 3:30pm-11:30pm All Ages \$95.00 Activity #14684

If you have any fun excursion ideas please feel free to contact the Agoura Hills Recreation and Events center. Contact Information (818) 597-7361 agourahillsrec@agourahillscity.org

TRANSPORTATION





DIAL-A-RIDE RIDESHARE SERVICE OFFERS TRANSPORTATION SERVICES TO <u>SENIORS (50 +) AND PEOPLE WITH</u> DISABILITIES

HOURS OF OPERATION*

Monday - Friday 5:00 a.m. - 8:00 p.m. Saturday - Sunday 7:00 a.m. - 8:00 p.m. *Hours subject to change

FARES

Agoura Hills, Malibu Lake and unincorporated areas: \$1.50/per one-way/per rider. Approved out-of-city destinations: \$3.00/per one-way/per rider

SERVICE AREAS

Agoura Hills/Malibu Lake: Any two points within the City limits of Agoura Hills and the Malibu Lake area. There are also destinations of interest to Westlake Village, Thousand Oaks, and Oak Park for an increased fare.

ADVANCED RESERVATIONS ARE STRONGLY ADVISED



805-375-5467



AH-GO ON-DEMAND RIDESHARE SERVICE IS AN EXPANSION OF THE CITY'S DIAL-A-RIDE SERVICE FOR THE <u>GENERAL PUBLIC</u>

HOURS OF OPERATION*

Thursday, Friday and Saturday 2:00 p.m. - 10:00 p.m. Sunday and Monday 8:00 a.m. - 4:00 p.m. *Hours subject to change

FARES

Agoura Hills, Malibu Lake and unincorporated areas: \$2.00/per one-way/per rider. Approved out-of-city destinations: \$4.00/per one-way/per rider

SERVICE AREAS

Agoura Hills/Malibu Lake: Any two points within the City limits of Agoura Hills and the Malibu Lake area. There are also destinations of interest to Westlake Village, Thousand Oaks, and Oak Park for an increased fare.

DOWNLOAD THE FREE APP NOW OR BOOK BY CALLING 818-256-3797

Download onGet it on the App StoreGoogle Play





VISIT AGOURAHILLSCITY.ORG FOR UPDATES, SERVICE AREA MAPS, AND MORE INFORMATION

REGISTRATION FORM

1	P (ADULT/ PAYEE) FIRST		LAST		
	BIRTH DATE (PAYEE)		EMAIL		
	EMAIL PROGRAM INFORMATION ABOUT ADDRESS				DON'T EMAIL PROGRAM UPDATES
	CITY		ZIP	HOME PH	
	WORK PH C	ELL PH.		_ CELL PROVIDE	R

AGREE TO RECEIVE TEXT MESSAGES?

PARTICIPANT'S N/ FIRST L	AME AST	GENDER	BIRTH DATE	ACTIVITY NAME	ACTIVITY #	ACTIVITY FEE
					TOTAL FEE ••	
				Payment	by: 🗆 Cash 🗔 C	heck 🔾 Charge

REASONABLE ACCOMODATIONS

The City of Agoura Hills provides a variety of programs, activities, and classes for all members of the community, including children, teens, and adults with special needs. Parents wishing to enroll their child with special needs or specific accommodations in any of our programs, activities, and/or classes should make sure to let the Department of Community Services know in advance of registering so that requests can be accommodated. Those parents will be contacted by the Department of Community Services staff so that reasonable accommodations can be made to accommodate the inclusion of their special needs child. Because of the limited staff ratio, it is usually required that a child with special needs be accompanied by an aide or caregiver, depending on the severity of the disability.

General Release, Waiver And Indeminity Agreement

I certify that I am volunteering to participate in the above program(s). I understand that "participation" in the Program may include preparing for, traveling, receiving instruction, and engaging in the Program. I further certify that I am in good health and have no physical or other impediment which would endanger me while participating in the Program. I realize that, by participating in this Program. I will be exposed to a risk of injury or death. In consideration of permitting me to enroll in and participate in the Program. I agree (on behalf of myself, my heirs, executors, administrators, and assigns) to release, discharge, waive and relinquish the City of Agoura Hills (and its officers, agents, employees, and volunteers) from any and all iabilities, claims, or actions for personal injury, property damage, or wrongful death which arise out of or relate to the Program, whether or not the liability, claim, or action arises out of negligence or carelessness on the part of the City of Agoura Hills (or its officers, agents, employees, and volunteers) from any and all liabilities, claims, or actions for personal injury, property damage, or wrongful death which arise out of ficers, agents, employees, and volunteers) from any and all liabilities, claims, or actions for personal injury, property damage, or wrongful death which arise out of ficers, agents, employees, and volunteers) from any and all liabilities, claims, or actions for personal injury, property damage, or wrongful death which arise out of or relate to the Program, whether or not the liability, claim, or actions for personal injury, property damage, or wrongful death which arise out of or relate to my participation in the Program, whether or not the liability, claim, or action arises out of negligence or carelessness on the part of the City of Agoura Hills (or its officers, agents, employees, in whether or not the liability, claim, or action arises out of negligence or carelessness on the part of the City of Agoura Hills (or its officers, or voluntee

PARENTAL CONSENT: (To be completed and signed by parent/guardian if applicant is under 18 years of age.) I certify that I am the parent or legal guardian of the above participant and that I am entitled to his or her custody and control and I do hereby give permission for the Child to participate in the above activity. I further certify that the Child is in good health and has no physical or other impediment which would danger him or her while participating in the Program. I realize that, by participating in this Program, the Child will be exposed to a risk of injury or death. I hereby execute the above Agreement, Waiver, and Release of his/her behalf. I understand the dangers incidental to participating in the Program and the need for safety precautions with the child.

Individuals with disabilities requiring any accommodations to participate in the program in which you are registering must inform the City of Agoura Hills Department of Community Services at the time of the registration is submitted. Individuals needing such accommodations must document the need for such accommodations including the type and extent of accommodations to complete the registration form or participate in the registered programs.

The Department of Community Services has the right to refuse a participant in any program or activity who violates the standard rules of conduct for city programs, or whose behavior while participating is, in the sole judgment of city personnel, otherwise detrimental to the safety and/or enjoyment of other participants.

I have read and understand the general release, waiver and indemnity agreement.

2	Signature	Date Total Fee Staff Initials
	Credit Card #	Exp. Date 3 Digit Security Code on the Back of Card
	Cardholder's Name	Cardholder's phone number
	Cardholder's Address 🗇 Same as above or	

City of Agoura Hills Department of Community Services Agoura Hills Recreation and Event Center

29900 Ladyface Court Agoura Hills CA 91301 Phone: 818-597-7361 PRSRT STD U.S. POSTAGE PAID THOUSAND OAKS, CA Permit No. 993

Current Resident or

COMMUNITY INFORMATION

<u>Agoura Hills Public Library</u> (818) 889-2278

Animal Control (818) 991-0071

Cancer Support Community (805) 379-4777

<u>Department of Motor Vehicles</u> (<u>DMV)</u> (800) 777-0133

<u>Dial-A-Ride (Agoura Hills)</u> (805) 375-5467

<u>Dial-A-Ride (Calabasas)</u> (818) 632-6211

<u>Dial-A-Ride (Thousand Oaks)</u> (805) 375-5467

Las Virgenes Water District (818) 251-2100

Meals On Wheels (805) 497-0189 <u>Medicare</u> (800) 633-4227

<u>Sheriff's Dept. (non-emergency)</u> (818) 878-1808

Social Security Administration (Thousand Oaks) (800) 772-1213

Southern California Edison (800) 655-4555

Southern California Gas Co (800) 427-2200

<u>United States Post Office</u> (Agoura Hills) (800) 275-8777

<u>Urgent Care (Westlake Village)</u> (805) 379-9125





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